

4Patriots

Freeze-Dried Pineapple

We Champion Freedom and Self-Reliance

“I love the feeling of security that comes with having some of this tasty food on hand. This is a great investment for peace of mind.”

— Tammy L.

NET WT. 1.41 oz (40g)

Makes 8 Servings



American owned. Handpacked in USA.
 Distributed by 4Patriots, LLC
 2920 Berry Hill Dr., Suite 300
 Nashville, TN 37204
 (800) 304-4202 | 4Patriots.com

INGREDIENTS: pineapple.

V2.2

Nutrition Facts	
Amount per Serving	% Daily Value
8 Servings Per Container	
Serving Size	
1/4 Cup (5g)	
Calories	20
Total Fat 0g	
0%	
Saturated Fat 0g	
0%	
Trans Fat 0g	
0%	
Cholesterol 0mg	
0%	
Sodium 0mg	
0%	
Total Carbohydrate 5g	
2%	
Dietary Fiber 0g	
0%	
Total Sugars 3g	
0%	
Includes 0g Added Sugars	
0%	
Protein 0g	
0%	
Vitamin D 0mcg	
0%	
Calcium 4mg	
0%	
Iron 0mg	
0%	
Potassium 38mg	
0%	

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

100% MONEY-BACK GUARANTEE:
 If for any reason you're not satisfied, just return your survival food within 1 year (365 days) of purchase. We'll refund 100% of your purchase price. You have nothing to lose and you must be completely satisfied, or we'll buy it back. No questions asked.

Prepare

- To make one serving:
- 1 Open pouch, remove oxygen absorber.
 - 2 Pour 1/4 cup of cool water in a bowl.
 - 3 Add 1/4 cup of pineapple to cool water.
 - 4 Let sit 5-10 minutes or until tender.
 - 5 Or snack on them without reconstituting.

Protect

True peace of mind comes from knowing you're prepared. In an emergency, you can depend on your 4Patriots survival food. It tastes great, is easy to prepare and protects you - and your family - with wholesome nutrition during a crisis.