

Monthly Theme:

God knows what's best for me

Monthly Memory Verse:

"God's way is perfect. The word of the Lord doesn't have any flaws."

Psalm 18:30

This Week's Focus:

God gives Adam and Eve a rule to follow because He knows what's best for them, but they disobey Him and have to leave the beautiful garden home God created for them.

Genesis 3

This Week's Lesson Flow:

1. ENGAGE Activity
 - Red Light, Green Light
2. DISCOVER Time
 - Worship songs: Shout, Praise the Lord
 - Bible story: Adam & Eve Disobey God
3. CONNECT Activity
 - Watercolor Garden

Engage: (get kids excited to interact and learn together!)

Red Light, Green Light

SUPPLIES

- chair
- 2-3 small balls

ENGAGE

Invite your kids to join you in the middle of the room. Gather a few small balls and put them on a chair, pretend the balls are fruit and the chair is a tree. Stand by the chair and have the kids stand a little ways away. Face them and say, "God said: 'Don't eat the fruit!'" and then turn around. While you are turned around, the kids will try and sneak up to the fruit. Jump around again and say, "God said: 'Don't eat the fruit!'" When you do this they have to freeze. Once they get to the "fruit" you chase them out of the "garden." Continue playing the game as long as the kids are interested. **That was so much fun! I like the way you followed directions. Sometimes it's hard to follow directions and do the right thing. In today's Bible story, God gives some directions to two people. Let's get ready to hear what happens!**

Discover: (teach kids who God is & learn Bible verses together!)

Worship Songs:

"Shout" song with Mrs. Mandy

"Praise the Lord" song with Mrs. Mandy

Resources for teaching this Bible lesson

This lesson is from Genesis 3 – Try to find this story in a children's Bible, retell it from your Bible to them, or watch the Bible story video below.

Memory Verse & Bible Story with Mrs. Jenn

"Adam and Eve Sin" Animated Video

Here are some Bible books that have this story:

The Read and Share Bible

The Beginner's Bible

The Jesus Storybook Bible

Why this Bible lesson matters: Adam and Eve (and all people) were created in the image of God and this made them different from any other part of God's creation because they were able to have a relationship with God. He put Adam and Eve in a beautiful garden with all they needed and much more! They could eat from any tree in the whole garden except for just one specific tree. God gave them a rule to follow because He knew what's best for them, but they disobeyed Him and had to leave the beautiful garden home God created for them. Adam and Eve's relationship with God was broken because of their disobedience and their sinful hearts. God is loving and He WANTS to have a relationship with us, BUT because we have a sinful heart too we are separated from Him (Sin = anything we think, say or do that disobeys or displeases God). There is nothing we can do on our own to take away the separation and become friends with God again. So God, in His amazing love and grace toward us, sent Jesus to make a way for our sinful hearts to be made clean. Jesus died on the cross for our sins and rose again three days later. He now lives in heaven, and if we believe that He did this for us, then we can have a relationship with God and live forever with Him in heaven someday. Because of God's great love, we can be sure that He knows what's best for us, and we can show that we trust Him by obeying what He says!

Connect: (reinforce learning the Bible truth with a fun activity!)

Watercolor Garden

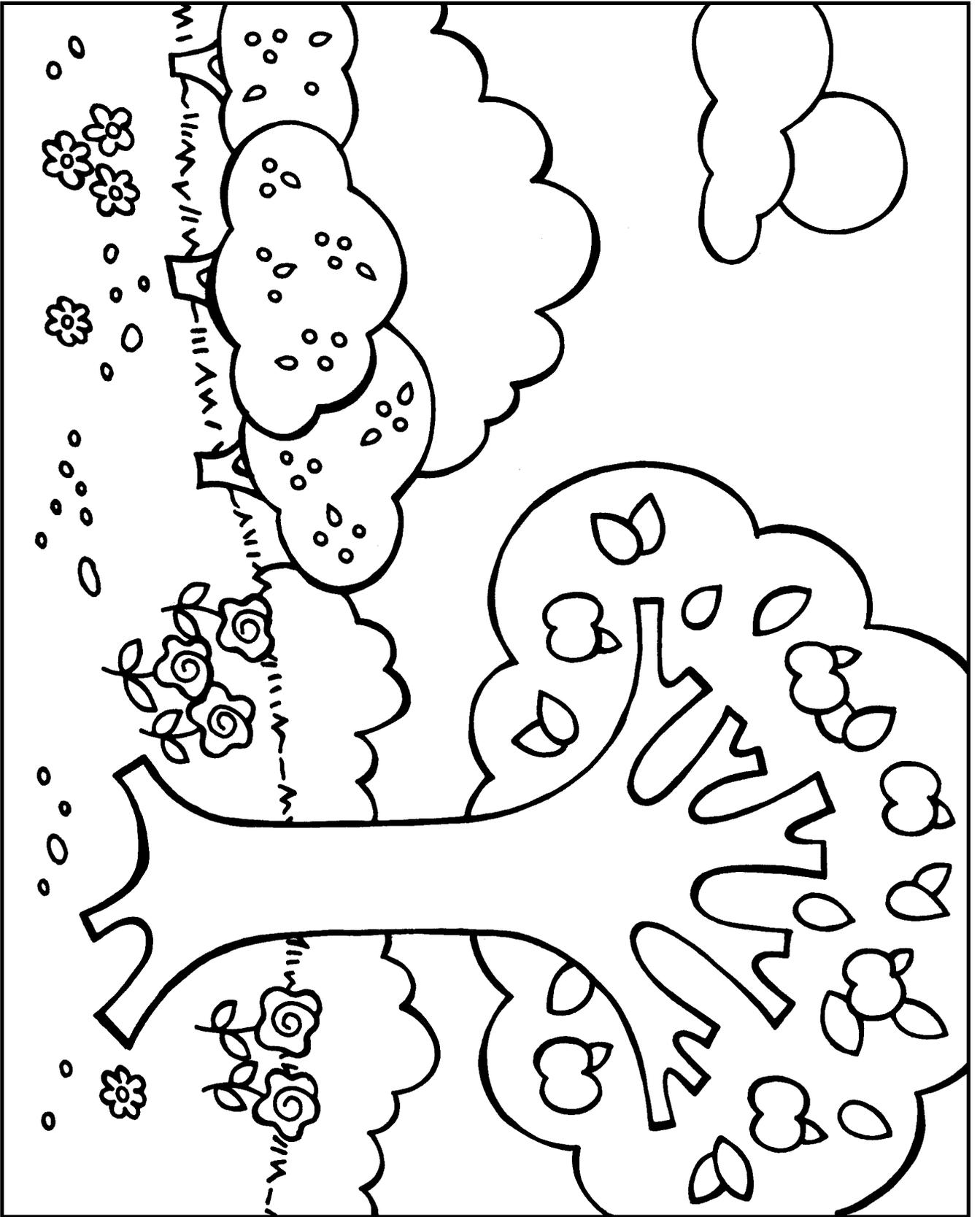
SUPPLIES

- "Watercolor Garden", printed on paper (printout included at end of lesson)
- Watercolor paints, other paints, markers or crayons
- Paintbrushes or Q-tips (if using paint)

- Small cup of water (to dip brushes or Q-tips in)

ENGAGE

Invite your kids to join you at the table and give them each a Watercolor Garden page. Make sure paints, paintbrushes/Q-tips and cups of water (or markers/crayons if not using paint) are in the middle of the tables. Have kids paint/color their garden pictures. As they are working, review the Bible story with the kids. **In today's Bible story God had a rule for Adam and Eve to follow. What was the rule?** Let kids respond. **That's right! God told Adam and Eve not to eat from one certain tree in the garden. They could eat from ANY other tree they wanted to, except just that one. What did Adam and Eve do? Did they obey God's rule?** Let kids respond. **No, they didn't obey God's rule. God knew what was best for them, but they didn't think He did and so they made the wrong choice. Did Adam and Eve get to stay in the garden where they lived?** Let kids respond. **No! They disobeyed God and had to leave the beautiful garden that God had created for them. That was very sad. God knew what was best for Adam and Eve, and He knows what's best for us too! We need to follow God's rules and obey Him because He loves us very much!**



I should always do what God says.

Adam and Eve • Genesis 3:1-24