

Message Notes for September 18, 2022

Message Series: Psalm 6

Message Title: The Prayer and Cry of a Sick Person

The 6th Psalm is an _____ and _____ person
praying to God for help and healing.

Feelings we find in Psalm 6:

_____ in v.2
_____ in v.3
_____ in v.4
_____ in v. 6
_____ in v. 7

The book of Psalms can help us pray more _____.

O Lord, do not rebuke me in Your anger, Psalm 6:1a NKJV

Have mercy on me, O Lord, for I am weak; Psalm 6:2a NKJV

When we come to God with a _____,
and approach God with _____
we do not need to be afraid to tell God what we are thinking and feeling.

Relevant Question: What are the things that cause distress in your life?

The seven penitential Psalms are one's that has the writer
acknowledge or confess _____,
and they recognize how much they need God's _____.

_____ is sorrow and regret for sin,
and the bottom line of penitence is that we humbly rely on the grace of God.

One of the things the 6th Psalm teaches us is that in such dark times
the first place to turn..._____ _____ _____