

Joy, Jelly Donuts, and Joggers

Philippians 4:1-20

Our joy is determined by where we get it and how we express it.

- 1. You can experience joy in friendship-** v1, 1 Samuel 18:1-4; 19: 4-7; 20:11-17, 41-42.
2 Corinthians 6:14, 1 Corinthians 15:33
- 2. You can experience joy in unity-** v.2-3, Psalm 133:1, Philippians 2:3, Ephesians 4:2
- 3. You can experience joy in God's peace-** v.4-9, Romans 14:17, 15:13,
 - a. By praying with thanksgiving.
 - b. By keeping a holy mind.
 - c. By practicing what you have learned
- 4. You can experience joy in contentment-** v.10-13, Hebrews 13:5-6, Romans 8:28
- 5. You can experience joy in Christ's provision-** v.14-20, 2 Corinthians 9:6-15,