Message Notes for September 25, 2022	
Message Series: Psalm 6	
Message Title: O Lord, How Long?	
The writer of Psalm 6 strongly believes	
My soul is in deep anguish. How long, Lord, how long?	Psalm 6:3 NIV
Relevant Question: O Lord, how long?	
Have mercy on me, O Lord, for I am weak;	Psalm 6:2 a NKJV
My soul also is struck with terror,	Psalm 6:3a NRSV
Come and save me, Lord; in your mercy rescue me from death.	Psalm 6:4 TEV
For the writer of Psalm 6 everything depends on	
Among the dead no one proclaims your name. Who praises you	from the grave? Psalm 6:5 NIV
I am worn out from my groaning. All night long I flood my bed w drench my couch with tears.	rith weeping and Psalm 6:6 NIV

I can hardly see; my eyes are so swollen from the weeping can	aused by my enemies. Psalm 6:7 TEV	
I am worn out with groaning	Jeremiah 45:3c NIV	
For I will bring disaster on all people, declares the Lord, but velocities let you escape with your life.	wherever you go I will Jeremiah 45:5 NIV	
Depart from me, all you workers of evil, for the Lord has heard the sound of my weeping.	Psalm 6:8 NRSV	
The Lord has heard my cry for mercy; the Lord accepts my prayer.		
All my enemies will be overwhelmed with shame and	· ,	
they will turn back and suddenly be put to shame.		
Psalm 6 teaches us that we need to in dependence on the grace and love of God.	_self-control	
The 6 th Psalm does not minimize the difficulties of life	- h	
but even more so it it is possibl to live life with integrity, purpose and hope.	e by the grace of God	
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