

JOSEPH PRINCE

THE
HEALING
POWER
OF THE
HOLY
COMMUNION

A 90-DAY DEVOTIONAL



EMANATE
BOOKS

DAY 4

THE REAL FOUNTAIN OF YOUTH

Now on the first day of the week . . . the disciples came together to break bread.

—Acts 20:7

Let me tell you why I believe the holy Communion is more powerful than any medicine, any medical procedure, any antibiotic, and any chemotherapy used to heal our bodies. Let me tell you why I believe the holy Communion is the proverbial “fountain of youth” mankind has been in search of for generations and why I believe every time we partake of it, we are causing our youth to be renewed like the eagle’s (Ps. 103:5).

The earth has been under a divine judgment ever since Adam sinned. Aging, disease, and death are all part of this divine sentence. The reality is, we live in a fallen world and these effects of the divine sentence are happening to our mortal bodies. But God never intended for His children to suffer any of it. That is why He sent His Son to bear our sins and sicknesses on the cross. That is why He provided the holy Communion as a way to escape the divine judgment that is on this world, to offset its effects. The holy Communion is a supernatural channel for His health and wholeness to flow into our bodies. While the world is getting weaker and sicker, I believe we are getting stronger and healthier each time we partake of the Communion by faith!

The early church clearly understood how powerful the Communion

is. That's why the Bible tells us they broke bread "from house to house" (Acts 2:46). When they met on Sunday, the main reason wasn't to hear preaching and teaching—"The disciples came together *to break bread*" (Acts 20:7). Even though the apostle Paul was the guest speaker that weekend, the main reason they gathered was to break bread.

If people today knew the magnitude of the power contained within the Lord's Supper, they would be like the early church, partaking of the Lord's Supper as often as they could and receiving as many of His benefits as they could. We have been robbed, people! It's time to wake up!

TODAY'S THOUGHT

Let us always partake in a manner *worthy* of the Lord's Supper, with a revelation of His finished work. Let us always be conscious that, as we partake of the bread, we are partaking of Jesus' body that was broken so ours might be whole (1 Cor. 11:24; Isa. 53:5). And as we partake of the cup, let us be conscious we are receiving His blood that was shed for the forgiveness and remission of *all* our sins (Matt. 26:28; Col. 2:13).

TODAY'S PRAYER

Heavenly Father, help me to be like the early church and understand how powerful the holy Communion is. Whenever I partake, help me to see the bread as Jesus' body broken for my healing and the cup as His blood shed for the forgiveness of all my sins. I release my faith to receive all its blessings and benefits. Amen.