

Message Notes for June 28, 2020

Message Title: What's involved to be spiritually balanced?

Spiritual Exercises:

- _____ helps you renew your strength
- _____ helps deepen your peace of mind
- _____ helps strengthen your commitment

Let us be concerned for one another, to help one another to show love and to do good. Let us not give up the habit of meeting together, as some are doing. Instead, let us encourage one another all the more, since you see that the Day of the Lord is coming near. Hebrews 10:24-25 TEV

- _____ helps expand your perspective

Then Jesus said to the Jews who had believed in him,
"If you continue in my word, you are truly my disciples;" John 8:31 NRSV

Then you will know the truth, and the truth will set you free. John 8:32 NIV