

**Second Regular Session
Seventieth General Assembly
STATE OF COLORADO**

ENGROSSED

LLS NO. R16-1024.01 Melanie Pawlyszyn x2802

SJR16-008

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SENATE JOINT RESOLUTION 16-008

101 **CONCERNING AWARENESS OF HEART DISEASE, AND, IN CONNECTION**
102 **THEREWITH, DECLARING FEBRUARY 19, 2016, AS "NATIONAL**
103 **WEAR RED DAY".**

1 WHEREAS, Heart disease and stroke kill one in three women in
2 the United States, yet 80 percent of cardiac events can be prevented; and

3 WHEREAS, Cardiovascular diseases and stroke kill one woman
4 approximately every 80 seconds in the United States; and

5 WHEREAS, An estimated 44 million women in the United States
6 are affected by cardiovascular diseases; and

7 WHEREAS, Ninety percent of women have one or more risk
8 factors for developing heart disease, yet only one in five American

*Shading denotes HOUSE amendment. Double underlining denotes SENATE amendment.
Capital letters indicate new material to be added to existing statute.
Dashes through the words indicate deletions from existing statute.*

SENATE
Final Reading
February 19, 2016

1 women believes that heart disease is her greatest health threat; and

2 WHEREAS, In each year since 1984, more women than men have
3 died from heart disease; and

4 WHEREAS, Women comprise only 24 percent of participants in
5 all heart-related studies; and

6 WHEREAS, Women are less likely to call 911 when experiencing
7 symptoms of a heart attack than if someone else were having a heart
8 attack; and

9 WHEREAS, Only 36 percent of African American women and 34
10 percent of Hispanic women know that heart disease is their greatest health
11 risk; and

12 WHEREAS, Go Red For Women encourages women to take
13 charge of their health and schedule a well-woman visit to learn about their
14 health status and risk for diseases; now, therefore,

15 *Be It Resolved by the Senate of the Seventieth General Assembly*
16 *of the State of Colorado, the House of Representatives concurring herein:*

17 (1) That we, the General Assembly, in recognition of the
18 importance of the ongoing fight against heart disease and stroke:

19 (a) Proclaim Friday, February 19, 2016, to be "National Wear Red
20 Day";

21 (b) Urge all citizens to wear the color red to commemorate the day
22 and show their support for women and the fight against heart disease;

23 (c) Encourage all Americans to GO RED:

24 ! Get your numbers by asking your doctor to check your
25 blood pressure, cholesterol, and glucose;

26 ! Own your lifestyle by losing weight, being physically
27 active, eating healthy, and not smoking;

28 ! Raise your voice by advocating for more women-related
29 research and education;

30 ! Educate your family by making healthy food choices for
31 you and your family and teaching your kids the importance
32 of staying active; and

1 ! **Donate** your time and money to show your support; and

2 (d) Recognize that by increasing awareness, speaking up about

3 heart disease, and empowering women to reduce their risk for

4 cardiovascular disease, we can save thousands of lives each year.

5 *Be It Further Resolved*, That copies of this Joint Resolution be sent

6 to the Denver and Colorado Springs chapters of the American Heart

7 Association.