WARNING_

Always follow provided instructions. Failure to follow instructions and/or incorrect product setup may result in injury or death.

Prior to every use, check that all locks are tight to avoid slippage.

When properly adjusted, your elbow should be at a 90-degree angle with your forearm parallel to the ground.

Trekking poles are recommended for adult use only. Trekking poles provide stability and traction while helping users maintain balance but are not intended to be weight bearing. Do not use trekking poles as a crutch or cane. Take care that trekking poles do not become wedged between rocks or terrain.

Trekking poles are only designed for use when snowshoeing or hiking. They are not designed for downhill skiing, Nordic skiing or skinning.

Hiking and snowshoeing are inherently dangerous activities. Trekking poles are not designed to prevent falls or to remove risks associated with hiking and the outdoors, such as wet or icy surfaces, falls, loose terrain, and other natural features.

USING AND ADJUSTING QUICK LOCK MECHANISM



1. Open quick locks fully (until lever stops) and adjust poles to desired height. Extend the middle and lower sections evenly.



2. Turn thumb screw 1/4 - 1/2 turn clockwise to tighten.



3. Close the quick lock - if tightened correctly, the lock should require firm pressure to close.



4. Test the lock by applying downward pressure on the pole. If the sections collapse/slip, repeat the previous steps.

USING AND ADJUSTING TWIST LOCK MECHANISM.



Twist pole sections counter-clockwise to loosen, and adjust to desired height. Extend the middle and lower sections evenly.



When at desired height, twist pole sections clockwise until tight. Test the lock by applying downward pressure on the pole. If the sections collapse/slip, repeat the previous steps.

ACCESSORIES - TIPS AND BASKETS_

Cascade Mountain Tech trekking poles all come equipped with a rugged tungsten carbide tip that is suitable for all surfaces and ground conditions. Your Cascade Mountain Tech trekking poles may come with some or all of the following tips and accessories. Additional accessories may be purchased at www.cascademountaintech.com.

Attach rubber tips and boot tips by fitting them over the carbide tip and pressing until they are firmly attached to the trekking pole tip. Remove by wiggling them until they detach from the tip.

Remove rubber tip or boot tip, if attached, before attempting to attach baskets. Attach mud basket and snow basket by fitting tip of trekking pole into hole at center of basket. Twist basket over threads clockwise on trekking pole tip until firmly attached. You may still be able to spin basket even when it is firmly attached to the trekking pole. Remove baskets by twisting counter-clockwise.



TUNGSTEN CARBIDE

General use tip suitable for all surfaces and ground conditions.



RUBBER TIP
REMOVE BEFORE USE.
Protects trekking pole
tip while in storage.



BOOT TIP

For hard or delicate surfaces, indoor use and Nordic walking.



MUD BASKET

For mud, sand, hard-packed snow and other soft surfaces.



SNOW BASKET

For general use in snow and while snowshoeing.



DISCLAIMER

Cascade Mountain Tech shall not be liable for any damages arising out of or as a result of the use of this product for any purpose other than that for which it is clearly intended. By using this product, you acknowledge and accept the safety instructions and disclaimer provided.

LIMITATION OF LIABILITY & IMPLIED WARRANTIES

By purchasing or using this product, you agree that the sole remedy for damages resulting from the use of this product is the replacement of the item. Cascade Mountain Tech will replace the item within 1 year of the date purchased if the product is returned to the address, postage prepaid, along with the proof of purchase. In no event shall the seller be liable for the incidental or consequential damages. The warranties for merchantability and fitness for a particular use are limited to the use of this product as trekking poles. There are no warranties which extend beyond the description of the face hereof.

REGULAR INSPECTION AND CARE

Before and after each use, it is the user's responsibility to read instructions, understand how to properly use, check to see that the adjustment mechanisms open and close smoothly and are adjusted/tight-ened/tensioned properly.

- Make sure the poles are not damaged, cracked or broken.
- Never put oil or silicon on the pole shafts. This could cause the pole sections to slip during use.
- Should the poles get wet, lengthen the lower shafts and allow them to dry completely before storage.

Any modification to the pole or its parts may result in serious injury or death and voids the warranty.

WARRANTY

Cascade Mountain Tech offers a 1 year limited manufacturer's warranty. This warranty is extended only to the original retail buyer and warrants that our products are free from defects in material and workmanship. We do not warranty for misuse or unintended purposes (skiing, use as tent poles, bending the poles beyond normal tolerances, and other misuses).

For a quick response, please provide the following information to customercare@cascademountaintech.com:

- 1) Proof of Purchase
- 2) Images of your product relating to warranty claim
- 3) Shipping address (US and Canada Only)
- 4) Description of how you were using the product at the time the issue occurred

English Only

Thank you for your purchase!

For videos and more information on how to use your trekking poles, please visit: www.cascademountaintech.com

Cascade Mountain Technologies LLC www.cascademountaintech.com

For Parts and Customer Service: customercare@cascademountaintech.com

MADE IN CHINA



QUICK LOCK and TWIST LOCK TREKKING POLES



AWARNING

FALL HAZARD

- Ensure locking mechanisms are properly secured before use
- · Do not adjust wet poles; dry before adjusting
- For stability only: Not intended to be weight bearing or used as a mobility device

Only use trekking poles for their intended purpose. Misuse of trekking poles and/or trekking pole components may result in injury or death.



INSTRUCTION MANUAL

IMPORTANT, RETAIN FOR FUTURE REFERENCE:
READ CAREFULLY