

## CAPWEST SAFETY PROTOCOLS COVID-19

### CORONAVIRUS DISEASE 2019 (COVID-19)

CapWest recognizes the seriousness of COVID-19 and how it is affecting our communities. The health and safety of our staff and community is our top priority. This Pandemic Response Plan has been developed to help keep our workers and the public safe.

### About COVID-19

Coronavirus Disease 2019 (COVID-19) is a respiratory disease, its international impacts have affected all aspects of daily life, including travel, trade, tourism, food supplies, and financial markets. Reducing the impact of COVID-19 outbreak conditions on businesses, workers, customers, and the public, is everyone's responsibility. Guidelines set out within this plan are to be followed in conjunction with guidelines provided by the Canadian government, World Health Organization, Center for Disease Control and those laid out by our General Contractors. COVID-19 can cause illness ranging from mild to severe and, in some cases, can be fatal. Symptoms typically include fever, cough, and shortness of breath. Some people infected with the virus have reported experiencing other non-respiratory symptoms. According to the CDC, symptoms of COVID-19 may appear in as few as 2 days or as long as 14 days after exposure.

The virus is thought to spread mainly from person to-person, including:

- Between people who are in close contact with one another (within about 6 feet).
- Through respiratory droplets produced when an infected person coughs or sneezes. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

### WHO IS AT RISK?

- The general public, customers, and coworkers.
- Sick individuals or those at particularly high risk of infection (e.g. international travelers who have visited locations with widespread sustained (ongoing) COVID-19 transmission, healthcare workers who have had unprotected exposure to people known to have, or suspected of having, COVID-19).

### WORKERS INDIVIDUAL RISK FACTORS

- Age
- presence of chronic medical conditions, including immunocompromising conditions

### EFFECTS ON THE WORKPLACE

- Increased rates of worker absenteeism
- The need for social distancing, staggered work shifts, downsizing operations, delivering services remotely, and other exposure-reducing measures.
- Options for conducting essential operations with a reduced workforce, including cross-training workers across different jobs in order to continue operations or deliver surge services.
- Interrupted supply chains or delayed deliveries.

## STANDARD HEALTH EVALUATION QUESTIONS FOR COVID-19

The standard health questions for our Supervisor's to ask workers exhibiting signs of illness as well as workers in Site orientation process, are:

- 1) **Have you travelled outside of Canada in the past 14 days?**
- 2) **Do you have or have you had any flu like symptoms presently or in the last 14 days?**
- 3) **Have you knowingly had any contact with anyone with confirmed COVID-19?**
- 4) **Have you been informed that you have COVID-19 or were you informed by any health organization to go for screening?**

**IF THE ANSWER TO ANY OF THE ABOVE QUESTIONS IS YES, THE WORKER SHOULD GO HOME FROM THE SITE IMMEDIATELY.**

## PREVENTION

The Centre for Disease Control (CDC) recommends the best way to protect yourself as follows:

- **Mask are mandatory at all Cap West Sites.**
- Avoid touching your face, eyes, nose or mouth with unwashed hands.
- Washing your hands often with water and soap for a minimum of 20 seconds.
- Avoid others who are unwell.
- Workers must stay home when you are sick.
- Respiratory etiquette, including covering coughs and sneezes.

## SOCIAL DISTANCING

- Social distancing has been proven to be our best defense in the fight in the spread of the COVID-19.
- All workers are to maintain a distance of 2m/6ft from others and wear a mask at all times.
- In common areas such as lunch tables, spread out and leave empty seats between people (maintain a distance of 2m/6ft).
- Personnel hoist, elevators, and any similar enclosed areas will be reduced, and new capacities posted.
- The use of stairs is encouraged.
- Do not shake hands.
- Do not share food, drinks or cigarettes.
- Do not share PPE.
- Do not share tools.
- Site Super will determine if staggered shift start time are required. Trades must adhere to this schedule once published.

## IN-PERSON MEETINGS

- All in-person indoor meetings are to be held in an area that can accommodate 2m/6ft between participants and all participants must wear a mask at all times.
- If above requirements can not be met, hold meetings in open air settings with 2m/6ft between participants with masks on.

## CONFIRMED COVID-19 CASE ON A PROJECT SITE

- Cap West will follow all directives given by health authorities regarding site closure or site cleaning/disinfection.
- Worker with positive COVID-19 test must stay away from site for at least 14 calendar days and cannot return to site until they have a clearance letter from a health practitioner.
- Unless or until the site is shut down by way of a documented order from a governmental agency (as is a required condition under our industry standard contracts with the project owners), the project site will remain open and active for all workers who are not showing any symptoms of illness.

## CONTACT

- In the event of a positive COVID-19 test result or a presumptive case of COVID-19 on a job site or at Head Office, immediately inform Jamal Khan – Safety Coordinator.

## SELF ISOLATION GUIDELINES

- If you have come in direct, close contact with anyone confirmed to have COVID-19, you are required to contact 811 and follow directions provided by 811.
- If you have come in contact with someone who is sick, but not confirmed or presumptively considered to have COVID-19, you can return to work only under the following guidelines.
  - The exposed worker must wear a face mask.
  - Continue to practice good hygiene with regular hand washing.
  - avoid contact with people who are ill.
  - the exposed worker will need to self monitor for signs of illness such as fever, cough, sneezing, sore throat, trouble breathing, body aches.
- In the event that these symptoms develop you are to contact 811 and follow their direction.

## MONITOR HEALTH OF WORKERS

- During normal walk-throughs, supervisors be on the look out for workers exhibiting flu-like signs of illness (sneezing, coughing etc.)
- If any symptoms are observed. Ask the standard health questions (as defined above)

## WORKER CLAIMS RIGHT TO REFUSE UNSAFE WORK

- Workers direct Forman/Supervisor is to evaluate the situation
- If related to COVID-19 concerns, worker's direct Foreman/Supervisor is to review and make recommendations
- If the worker believes that their particular construction site is unsafe in general but no COVID-19 case has been confirmed at the site, then any specific health and hygiene concerns raised by the worker that are easy for the site to address should be addressed JOSH committee members to assist as required
- All refuse to work situations to be reviewed by the sites JOSH committee
- Report incident to Jamal Khan – Safety Coordinator