

Welcome to



**CONNECTION POINT**  
CHURCH



*meditation*

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Office hours:

- Closed until further notice -



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CHURCH



connectionpointmi.com



Connection Point Church



@connectionpoint.churchmi



Connection Point Church

**Things You Should Know!**

**Prayer Requests** can be submitted via the website under the Ministries tab. These prayer requests go directly to Pastor Aaron and are confidential.

**Text to Give** is available. Please text GIVE to 231-386-0644 and then follow the instructions given! You can also give online by visiting [connectionpointmi.com](http://connectionpointmi.com) and click the DONATE tab for a secure transaction. Thanks for supporting our ministries here at Connection Point.

**The Bridge the Gap Fund** sign is across from the Café. If you are interested in giving above your tithes/offerings there is a giving kiosk at the FOR store. Please email the church office for more information.

**What the World needs Now!!**

- ***Prayer! And Lots of it!! Call Someone! Video chat with someone!! We all need personal connections right now. Reach out to people you think would like to talk, even if it is just to check in and say HI! Let them know you're thinking of them! Connect with one another!!***
- ***Connect with one another! We challenge you to reach out to 5 people each week. Make sure they know you are thinking about them!***
- ***If you are in need of groceries, would be willing to purchase or donate for someone's grocery needs, please contact the office at 231-769-2424.***

**Upcoming Events!**

**Marvelous Mondays** is POSTPONED until further notice!

**Next Steps Class** is POSTPONED until further notice.

*The Church building is currently closed until further notice. Please contact the office if you have any questions.*

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## This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

# Connect



Pray

# meditation

**Further Study - April 19, 2020**

## Scriptures for Contemplation

- Sunday: The glory of meditation / Exodus 24:15–18.
- Monday: The friendship of meditation / Exodus 33:11.
- Tuesday: The terror of meditation / Exodus 20:18–19.
- Wednesday: The object of meditation / Psalm 1:1–3.
- Thursday: The comfort of meditation / 1 Kings 19:9–18.
- Friday: The insights of meditation / Acts 10:9–20.
- Saturday: The ecstasy of meditation / 2 Corinthians 12:1–4.

## Questions and Reflections

1. How would you characterize your ability to pay attention?
2. When do you find it easiest to focus your mind or heart?
3. What is your gut reaction to the word meditation?
4. What is the basic difference between eastern meditation and Christian meditation?
5. What things make your life crowded? Do you think you have a desire to hear the Lord's voice in the midst of all the busyness of life?
6. Experience the following words of Frederick W. Faber for fifteen minutes. Record what you learn from the experience.

“Only to sit and think of God, Oh what a joy it is!  
To think the thought, to breathe the Name  
Earth has no higher bliss.”
7. What threatens you most about meditation?
8. What is the value of thinking through the specifics of time, place, and position during the meditation experience?
9. What are the dangers in concentrating on time, place, and position in the meditation experience?
10. Do “palms down, palms up” today. (palms down: prayerfully let go of what has you concerned, distracted, etc.; palms up: prayerfully invite God to speak to you and tell him of your desire to hear his voice) Note anything you learn about yourself.