

Freeze-Dried Apple Slices

Prepare

To make one serving:

- 1 Open pouch, remove oxygen absorber.
- 2 Pour 1 cup of cool water in a bowl.
- 3 Add 1/3 cup of apple slices to cool water.
- 4 Let sit 20 minutes or until tender.
- 5 Or snack on them without reconstituting.

Nutrition Facts

8 Servings Per Container

Serving Size Approx. 1/3 cup (7g)

Amount per Serving

Calories **20**

	% Daily Value
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 6g	2%
Dietary Fiber 1g	4%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 2mg	0%
Iron 0mg	0%
Potassium 42mg	0%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Apple, Ascorbic Acid, Citric Acid.

Distributed by 4Patriots, LLC
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Contains a bioengineered food ingredient(s).



NET WT. 1.98 OZ (56g)

Makes 8 Servings