

Message Notes for June 14, 2020

Message Title: What is involved to be balanced in life physically?

I am praying that all is well with you and that your body is as healthy as I know
your soul is.

3 John 2 LIV

Therefore honor God with your bodies.

I Corinthians 6:20 NIV

What's involved to feel better physically?

-Have a healthy attitude toward your body

_____ your body

_____ your body

_____ your body

Physical reasons why we should take care of our bodies:

I'll _____

I'll _____

I'll _____

Spiritual reasons why we should take care of our bodies:

_____ your body.

You are the one who put me together inside my mother's body,

Psalms 139:13 CEV

_____ for my body

Don't you realize that your body is the temple of the Holy Spirit, who lives in you and was given to you by God? You do not belong to yourself, for God bought you with a high price. So you must honor God with your body.

I Corinthians 6:19-20 NLT

The _____ in it

Surely you know that you are God's temple and that God's Spirit lives in you!

I Corinthians 3:16 TEV