## **Emotionally Healthy Spirituality: Learning to Love Well**

Luke 10:25-37

I. The Human Race is Broken and in Need of Love
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A. Love Demonstrated: Mercy Ministry
B. Love's Motive: Personal
II. Learn for Loving Well
A. Make Real Getting to the issues that destroy shalom
B. Stop
C. Clarify
D. Understand Your Emotional
III. Trust the and of Our Souls