First Regular Session Seventy-fifth General Assembly STATE OF COLORADO

REREVISED

This Version Includes All Amendments Adopted in the Second House

LLS NO. 25-0094.01 Kristen Forrestal x4217

HOUSE BILL 25-1002

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House Committees

Health & Human Services

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A BILL FOR AN ACT

101 CONCERNING THE DETERMINATION OF HEALTH BENEFITS COVERAGE 102 FOR MENTAL HEALTH SERVICES.

Bill Summary

(Note: This summary applies to this bill as introduced and does not reflect any amendments that may be subsequently adopted. If this bill passes third reading in the house of introduction, a bill summary that applies to the reengrossed version of this bill will be available at http://leg.colorado.gov.)

The bill clarifies that the health benefits coverage for the prevention of, screening for, and treatment of behavioral, mental health, and substance use disorders must be no less extensive than the coverage provided for any physical illness. The bill requires that every health benefit plan must provide coverage for:

• The placement, including admission, continued stay,

SENATE d Reading Unamended February 26, 2025

SENATE Amended 2nd Reading February 25, 2025

HOUSE 3rd Reading Unamended February 10, 2025

HOUSE Amended 2nd Reading February 7, 2025

Shading denotes HOUSE amendment. <u>Double underlining denotes SENATE amendment.</u>

Capital letters or bold & italic numbers indicate new material to be added to existing law.

Dashes through the words or numbers indicate deletions from existing law.

transfer, and discharge of a covered person and determinations relating to mental health disorders in accordance with criteria developed by the American Academy of Child and Adolescent Psychiatry or the American Association for Community Psychiatry; and

 Medically necessary treatment of covered behavioral, mental health, and substance use disorder benefits, consistent with specified criteria.

The bill also specifies criteria to be used for utilization review, service intensity, the level of care for covered persons, and provider reimbursement.

1 Be it enacted by the General Assembly of the State of Colorado: 2 **SECTION 1.** In Colorado Revised Statutes, 10-16-104, amend 3 (5.5)(a)(I), (5.5)(a)(V)(A), (5.5)(a)(V)(B), (5.5)(a)(V)(D), (5.5)(b) and 4 (5.5)(d); and **add** (5.5)(a)(I.5), (5.5)(a)(V)(F), (5.5)(a)(VI), (5.5)(c.3), 5 (5.5)(c.5), and (5.5)(e) as follows: 6 10-16-104. Mandatory coverage provisions - definitions - rules 7 - applicability. (5.5) Behavioral, mental health, and substance use 8 disorders - utilization review criteria - federal treatment limitation 9 requirements - meaningful benefits - rules - definitions. (a) (I) Every 10 health benefit plan subject to part 2, 3, or 4 of this article 16, except those 11 described in section 10-16-102 (32)(b), must provide coverage: 12 For the prevention of, screening for, and treatment of 13 behavioral, mental health, and substance use disorders that is no less 14 extensive than the coverage provided for any physical illness, and that 15 complies with the requirements of the MHPAEA, and THAT DOES NOT 16 DISCRIMINATE IN ITS BENEFIT DESIGN AGAINST INDIVIDUALS BECAUSE OF 17 THEIR PRESENT OR PREDICTED BEHAVIORAL, MENTAL HEALTH, OR 18 SUBSTANCE USE DISORDER;

(B) At a minimum, for the treatment of substance use disorders in

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1	accordance with the American Society of Addiction Medicine criteria for
2	placement, medical necessity, and utilization management determinations
3	as set forth in the most recent edition of "The ASAM Criteria:
4	TREATMENT CRITERIA for Addictive, Substance-related, and Co-occurring
5	Conditions"; except that the commissioner may identify by rule, in
6	consultation with the department of health care policy and financing and
7	the behavioral health administration in the department of human services,
8	an alternate nationally recognized and evidence-based
9	substance-use-disorder-specific NOT-FOR-PROFIT UTILIZATION REVIEW
10	criteria THAT IS CONSISTENT WITH GENERALLY ACCEPTED STANDARDS OF
11	SUBSTANCE USE DISORDER CARE for placement, medical necessity, or
12	utilization management REVIEW, if the American Society of Addiction
13	Medicine criteria are no longer available or relevant or do not follow best
14	practices for substance use disorder treatment; AND
15	
16	(C) FOR MEDICALLY NECESSARY TREATMENT OF COVERED
17	BEHAVIORAL, MENTAL HEALTH, AND SUBSTANCE USE DISORDER BENEFITS,
18	INCLUDING SERVICES THAT ARE CONSISTENT WITH CRITERIA, GUIDELINES,
19	OR CONSENSUS RECOMMENDATIONS FROM NATIONALLY RECOGNIZED
20	NOT-FOR-PROFIT CLINICAL SPECIALTY ASSOCIATIONS OF THE RELEVANT
21	BEHAVIORAL, MENTAL HEALTH, OR SUBSTANCE USE DISORDER SPECIALTY.
22	(I.5) (A) ALL UTILIZATION REVIEW AND UTILIZATION REVIEW
23	CRITERIA MUST BE CONSISTENT WITH CURRENT GENERALLY ACCEPTED
24	STANDARDS OF BEHAVIORAL, MENTAL HEALTH, AND SUBSTANCE USE
25	DISORDER CARE.
26	
27	(B) IN CONDUCTING UTILIZATION REVIEW OF COVERED SERVICES

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1	FOR THE DIAGNOSIS, PREVENTION, AND TREATMENT OF BEHAVIORAL OR
2	MENTAL HEALTH DISORDERS, A HEALTH BENEFIT PLAN SHALL APPLY THE
3	CRITERIA AND GUIDELINES SET FORTH IN THE MOST RECENT VERSION OF
4	THE TREATMENT CRITERIA DEVELOPED BY UNAFFILIATED NATIONALLY
5	RECOGNIZED NOT-FOR-PROFIT CLINICAL SPECIALTY ASSOCIATIONS OF THE
6	RELEVANT BEHAVIORAL OR MENTAL HEALTH DISORDERS. IN CONDUCTING
7	UTILIZATION REVIEW OF COVERED SERVICES FOR THE DIAGNOSIS,
8	PREVENTION, AND TREATMENT OF SUBSTANCE USE DISORDERS, A HEALTH
9	BENEFIT PLAN SHALL APPLY THE CRITERIA SPECIFIED IN SUBSECTION
10	(5.5)(a)(I)(B) OF THIS SECTION.
11	(C) IN CONDUCTING UTILIZATION REVIEW RELATING TO SERVICE
12	INTENSITY, LEVEL OF CARE PLACEMENT, OR ANY OTHER PATIENT CARE
13	DECISIONS THAT ARE WITHIN THE SCOPE OF THE SOURCES SPECIFIED IN
14	SUBSECTIONS $(5.5)(a)(I)(B)$ AND $(5.5)(a)(I.5)(B)$ OF THIS SECTION, A
15	HEALTH BENEFIT PLAN SHALL NOT APPLY DIFFERENT, ADDITIONAL,
16	CONFLICTING, OR MORE RESTRICTIVE UTILIZATION REVIEW CRITERIA THAN
17	THE CRITERIA SET FORTH IN THOSE SOURCES. IF THE REQUESTED SERVICE
18	INTENSITY OR LEVEL OF CARE PLACEMENT IS INCONSISTENT WITH THE
19	HEALTH BENEFIT PLAN'S ASSESSMENT USING THE RELEVANT CRITERIA, AS
20	PART OF ANY ADVERSE BENEFIT DETERMINATION, THE HEALTH BENEFIT
21	PLAN SHALL PROVIDE FULL DETAIL OF ITS ASSESSMENT AND THE RELEVANT
22	CRITERIA USED IN THE ASSESSMENT TO THE PROVIDER AND THE COVERED
23	PERSON.
24	(D) IN CONDUCTING UTILIZATION REVIEW THAT IS OUTSIDE THE
25	SCOPE OF THE CRITERIA SPECIFIED IN SUBSECTIONS (5.5)(a)(I)(B) AND
26	(5.5)(a)(I.5)(B) OF THIS SECTION OR RELATED TO ADVANCEMENTS IN
27	TECHNOLOGY OR TYPES OF LEVELS OF CARE THAT ARE NOT ADDRESSED IN

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1	THE MOST RECENT VERSIONS OF THE SOURCES SPECIFIED IN THOSE
2	SUBSECTIONS, A HEALTH BENEFIT PLAN SHALL CONDUCT UTILIZATION
3	REVIEW IN ACCORDANCE WITH SUBSECTION (5.5)(a)(I.5)(A) OF THIS
4	SECTION. IF A HEALTH BENEFIT PLAN PURCHASES OR LICENSES UTILIZATION
5	REVIEW CRITERIA PURSUANT TO THIS SUBSECTION (5.5)(a)(I.5)(D), THE
6	HEALTH BENEFIT PLAN SHALL VERIFY AND DOCUMENT BEFORE USE THAT
7	THE CRITERIA COMPLY WITH THE REQUIREMENTS OF SUBSECTION
8	(5.5)(a)(I.5)(A) OF THIS SECTION.
9	(E) A HEALTH BENEFIT PLAN MUST NOT LIMIT BENEFITS OR
10	COVERAGE FOR CHRONIC BEHAVIORAL, MENTAL HEALTH, OR SUBSTANCE
11	USE DISORDERS TO SHORT-TERM SYMPTOM REDUCTION AT ANY
12	LEVEL-OF-CARE PLACEMENT.
13	(V) A carrier offering a health benefit plan subject to the
14	requirements of this subsection (5.5) shall:
15	(A) Comply with the nonquantitative treatment limitation
16	requirements specified in 45 CFR 146.136 (c)(4) 45 CFR 146.136 OR 29
17	CFR 2590.712, or any successor regulation, regarding any limitations that
18	are not expressed numerically but otherwise limit the scope or duration
19	of benefits for treatment, which, in addition to the limitations and
20	examples listed in 45 CFR 146.136 (c)(4)(ii) and (c)(4)(iii) (c)(4)(vi) OR
21	29 CFR 2590.712 (c)(4)(ii) AND (c)(4)(vi), or any successor regulation,
22	and $\frac{78 \mathrm{FR}}{68246}$ 78 Fed. Reg. 68246 (November 13, 2013) and $89 \mathrm{Fed}$.
23	REG. 77586 (SEPTEMBER 23, 2024), include the methods by which the
24	carrier establishes and maintains its provider networks pursuant to section
25	10-16-704 and responds to deficiencies in the ability of its networks to
26	provide timely access to care;
27	(B) Comply with the financial requirements and quantitative

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treatment limitations specified in 45 CFR 146.136 (c)(2) and (c)(3) or any successor regulation OR 29 CFR 2590.712 (c)(2) AND (c)(3);

- (D) Establish procedures to authorize MEDICALLY NECESSARY treatment with a AN APPROPRIATE nonparticipating provider AND TO PROVIDE SERVICES TO MAKE AVAILABLE THE COVERED SERVICE if a covered service is not available within established time and distance standards, and within a reasonable period, after a service is requested, and with the same coinsurance, deductible, or copayment requirements, ACCRUING TO IN-NETWORK ANNUAL COST-SHARING LIMITS, as would apply if the services were provided by a participating provider, and at no greater cost to the covered person than if the services were obtained at or from a participating provider; and
- (F) NOT REVERSE OR ALTER A DETERMINATION OF MEDICAL NECESSITY MADE PURSUANT TO THIS SUBSECTION (5.5), INCLUDING DOWNGRADING OR BUNDLING THE CODING OF A CLAIM, THROUGH A REVIEW OR AUDIT OF A CLAIM, EXCEPT IN CASES OF FRAUD OR WHERE THE COVERED PERSON DID NOT HAVE A VALID POLICY WHEN THE SERVICE WAS PROVIDED.
- (VI) IF A HEALTH BENEFIT PLAN PROVIDES ANY BENEFITS FOR A MENTAL HEALTH CONDITION OR SUBSTANCE USE DISORDER IN ANY CLASSIFICATION OF BENEFITS, IT MUST PROVIDE MEANINGFUL BENEFITS FOR THAT MENTAL HEALTH CONDITION OR SUBSTANCE USE DISORDER IN EVERY CLASSIFICATION IN WHICH MEDICAL OR SURGICAL BENEFITS ARE PROVIDED. WHETHER THE BENEFITS PROVIDED ARE MEANINGFUL BENEFITS IS DETERMINED IN COMPARISON TO THE BENEFITS PROVIDED FOR MEDICAL CONDITIONS AND SURGICAL PROCEDURES IN THE CLASSIFICATION AND REQUIRES, AT A MINIMUM, COVERAGE OF BENEFITS FOR THAT CONDITION

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1	OR DISORDER IN EACH CLASSIFICATION IN WHICH THE HEALTH BENEFIT
2	PLAN PROVIDES BENEFITS FOR ONE OR MORE MEDICAL CONDITIONS OR
3	SURGICAL PROCEDURES. A HEALTH BENEFIT PLAN DOES NOT PROVIDE
4	MEANINGFUL BENEFITS UNLESS IT PROVIDES BENEFITS FOR A CORE
5	TREATMENT FOR THAT CONDITION OR DISORDER IN EACH CLASSIFICATION
6	IN WHICH THE HEALTH BENEFIT PLAN PROVIDES BENEFITS FOR A CORE
7	TREATMENT FOR ONE OR MORE MEDICAL CONDITIONS OR SURGICAL
8	PROCEDURES. A CORE TREATMENT FOR A CONDITION OR DISORDER IS A
9	STANDARD TREATMENT OR COURSE OF TREATMENT, THERAPY, SERVICE,
10	OR INTERVENTION INDICATED BY GENERALLY ACCEPTED STANDARDS OF
11	BEHAVIORAL, MENTAL HEALTH, AND SUBSTANCE USE DISORDER CARE. IF
12	THERE IS NO CORE TREATMENT FOR A COVERED MENTAL HEALTH
13	CONDITION OR SUBSTANCE USE DISORDER WITH RESPECT TO A
14	CLASSIFICATION, THE HEALTH BENEFIT PLAN IS NOT REQUIRED TO PROVIDE
15	BENEFITS FOR A CORE TREATMENT FOR SUCH CONDITION OR DISORDER IN
16	THAT CLASSIFICATION, BUT MUST PROVIDE BENEFITS FOR SUCH CONDITION
17	OR DISORDER IN EVERY CLASSIFICATION IN WHICH MEDICAL OR SURGICAL
18	BENEFITS ARE PROVIDED.
19	(b) The commissioner:
20	(I) May adopt rules as necessary to ensure that this subsection
21	(5.5) is implemented and COMPLIANTLY administered; in compliance with
22	federal law and shall adopt rules to establish reasonable time periods for
23	visits with a provider for treatment of a behavioral, mental health, or
24	substance use disorder after an initial visit with a provider.
25	(II) MAY ADOPT RULES TO ESTABLISH CARRIER UTILIZATION

REVIEW COMPLIANCE IN ACCORDANCE WITH SUBSECTION (5.5)(a)(I.5) OF

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THIS SECTION;

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1	(III) IVIAY ADOPT RULES AS NECESSARY TO SPECIFY DATA TESTING
2	REQUIREMENTS TO DETERMINE PLAN DESIGN AND APPLICATION OF PARITY
3	COMPLIANCE FOR NONQUANTITATIVE TREATMENT LIMITATIONS USING
4	OUTCOMES DATA;
5	(IV) MAY ADOPT RULES TO SET STANDARD DEFINITIONS FOR
6	COVERAGE REQUIREMENTS, INCLUDING PROCESSES, STRATEGIES,
7	EVIDENTIARY STANDARDS, AND OTHER FACTORS;
8	(V) MAY ADOPT RULES TO ESTABLISH SPECIFIC TIMELINES FOR
9	CARRIER COMPLIANCE TO PROVIDE COMPARATIVE ANALYSIS INFORMATION
10	TO THE DIVISION FOR REVIEW, INCLUDING THE EFFECT OF A CARRIER'S
11	LACK OF SUFFICIENT COMPARATIVE ANALYSES TO DEMONSTRATE
12	COMPLIANCE; AND
13	(V) MAY ADOPT RULES TO ESTABLISH REASONABLE TIME PERIODS
14	AND DOCUMENTATION OF SUCH TIME PERIODS FOR VISITS WITH A
15	PROVIDER FOR TREATMENT OF A BEHAVIORAL, MENTAL HEALTH, OR
16	SUBSTANCE USE DISORDER AFTER AN INITIAL VISIT WITH A PROVIDER.
17	(c.3) This subsection (5.5) applies to any individual, entity,
18	OR CONTRACTING PROVIDER THAT PERFORMS UTILIZATION REVIEW
19	FUNCTIONS ON BEHALF OF A HEALTH BENEFIT PLAN.
20	(c.5) A CARRIER OFFERING A HEALTH BENEFIT PLAN SHALL NOT
21	ADOPT, IMPOSE, OR ENFORCE TERMS IN ITS POLICIES OR PROVIDER
22	AGREEMENT, IN WRITING OR IN OPERATION, THAT UNDERMINE, ALTER, OR
23	CONFLICT WITH THE REQUIREMENTS OF THIS SUBSECTION (5.5) .
24	(d) As used in this subsection (5.5):
25	(I) "APPROPRIATE NONPARTICIPATING PROVIDER" MEANS A
26	PROVIDER WHO IS ACCESSIBLE AND HAS THE TRAINING AND EXPERIENCE
2.7	NECESSARY TO PROVIDE AGE-APPROPRIATE MEDICALLY NECESSARY

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1	TREATMENT OF A BEHAVIORAL, MENTAL HEALTH, OR SUBSTANCE USE
2	DISORDER.
3	(II) "Behavioral, mental health, and substance use disorder":
4	(I) (A) Means a condition or disorder, regardless of etiology, that
5	may be the result of a combination of genetic and environmental factors
6	and that falls under any of the diagnostic categories listed in the mental
7	disorders section of the most recent version of
8	(A) the "International Statistical Classification of Diseases and
9	Related Health Problems",
10	(B) the "Diagnostic and Statistical Manual of Mental Disorders",
11	or
12	(C) the "Diagnostic Classification of Mental Health and
13	Developmental Disorders of Infancy and Early Childhood"; and
14	(H) (B) Includes autism spectrum disorders, as defined in
15	subsection (1.4)(a)(III) of this section.
16	(III) "GENERALLY ACCEPTED STANDARDS OF BEHAVIORAL,
17	MENTAL HEALTH, AND SUBSTANCE USE DISORDER CARE" MEANS
18	STANDARDS OF CARE AND CLINICAL PRACTICE THAT ARE GENERALLY
19	RECOGNIZED BY HEALTH-CARE PROVIDERS PRACTICING IN RELEVANT
20	CLINICAL SPECIALTIES SUCH AS PSYCHIATRY, PSYCHOLOGY, CLINICAL
21	SOCIAL WORK, PSYCHIATRIC NURSING, ADDICTION MEDICINE AND
22	COUNSELING, AND BEHAVIORAL HEALTH TREATMENT. VALID,
23	EVIDENCE-BASED SOURCES REFLECTING GENERALLY ACCEPTED
24	STANDARDS OF BEHAVIORAL, MENTAL HEALTH, AND SUBSTANCE USE
25	DISORDER CARE INCLUDE PEER-REVIEWED SCIENTIFIC STUDIES AND
26	MEDICAL LITERATURE; CLINICAL PRACTICE GUIDELINES AND
27	RECOMMENDATIONS OF NONPROFIT HEALTH-CARE PROVIDER

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1	PROFESSIONAL ASSOCIATIONS, SPECIALTY SOCIETIES, AND FEDERAL
2	GOVERNMENT AGENCIES; AND DRUG LABELING APPROVED BY THE FDA.
3	(IV) "MEDICALLY NECESSARY TREATMENT" MEANS A SERVICE OR
4	PRODUCT ADDRESSING THE SPECIFIC NEEDS OF A PATIENT FOR THE
5	PURPOSE OF SCREENING, PREVENTING, DIAGNOSING, MANAGING, OR
6	TREATING A BEHAVIORAL, MENTAL HEALTH, OR SUBSTANCE USE DISORDER
7	OR ITS SYMPTOMS, INCLUDING MINIMIZING THE PROGRESSION OF THE
8	DISORDER, IN A MANNER THAT IS:
9	(A) IN ACCORDANCE WITH THE GENERALLY ACCEPTED STANDARDS
10	OF BEHAVIORAL, MENTAL HEALTH, AND SUBSTANCE USE DISORDER CARE;
11	(B) CLINICALLY APPROPRIATE IN TERMS OF TYPE, FREQUENCY,
12	EXTENT, SITE, AND DURATION; AND
13	(C) NOT PRIMARILY FOR THE ECONOMIC BENEFIT OF THE INSURER
14	OR PURCHASER OR FOR THE CONVENIENCE OF THE COVERED PERSON,
15	TREATING PHYSICIAN, OR OTHER HEALTH-CARE PROVIDER.
16	(V) "UTILIZATION REVIEW" MEANS PROSPECTIVELY,
17	RETROSPECTIVELY, OR CONCURRENTLY REVIEWING AND APPROVING,
18	MODIFYING, DELAYING, OR DENYING REQUESTS BY HEALTH-CARE
19	PROVIDERS, COVERED PERSONS, OR THEIR AUTHORIZED REPRESENTATIVES
20	FOR COVERAGE, BASED IN WHOLE OR IN PART ON MEDICAL NECESSITY, OR
21	FOR OUT-OF-NETWORK SERVICES REQUIRED PURSUANT TO SUBSECTION
22	(5.5)(a)(V)(D) of this section.
23	(VI) "UTILIZATION REVIEW CRITERIA" MEANS AN EVALUATION OF
24	THE NECESSITY, APPROPRIATENESS, AND EFFICIENCY OF THE USE OF
25	HEALTH-CARE SERVICES, PROCEDURES, AND FACILITIES, INCLUDING
26	OUT-OF-NETWORK SERVICES REQUIRED PURSUANT TO SUBSECTION
27	(5.5)(a)(V)(D) OF THIS SECTION. "UTILIZATION REVIEW CRITERIA" DOES

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1	NOT INCLUDE AN INDEPENDENT MEDICAL EXAMINATION PROVIDED FOR IN
2	ANY POLICY.
3	(e) (I) This subsection (5.5) does not expand coverage
4	REQUIREMENTS BEYOND THE STATE ESSENTIAL HEALTH BENEFITS
5	BENCHMARK PLAN AS REQUIRED PURSUANT TO 45 CFR 156.111.
6	(II) IF AN EXCLUSION FOR BEHAVIORAL HEALTH, MENTAL HEALTH,
7	OR SUBSTANCE USE DISORDER SERVICES IS NOT PERMITTED UNDER THE
8	MHPAEA, COVERAGE FOR THESE SERVICES MUST MEET THE
9	REQUIREMENTS OF <u>THIS SUBSECTION (5.5)</u> .
10	SECTION 2. Act subject to petition - effective date. This act
1011	SECTION 2. Act subject to petition - effective date. This act takes effect January 1, 2026; except that, if a referendum petition is filed
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11	takes effect January 1, 2026; except that, if a referendum petition is filed
11 12	takes effect January 1, 2026; except that, if a referendum petition is filed pursuant to section 1 (3) of article V of the state constitution against this
11 12 13	takes effect January 1, 2026; except that, if a referendum petition is filed pursuant to section 1 (3) of article V of the state constitution against this act or an item, section, or part of this act within the ninety-day period
11 12 13 14	takes effect January 1, 2026; except that, if a referendum petition is filed pursuant to section 1 (3) of article V of the state constitution against this act or an item, section, or part of this act within the ninety-day period after final adjournment of the general assembly, then the act, item,
11 12 13 14 15	takes effect January 1, 2026; except that, if a referendum petition is filed pursuant to section 1 (3) of article V of the state constitution against this act or an item, section, or part of this act within the ninety-day period after final adjournment of the general assembly, then the act, item, section, or part will not take effect unless approved by the people at the

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