Message Notes for July 31, 2022	
Message Series: Protecting Marriage	
Message Title: Taking Care of my Mind	
You shall not commit adultery. Exodus 20 Deuteronomy	_
Guidelines to help protect a marriage:	
-Make a commitment to	
-Magnify the	
-Learn what your	
-Taking Care of my	
Temptation is the pull of man's own evil thoughts and wishes. These evil thoughts lead to evil actions James 1:14-15a	a LIV
Finally, beloved, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is a excellence and if there is anything worthy of praise, think about these things. Philippians 4:8 N	
Flee the evil desires of youth and pursue righteousness, faith, love and peace, along with those who call on the Lord out of a pure heart. 2 Timothy 2:22	NIV
Relevant Question: How do you live proactively?	
-Work on your with God.	

Sexual sin is never just about sex; its always connected to the rest of
-Pursue, Chase, and Go After in every area of your life
Above all else, guard your heart, for everything you do flows from it. Proverbs 4:23 NIV
Keep your mouth free of perversity; keep corrupt talk far from your lips. Let your eyes look straight ahead; fix your gaze directly before you. Give careful thought to the paths for your feet and be steadfast in all your ways. Do not turn to the right or the left; keep your foot from evil. Proverbs 4:24-27 NIV
Blessed are the pure in heart, for they will see God. Matthew 5:8 NRSV
-Nurture and Guard your
If you don't work at your marriage, your marriage will
Pray, and your spouse.
God is not waiting for us to blow it so God can pounce on us. God is in the business of grace, forgiveness and restoration.

We need to recognize that our sin is neither cute nor excusable, and come to God in faith and repentance.