Message Notes for January 23, 2022	
Message Series: Psalm 3	
Message Title: A Prayer for Help and a Prayer for Protection	
The story of is found in 2 Samuel chapters 13	3-18.
What is going on in the life of the writer of Psalm 3?	
-Quite a	
-In big-time	
-In an difficult situation	
David's life had become a and his family had become a complete	
The 3 rd Psalm emphasizes the word	
O Lord, how many are my foes!	
Many are rising against me;	
many are saying to me, "There is no help for you in God."	Psalm 3:1-2 NRSV
So many say that God will never help me.	Psalm 3:2b LIV
But you, Lord, are a shield around me, my glory, the One who lifts my head high.	Psalm 3:3 NIV

I cry aloud to the Lord, and he answers me from his holy hill.	Psalm 3:4 NRSV
I lie down and sleep, and all night long the Lord protects me.	Psalm 3:5 TEV
I am not afraid of ten thousands of people who have set themselves against me all around.	Psalm 3:6 NRSV
Psalm 3 teaches us not to the personal relationship with the Lord. It makes all the	
What the 3 rd Psalm tries to teach us is God helps those who	_ help themselves.
I lay down and slept, yet I woke up in safety, for the Lord was watching over me.	Psalm 3:5 NLT
Trusting God and trusting in what God will do is a wonderful restorer.	
Arise, Lord! Deliver me, my God! Strike all my enemies on the jaw; break the teeth of the	e wicked. Psalm 3:7 NIV
Deliverance belongs to the Lord; may your blessing be on your people!	Psalm 3:8 NRSV