THE FUNDAMENTALS OF TEAM WORK

Effectively facilitating relationships and implementing tools that support lasting partnerships

ELIZABETH JUANIZA-SASO & EMILY HARRIS
Hello!
You/ Us
FUNdamentals of Teams
Let’s shake things up
GROUP DISCUSSION

• What do you a value in a team?
• What do you bring to a team?
IT’S HOW YOU SHOW UP!

“Either cheer up or take off the hat.”
IT’S HOW YOU SHOW UP CONTINUED….

• It’s not magic… it takes work
  • Body language
    • What are you conveying to others?
    • CULTURE/ COMFORT (yours/ others)
  • Self Reflection
    • How did that sound?
    • What did others hear?
    • How can I communicate that differently?
IT’S HOW YOU SHOW UP CONTINUED….

• It’s not magic… it takes work
  • The dance of leave or take your baggage
    • Name a rose and a thorn
  • My normal may not be your normal
    • Race/Ethnicity Socioeconomic Background/ Gender Identity/Education
QUALITY CONTROL
COMMUNICATION

• Three tips to have a better conversation.

1. Know the three tiers of conversation
   • Small talk
   • Controversial topics
   • Personal topic

2. Be Interested….listen
   • If you ask a question, take in the response.

3. Share the space
   • Aware & Attentive
QUALITY CONTROL COMMUNICATION

• How do you include people who communicate differently than you?
• Cloak of Invisibility.
• Reset Button
  • New teams
  • Acknowledgement
  • Moving forward
AWKWARD SILENCE.....ACTIVITY
QUALITY OF WORK LIFE SHOULD BE INCLUDED IN QUALITY OF LIFE…

• Taking care of yourself/ looking out for each other.
• Wellness committee.
• Where you meet and what you eat.
• Don’t forget the fun!
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QUALITY OF WORK LIFE SHOULD BE INCLUDED IN QUALITY OF LIFE…

• Affirmations
  • You're a goddess…. You’re a goddess…. You’re a goddess
• What do apples, ice, rice and thriving students have in common?
• 21 days of positive thinking
QUALITY OF WORK LIFE SHOULD BE INCLUDED IN QUALITY OF LIFE...

• Let’s practice....
QUICK PEP TALK
TEAM WORK TOOLS FOR YOUR TOOLBOX…

• 3 tools to walk away with…

 reset button

 laughter + fun =

 good teams

 Harris & Juaniza-Saso 2018
RESOURCES

• NY times “Three tips for better conversations "Article
  https://www.nytimes.com/2018/09/16/smarter-living/tips-better-
  conversations.html

• Stoke Deck
  https://dschoolold.stanford.edu/sandbox/groups/k12/wiki/c5441/attac-
  hments/40f83/Stoke_Deck_FINAL.pdf?sessionID=8cbdfc6129ceb04-
  1dbad2247ffc9d0112fd0ebce
STAY IN TOUCH

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