

Heartland's Finest Powdered Milk

INGREDIENTS: Nonfat dry milk, Vitamin A Palmitate,
Vitamin D3.

CONTAINS: Milk.

DIRECTIONS:

1. Open pouch and remove oxygen absorber.
2. 1 cup water + 2 Tbsp powder = 1 cup milk.
3. Pour 1 cup of water into a cup.
4. Add in 2 Tbsp of powdered milk.
5. Whisk thoroughly.
6. Refrigerate to retain freshness.

Nutrition Facts

8 servings per container

Serving size 2 Tbsp (20g)

Amount per serving

Calories **70**

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 5mg **2%**

Sodium 110mg **5%**

Total Carbohydrate 10g **4%**

Dietary Fiber 0g **0%**

Total Sugars 10g

Includes 0g Added Sugars **0%**

Protein 7g

Vitamin D 2mcg **10%**

Calcium 251mg **20%**

Iron 0mg **0%**

Potassium 341mg **8%**

Vitamin A 142mcg **15%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Distributed by 4 Patriots, LLC
2920 Berry Hill Dr., Suite 300
Nashville, TN 37204
4Patriots.com 800-304-4202

8 SERVINGS

Best when stored in a cool and dry place.

NET WT. 5.64 OZ (160g)