WARNING_

Always follow provided instructions. Failure to follow instructions and/or incorrect product setup may result in injury or death.

Prior to every use, check that all locks are tight to avoid slippage.

When properly adjusted, your elbow should be at a 90-degree angle with your forearm parallel to the ground.

Trekking poles are recommended for adult use only. Trekking poles provide stability and traction while helping users maintain balance but are not intended to be weight bearing. Do not use trekking poles as a crutch or cane. Take care that trekking poles do not become wedged between rocks or terrain.

Trekking poles are only designed for use when snowshoeing or hiking. They are not designed for downhill skiing, Nordic skiing or skinning.

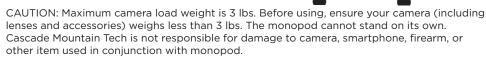
Hiking and snowshoeing are inherently dangerous activities. Trekking poles are not designed to prevent falls or to remove risks associated with hiking and the outdoors, such as wet or icy surfaces, falls, loose terrain, and other natural features.

MONOPOD AND MONOPOD ACCESSORIES

Camera Mount

Monopods are outfitted with a standard 1/4-20 UNC mounting screw that fits most standard cameras. The mounting screw can be accessed by rotating the cork piece attached to the top of the Monopod Trekking Pole in a counter-clockwise direction.

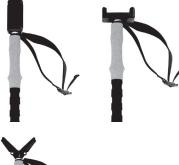
Never leave mounting screw exposed. After removing camera or monopod accessory, replace top cap before use or storage.



Do not overtighten camera onto mounting screw as it may cause damage to your camera.

Smartphone Mount

The smartphone mount can be used in Landscape Photography and Selfie Stick configurations. The smartphone mount can be expanded to fit smartphone and will automatically contract to securely hold smartphone. Works with most standard smartphone models and sizes. There is no built-in mechanism to activate the camera function.



Shooting Rest

Shooting rest can be used with hunting rifles and similar firearms to increase stability and accuracy.

STOP: Before using shooting rest, read the warnings and firearm safety notice on the front page of booklet.



USING AND ADJUSTING QUICK LOCK MECHANISM.



1. Open quick locks fully (until lever stops) and adjust poles to desired height. Extend the middle and lower sections evenly.



2. Turn thumb screw 1/4 - 1/2 turn clockwise to tighten.



3. Close the quick lock - if tightened correctly, the lock should require firm pressure to close.



4. Test the lock by applying downward pressure on the pole. If the sections collapse/slip, repeat the previous steps.

ACCESSORIES - TIPS AND BASKETS

Cascade Mountain Tech trekking poles all come equipped with a rugged tungsten carbide tip that is suitable for all surfaces and ground conditions. Your Cascade Mountain Tech trekking poles may come with some or all of the following tips and accessories. Additional accessories may be purchased at www.cascademountaintech.com.

Attach rubber tips and boot tips by fitting them over the carbide tip and pressing until they are firmly attached to the trekking pole tip. Remove by wiggling them until they detach from the tip.

Remove rubber tip or boot tip, if attached, before attempting to attach baskets. Attach mud basket and snow basket by fitting tip of trekking pole into hole at center of basket. Twist basket over threads clockwise on trekking pole tip until firmly attached. You may still be able to spin basket even when it is firmly attached to the trekking pole. Remove baskets by twisting counter-clockwise.



TUNGSTEN CARBIDE

General use tip suitable for all surfaces and ground conditions.



RUBBER TIP REMOVE BEFORE USE. Protects trekking pole tip while in storage.



BOOT TIP

For hard or delicate surfaces, indoor use and Nordic walking.



MUD BASKET For mud, sand,

hard-packed snow and other soft surfaces.



SNOW BASKET

For general use in snow and while snowshoeing.



DISCLAIMER

Cascade Mountain Tech shall not be liable for any damages arising out of or as a result of the use of this product for any purpose other than that for which it is clearly intended. By using this product, you acknowledge and accept the safety instructions and disclaimer provided.

LIMITATION OF LIABILITY & IMPLIED WARRANTIES

By purchasing or using this product, you agree that the sole remedy for damages resulting from the use of this product is the replacement of the item. Cascade Mountain Tech will replace the item within 1 year of the date purchased if the product is returned to the address, postage prepaid, along with the proof of purchase. In no event shall the seller be liable for the incidental or consequential damages. The warranties for merchantability and fitness for a particular use are limited to the use of this product as trekking poles. There are no warranties which extend beyond the description of the face hereof.

REGULAR INSPECTION AND CARE

Before and after each use, it is the user's responsibility to read instructions, understand how to properly use, check to see that the adjustment mechanisms open and close smoothly and are adjusted/tight-ened/tensioned properly.

- Make sure the poles are not damaged, cracked or broken.
- Never put oil or silicon on the pole shafts. This could cause the pole sections to slip during use.
- Should the poles get wet, lengthen the lower shafts and allow them to dry completely before storage.

Any modification to the pole or its parts may result in serious injury or death and voids the warranty.

WARRANTY

Cascade Mountain Tech offers a 1 year limited manufacturer's warranty. This warranty is extended only to the original retail buyer and warrants that our products are free from defects in material and workmanship. We do not warranty for misuse or unintended purposes (skiing, use as tent poles, bending the poles beyond normal tolerances, and other misuses).

For a quick response, please provide the following information to customercare@cascademountaintech.com:

- 1) Proof of Purchase
- 2) Images of your product relating to warranty claim
- 3) Shipping address (US and Canada Only)
- 4) Description of how you were using the product at the time the issue occurred

English Only

Thank you for your purchase!

For videos and more information on how to use your trekking poles, please visit: www.cascademountaintech.com

Cascade Mountain Technologies LLC www.cascademountaintech.com

For Parts and Customer Service: customercare@cascademountaintech.com



MONOPOD TREKKING POLES

AWARNING

To avoid serious personal injury or death, always follow safety procedures supplied by firearm manufacturer.

Use of shooting rest accessory in conjunction with a firearm is for adult use only. Do not place loaded firearm on monopod until familiarized with stability and proper use. Do not adjust monopod height while firearm is resting in shooting rest.

TIPPING/RECOIL HAZARD

The monopod will not stand on its own. User must have full control of both monopod and firearm during use. User must always hold front of firearm when using shooting rest.

FIREARM SAFETY NOTICE

Cascade Mountain Tech Monopod Trekking Poles come with a shooting rest accessory that allows its use with hunting rifles and similar firearms. Firearms should only be used by experienced users with the utmost care. Before handling any firearms, it is the user's responsibility to understand its operation and be knowledgeable of safe handling procedures and local laws. Beware of surroundings and ground conditions. Firearms are dangerous and can cause serious injury or death if they are misused or used inappropriately. Familiarize yourself with the 10 Rules of Safe Gun Handling and more information on gun safety by going to nssf.org/safety.

Cascade Mountain Technologies, LLC is not responsible for consequential damage or injury, unless excluded by state law. Cascade Mountain Technologies, LLC responsibility is limited to value of replacing defective product. Monopod and shooting rest may not be safe for use with all firearm designs.



AWARNING

FALL HAZARD

- Ensure locking mechanisms are properly secured before use
- Do not adjust wet poles; dry before adjusting
- For stability only: Not intended to be weight bearing or used as a mobility device

Only use trekking poles for their intended purpose. Misuse of trekking poles and/or trekking pole components may result in injury or death.

INSTRUCTION MANUAL

IMPORTANT, RETAIN FOR FUTURE REFERENCE: READ CARFFULLY