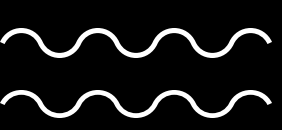


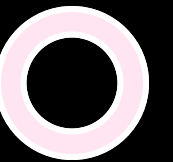
FEAR, WORRY, AND ANXIETY

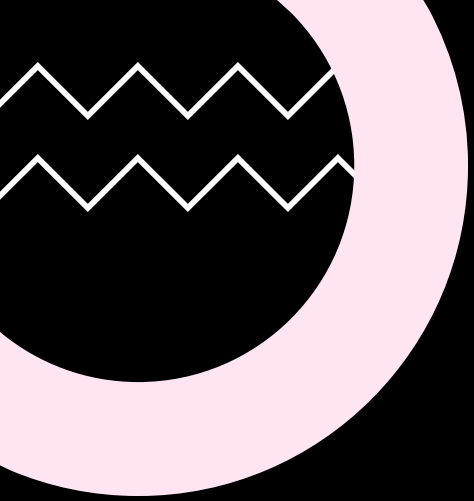
LESSONS FROM
PROVERBS





LESSON #1: AWARENESS

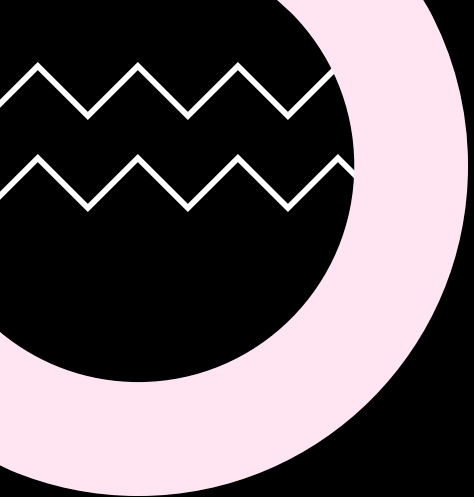




*Like a muddied spring
and a corrupted well Is a
righteous man shaking
before the wicked.*

Proverbs 25:26

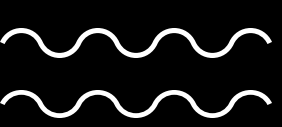




*Trembling before man
brings a snare, But he
who trusts in Yahweh will
be set securely on high.*

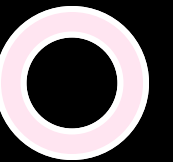
Proverbs 29:25

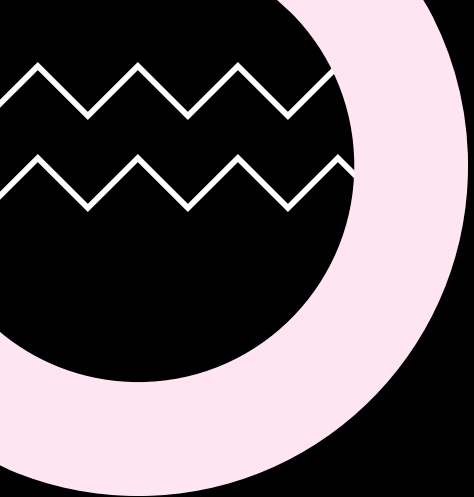




LESSON #1: AWARENESS

- Fear of Man

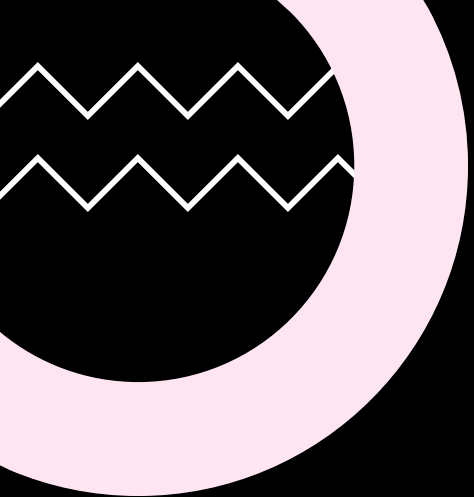




*The thoughts of the
diligent lead surely to
profit, But everyone who
is hasty comes surely to
poverty.*

Proverbs 21:5

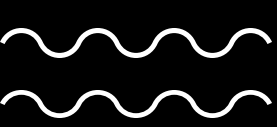




*Do not weary yourself to
gain wealth, Because of
your understanding,
cease!*

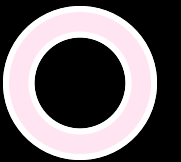
Proverbs 23:4–5

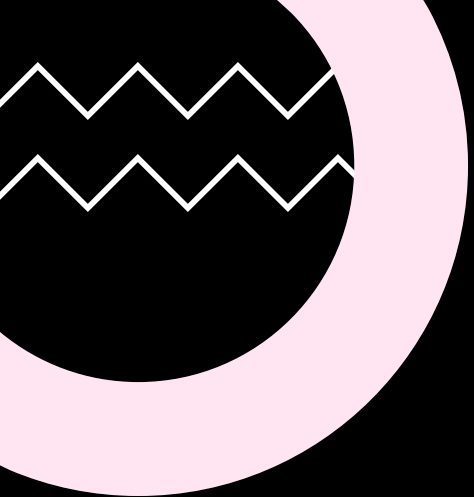




LESSON #1: AWARENESS

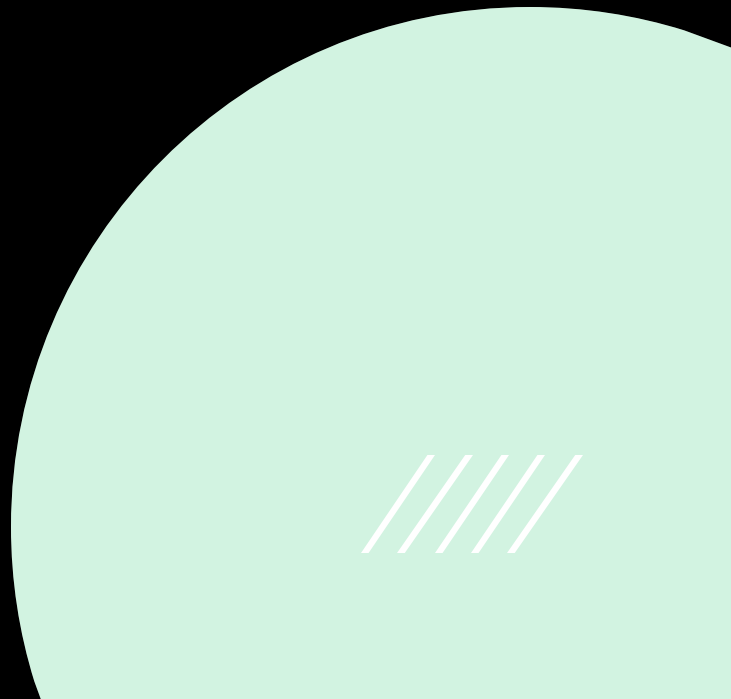
- Fear of Man
- Fear of Financial Ruin

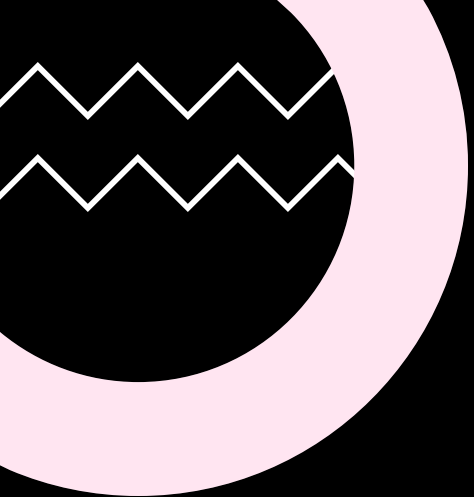




*Do not be afraid of
sudden dread Nor of the
storm of the wicked when
it comes.*

Proverbs 3:25

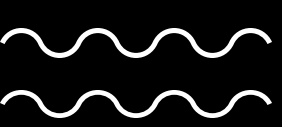




*But he who listens to me
shall dwell securely And
will be at ease from the
dread of evil.*

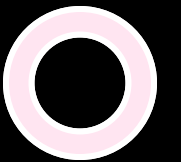
Proverbs 1:33

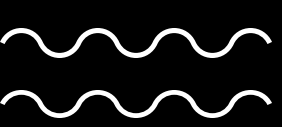




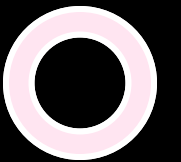
LESSON #1: AWARENESS

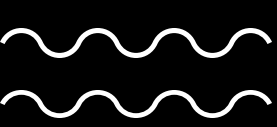
- Fear of Man
- Fear of Financial Ruin
- Fear of Insecurity





LESSON #2: DIAGNOSIS

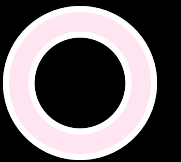


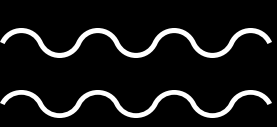


*There are six things which Yahweh hates,
Even seven which are an abomination to Him:*

*Haughty eyes,
a lying tongue,
And hands that shed innocent blood,
A heart that devises wicked thoughts,
Feet that hasten to run to evil,
A false witness who breathes out lies,
And one who spreads strife among brothers.*

Proverbs 6:16–19

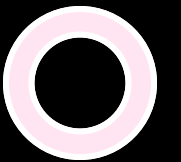


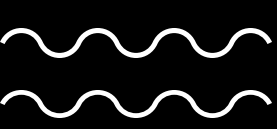


*There are six things which Yahweh hates,
Even seven which are an abomination to Him:*

*Haughty eyes,
a lying tongue,
And hands that shed innocent blood,
A heart that devises wicked thoughts,
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Proverbs 6:16–19

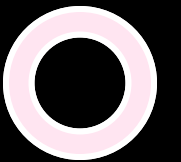




*There are six things which Yahweh hates,
Even seven which are an abomination to Him:*

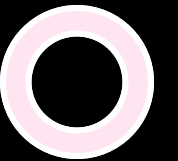
*Haughty eyes,
a lying tongue,
And hands that shed innocent blood,
A heart that devises wicked thoughts,
Feet that hasten to run to evil,
A false witness who breathes out lies,
And one who spreads strife among brothers.*

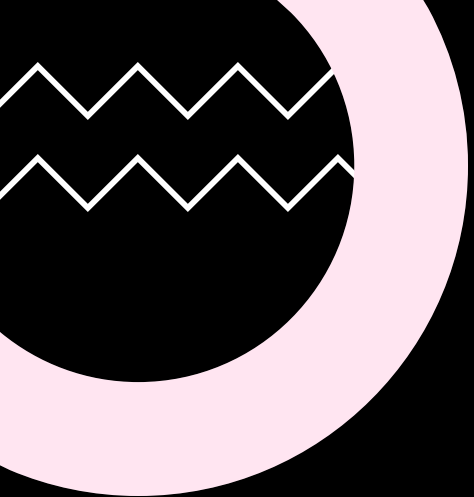
Proverbs 6:16–19



LESSON #2: DIAGNOSIS

- A Guilty Conscience

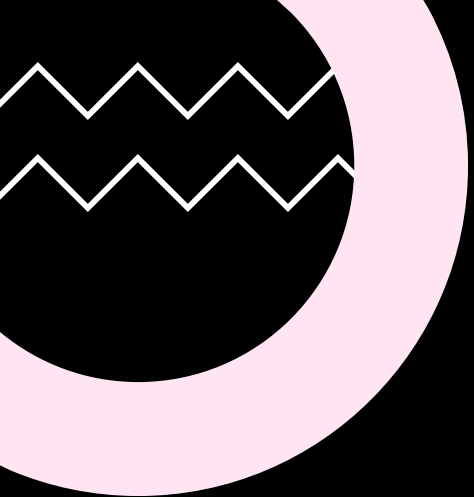




*What the wicked dreads
will come upon him, But
the desire of the
righteous will be
granted.*

Proverbs 10:24





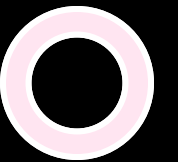
*The wicked flee when
there is no one pursuing,
But the righteous are
secure as a lion.*

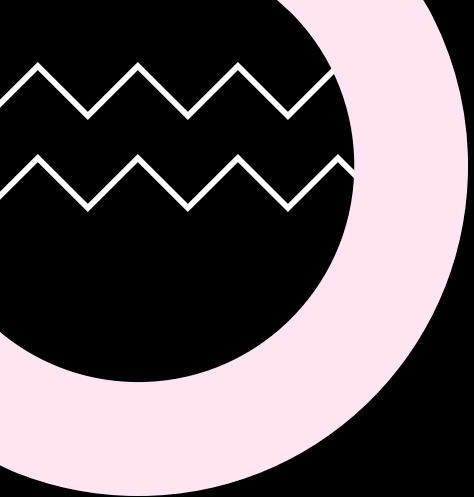
Proverbs 28:1



LESSON #2: DIAGNOSIS

- A Guilty Conscience
- Pride





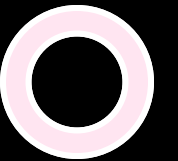
*Do not go out hastily to
plead your case; Lest,
what will you do in the
end, When your neighbor
humiliates you?*

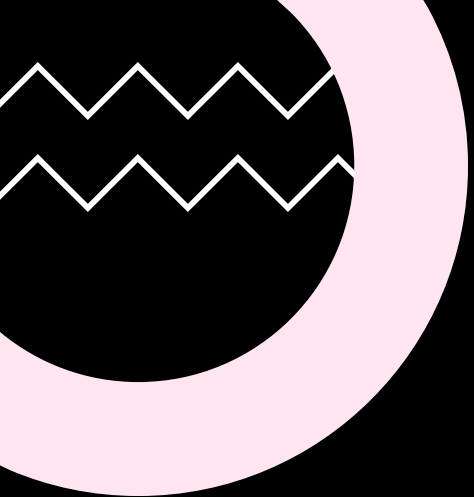
Proverbs 25:8



LESSON #2: DIAGNOSIS

- A Guilty Conscience
- Pride
- Control

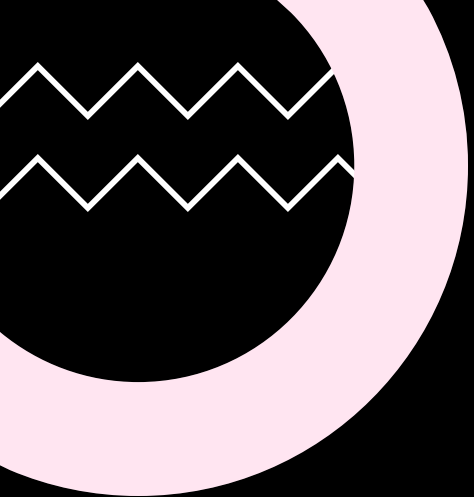




*The heart of man plans
his way, But Yahweh
directs his steps.*

Proverbs 16:9

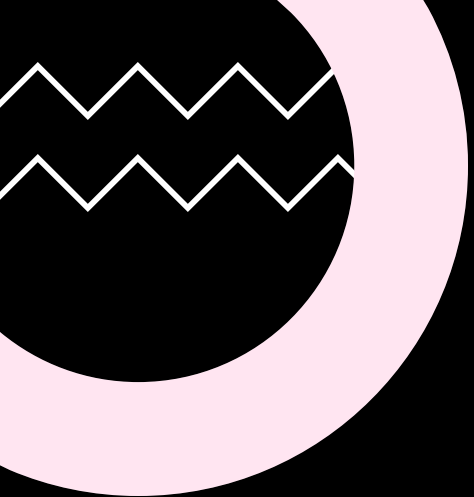




*The steps of a man are
from Yahweh, How then
can man understand his
way?*

Proverbs 20:24

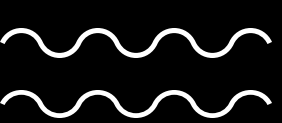




*He who trusts in his own
heart is a fool, But he
who walks wisely will
escape.*

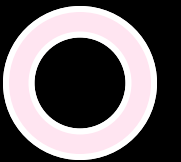
Proverbs 28:26

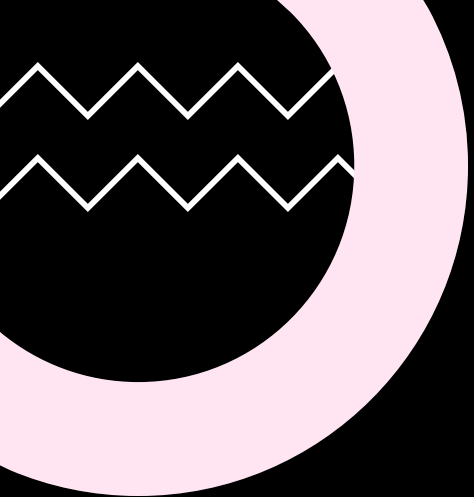




LESSON #3: TREATMENT

- Learn to Fear God

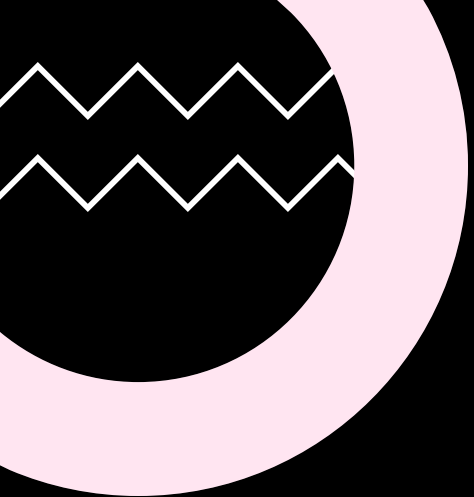




*Do not be wise in your
own eyes; Fear Yahweh
and turn away from evil.*

Proverbs 3:7

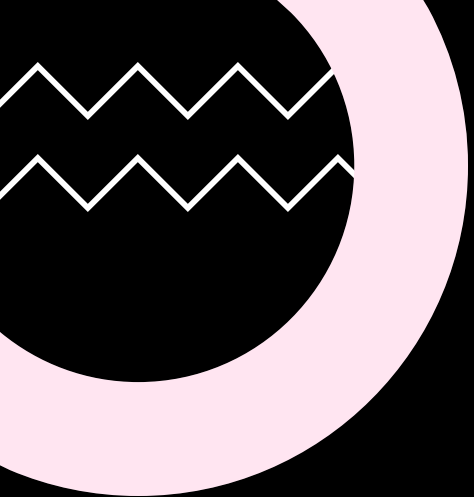




*How blessed is the man
who is always in dread,
But he who hardens his
heart will fall into
calamity.*

Proverbs 28:14

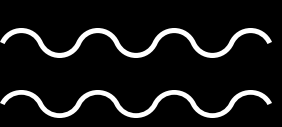




*In the fear of Yahweh
there is strong security,
And his children will
have refuge.*

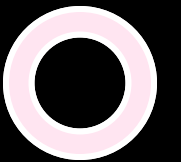
Proverbs 14:26

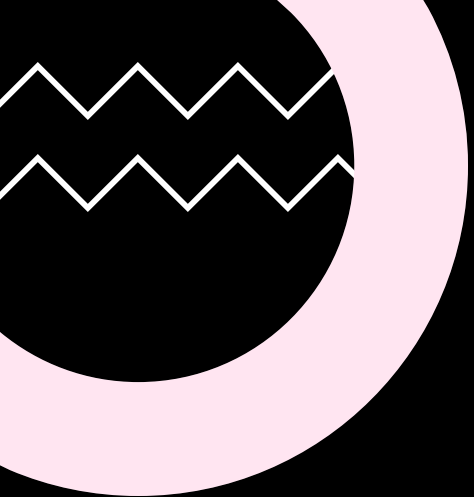




LESSON #3: TREATMENT

- Learn to Fear God
- Lean on God's Sovereignty

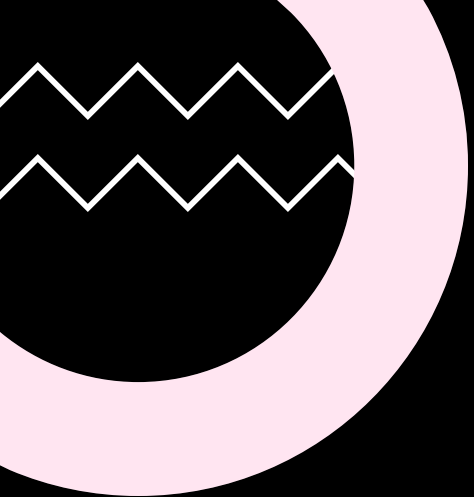




*Yahweh has made
everything for its own
purpose, Even the wicked
for the day of evil.*

Proverbs 16:4

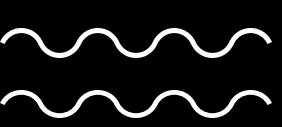




*The horse is set for the
day of battle, But
salvation belongs to
Yahweh.*

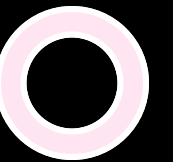
Proverbs 21:31

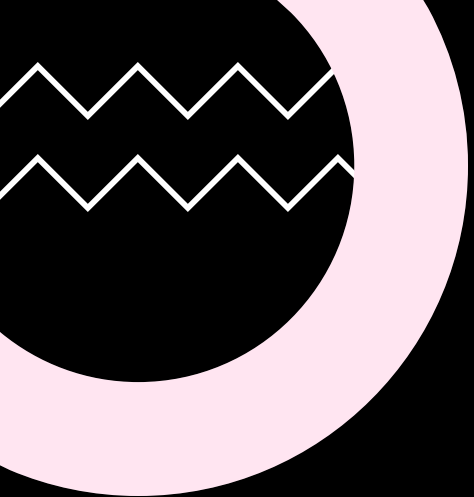




LESSON #3: TREATMENT

- Learn to Fear God
- Lean on God's Sovereignty
- Look to God's Word

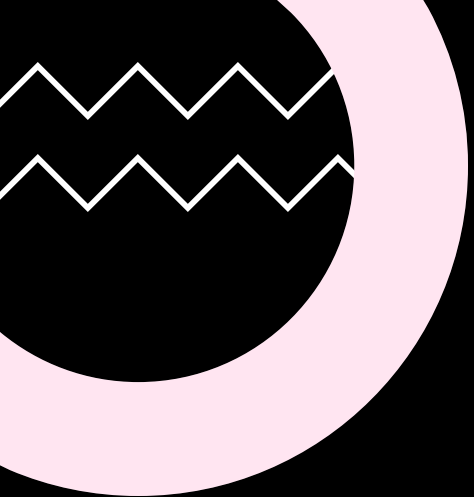




*Anxiety in a man's heart
weighs it down, But a
good word makes it glad.*

Proverbs 12:25

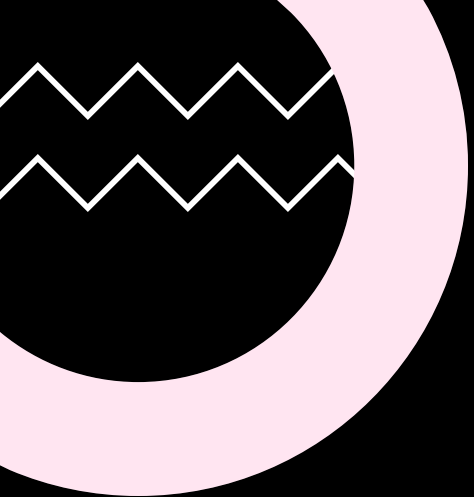




*The one who despises the
word will be in debt to it,
But the one who fears the
commandment will be
rewarded.*

Proverbs 13:13





*Every word of God is
tested; He is a shield to
those who take refuge in
Him.*

Proverbs 30:5





The steps of a man are
from Yahweh, how then
can man understand
his way?

PROVERBS 20:24



Yahweh has made
everything for its own
purpose, even the
wicked for the day of
evil.

PROVERBS 16:4



He who trusts in his
own heart is a fool, But
he who walks wisely
will escape.

PROVERBS 28:26



Anxiety in a man's
heart weighs it down,
but a good word makes
it glad.

PROVERBS 12:25



Trust in Yahweh with
all your heart and do
not lean on your own
understanding. In all
your ways acknowledge
Him, and He will make
your paths straight. Do
not be wise in your own
eyes; fear Yahweh and
turn away from evil. It
will be healing to your
body and refreshment
to your bones.

PROVERBS 3:5-8