

1 Thessalonians 5:16-18

**Intro:** Scripturally, Thanksgiving is not a *one* day event. We should be *continually* offering praise to God, Heb.13:15.

These commands as well as others are *impossible* to fully obey in the *flesh*.

While we may make *mental* ascent to obey, we are working within our *spiritual* and physical *limitations*, Matt. 26:41.

Even though they seem *Impossible* to fully attain, we must still *strive* to their fulfillment out of *obedience* to the command.

#### I. Pray Without Ceasing Vs. 17

Continuous prayer flows from our need.

The *essence* of prayer is a *consciousness* of God's presence.

The Greek for, "without ceasing" is Adialeiptos, and it means, continually or, recurring.

We need to have a *set* season of *prayer* if we are to attain to a life of prayer without *ceasing*.

#### II. Rejoice Always

The literal Greek; "At all times be *rejoicing*. That is, you haven't *obeyed* until your rejoicing is *always*.

The world sees a man's *joy* tied to either his *temperament* or his *circumstances*. For the *Christian* it is tied to his *communion* with God.

Our joy is not *oblivious* to our circumstances, but neither can it be *controlled* by them.

If our perspective is *eternal*, then the *temporal* will not affect our *joy*.

#### III. Give Thanks in All Things

Giving thanks in every *situation* doesn't mean we are *happy* with the circumstances. It means we *trust* God to work it for His and *our* good.

Rom. 8:28.

If we're grumbling we're not trusting. If we're not trusting, we're not thankful.

We can be thankful in all things if our eyes are on the future joy He has promised us.