

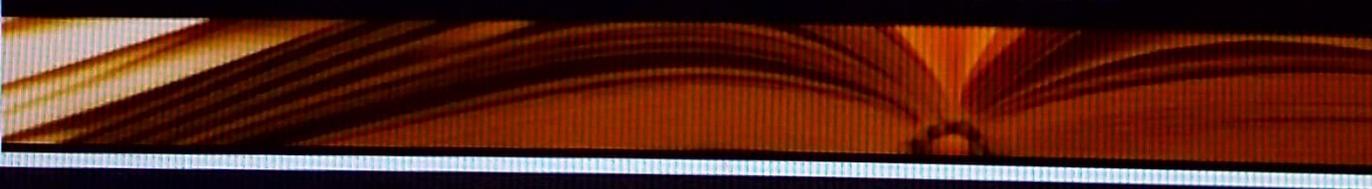
**THE
CURE
FOR**

PRAYERLESSNESS

**HOW TO HAVE BOUNDLESS
ENERGY AND DESIRE TO PRAY**



FRANCIS JONAH



CHAPTER ONE:

THE PROBLEM OF PRAYERLESSNESS

Prayerlessness is a problem to many people.

The main reason it is a problem is not the prayerlessness itself but what it means in the life of any believer who doesn't pray consistently.

Prayer and your spiritual state

Often you become aware of a weakened spiritual state when you do not pray consistently.

There is something about prayer and your spiritual state that are correlated.

Most people who are functioning in a proper

spiritual state have a prayer life that is acceptable to them.

On the other hand, no one needs to tell you that something is wrong with your spiritual life when prayer becomes something you do once in a week or a month.

Prayer and your study of the word

The reason prayerlessness indicates a problem in a person's spiritual life is that when you ask people who do not pray consistently if they study the Bible and meditate in it consistently, you will find out that they do not.

Thus, beyond not praying, there is no real study and meditation of the word of God.

Once the word of God is not being studied and meditated upon, a great catalyst for prayer is lost.

That is why a healthy word life leads to a healthy prayer life.

This leads to the next problem.

Prayer and spiritual growth

If at the root of prayerlessness is a lack of the word of God, then another problem is introduced to the lack of prayer dynamic.

Where there is no prayer, there is no word and where there is no word, spiritual growth is stunted.

There is stagnation in your spiritual life if you do

not study the word.

This has its attendant problems because if you refuse to grow, your issues outgrow you.

Your problems and challenges outgrow you and tend to defeat you easily.

Prayer and confidence in life

When you do not pray like you know you can and should, you realise that your confidence in life dwindles dramatically.

When you are confronted with situations, you do not even know whether all shall be well or not. Doubts begin to creep in and all sorts of funny thoughts and accusations begin to attack your

mind.

If you do not deal with them, you begin to lose battles you used to win in the past when your prayer life was great.

Prayer and humility

It takes a lot of humility to pray.

When prayer is lacking in your life, remember that pride is beginning to take root.

After all, you are going through life without the need to depend on God in prayer.

2Ch 7:14 If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will

I hear from heaven, and will forgive their sin, and will heal their land.

2 Chronicles 7:14

It takes humility to pray.

When you are humble, God lifts you up. It is a different story when pride comes in.

It is therefore no wonder that many people without a prayer life tend to struggle through things that other people find easy.

Jas 4:6 But he giveth more grace. Wherefore he saith, God resisteth the proud, but giveth grace unto the humble.

James 4:6

Get back to prayer and enjoy the grace and favour of God in your life.

You are missing out on far too many things when you are a prayerless believer.

Prayer and results in life

When you are prayerless, you see it in the results you obtain in your daily transactions.

There is a huge difference between what you expect and what you get.

You even realise that the way you react to things and people becomes different.

What you wouldn't have panicked about, you begin to panic about.

What you wouldn't have worried about, you begin to worry about.

What you wouldn't have carried as a burden, you begin to carry.

You become anxious and tensed and all of it is because your prayer life has somewhat been derailed.

Samuel the prophet who anointed David as king understood the implications of prayerlessness so much that to him it was a sin not to pray:

1Sa 12:20 And Samuel said unto the people, Fear not: ye have done all this wickedness: yet turn not aside from following the LORD, but serve the LORD with all your heart;

1Sa 12:21 *And turn ye not aside: for then should ye go after vain things, which cannot profit nor deliver; for they are vain.*

1Sa 12:22 *For the LORD will not forsake his people for his great name's sake: because it hath pleased the LORD to make you his people.*

1Sa 12:23 *Moreover as for me, God forbid that I should sin against the LORD in ceasing to pray for you: but I will teach you the good and the right way:*

1 Samuel 12:20-23

Samuel was clear in his admonition to the people. Despite your wickedness, do not turn from the Lord, still draw near towards Him.

Then he made the startling statement in the 23rd verse that he will sin against God if he didn't pray for the people.

You can see the depth of his understanding and commitment to prayer in that statement.

You can see his dedication to God and his knowledge of the implications of prayerlessness.

In the next chapter, we will look at the effects of prayerlessness.

We will see what happens when we do not pray.