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## ***The Christian's Sabbath*** **Selected Scriptures**

### **I. Was There a Sabbath in Genesis 1?**

- A. \_\_\_\_\_ - God will state His specific purpose for each creative day's work
- B. \_\_\_\_\_ - The words "It was so," will indicate that the specific work announced was accomplished on that day
- C. \_\_\_\_\_ - The words "It was good," will express God's total satisfaction with the work He has done on that day
- D. \_\_\_\_\_ - The phrase "there was evening and there was morning" shows a break after each day's work, but in particular after the sixth day, it will show the end of God's creative work

### **II. Is Keeping the Sabbath Commanded in Genesis 2:1-3?**

- A. Five observations from Genesis 2:2-3
  - 1. These verses do not say that God \_\_\_\_\_ Adam to treat the seventh day differently than the other six (Gen. 2:15-17)
  - 2. There is \_\_\_\_\_ record in Scripture that Adam kept the Sabbath (Gen. 2:6-7; Mk. 2:27-28)
  - 3. The seventh day in Genesis 2:2-3 is not \_\_\_\_\_ a Sabbath nor is it designated as a Sabbath
  - 4. The \_\_\_\_\_ time in Scripture of anyone keeping the seventh day as a Sabbath day of rest is in Exodus 16 together with the giving of the manna. (Ex. 16:23-30)

- 5. Nehemiah 9:13-14 clearly states that the Sabbath was first given to \_\_\_\_\_ at Sinai

### **B. Four questions that must be answered**

- 1. Why did God \_\_\_\_\_ on the seventh day? (Gen. 1:3; Jn. 4:24; Psa. 121:4; 115:3; Gen. 18:14; Lk. 1:37; Job 42:2)
- 2. Why did the seventh day have no \_\_\_\_\_?
- 3. Did Adam \_\_\_\_\_ a day of rest from his job of ruling over God's creation?
- 4. Does the Scripture teach that God went back to \_\_\_\_\_ after the Fall? (Gen. 3:15; Jn. 19:30; Heb. 10:12)

### **III. How Do We Understand the Sabbath in Exodus?**

- A. The Sabbath was given to Israel as a covenant \_\_\_\_\_ (Gen. 9:8-17; 17:11; 31:13; Ex. 20:8-10; 31:13; Ezek. 20:12)
- B. The Sabbath constantly reminded Israel of the rest that Adam \_\_\_\_\_ because of his sin (Gen. 3:17-19)
- C. The Sabbath gave Israel a promise and the hope of a coming \_\_\_\_\_ (Matt. 11:28-30)

### **IV. What Should Be The Christian's View of the Sabbath?**

- A. It's understanding that the \_\_\_\_\_ the Sabbaths of the OT were to point to the gospel (Ex. 16:29; Lev. 25:20-22; 25:10-15; 28, 30-54; Lk. 4:18-19)
- B. It's more than just \_\_\_\_\_ the day of worship from Saturday to Sunday (Jn. 20:1; Acts 20:7; 1 Cor. 16:2; Rev. 1:10)
- C. It's seeing \_\_\_\_\_ as the fulfillment of our Sabbath rest (Heb. 4:1-13)

## TAKE HOME

- If a sermon on the Sabbath of God does not make you want to \_\_\_\_\_ for joy, then the preacher did not preach about God's true Sabbath.
- If you did not get a clear, close up view of \_\_\_\_\_ and His saving benefits that have been given to you by His 'work,' then you did not hear a biblical sermon on the Sabbath rest of God.
- If your Sabbath theology has never gotten you past the \_\_\_\_\_ day of the week to the 'Day of Salvation,' nor gotten you out of Exodus 20 to stand under the cross, to see the resurrection and gaze upon the ascended Christ, then you do not correctly understand the Sabbath. Christ is Himself the Sabbath, and biblical Sabbath preaching always leads to the cross and the joy of assurance of salvation.

## STUDY QUESTIONS

James 1:22 says, *"But be doers of the word, and not hearers only, deceiving yourselves."* These questions are designed to help you apply today's message to your life. We encourage you to thoughtfully answer these questions and discuss your answers with others. For more information about joining a small group that uses these questions as the basis for discussion, prayer, and accountability, please visit our website at [placiritachurch.com](http://placiritachurch.com).

1. Have you ever thought of the Sabbath observance as being restrictive? How does this sermon aid you in rejoicing in the Lord's Day?

2. Do you believe there was a Sabbath in Genesis 1? Why or why not? Do you agree with the focus of the creative week being on work, finished, satisfied, and then rest?

3. Do you believe there was a Sabbath commanded in Genesis 2:1-3? Why or why not? Where is the first time in Scripture that that Sabbath was commanded to be kept? What's the context? Why does this matter? (Ex. 16:23-30; Neh. 9:13-14)

4. Do you believe that God went back to work after the Fall. If so, what was His job at that point? (Gen. 3:15; Jn. 19:30; Heb. 10:12)

5. How are we to understand the Sabbath in Exodus? Is it clear to you now about what this Sabbath was to be pointing to? (Matt. 11:28-30) Why are Christians nowhere in the New Testament commanded to keep the Sabbath?

6. What should be the Christian's view of the Sabbath? Why is there more to the Sabbath than just changing the day of worship from Saturday to Sunday? What does it mean for Christ to be the fulfillment of our Sabbath rest (Heb. 4:1-13)

7. Read the take home comments. Which one challenged you or encourage you the most? Why? How will you live differently this week based on what you have learned about the Christian's Sabbath?