

Sharing Your Story

You have a unique story of how you came to know and follow Jesus. Your story is one of the most powerful tools you have for helping other people find and follow Jesus as well. As you begin to let people know that you are following Jesus, simply ask, “Can I share with you the story of my spiritual journey?” Those who are interested in spiritual things are likely to demonstrate their interest in one way or another (asking questions, making a comment) and that often provides an open door to share your story.

How to Begin

Write out your thoughts on the following topics and questions. These ideas will help you share the story of your spiritual journey, sometimes called your “testimony.”

My Life Before Jesus

My life revolved around _____, and I found my identity, happiness and security from _____. Use an example from your personal life here. For instance, did your security come from money, your relationships, etc.?

How did this disappoint me? How was this unfulfilling? How did I come to realize this?

What was I struggling with (if anything) just before I believed in Jesus?

Note: Some people trusted Jesus when they were very young, and don't have clear memories of the time before they knew Him. If that is you, simply share this as part of your story.

How I First Believed in Jesus

This part of your story is where you came to a transition in your life.

When and how did I first hear about Jesus?

What did I learn about the life He offers all who believe in Him?

When and why did my perspective about Jesus begin to change?

Why did I decide to believe in Jesus?

Note: Some of us may be able to point to specific times or circumstances regarding how or when we believed. For others of us, we can only point to a time period or gradual understanding. Both are great. Everyone's story is significant and the biggest point is that you now believe in Jesus.

My Life Since I First Believed in Jesus

How is my life different now? List some specific changes in your character, attitude, and perspective on life.

How am I motivated differently now? What do I live for now?

How do I experience God now?

Bring it All Together

Think about your answers to the questions above, and ask yourself the following:

Is this a continuous story that makes sense?

Are there any consistent themes in my story?

Can I share my story in 3-4 minutes?

Was I clear about what I believed about Jesus?

