As our Father in heaven, God loves it when we bring our requests to him. With the well-known words, “Give us this day our daily bread,” Jesus invites us to place our trust fully in Christ as we depend on him to provide us with everything that we need.

Discussion Questions:

1. Jesus teaches us that it is good to ask God for things. What kind of things do you tend to ask God for? Are there certain things you are afraid to ask him for?

2. Is there a time when you asked God for something that you wanted, but he gave you something that you needed instead?

3. In what areas of life are you currently depending on yourself rather than on God? What would it looks like to step out in faith and place your dependence on God?

4. What is one practical way that you could help meet the needs of someone around you this week?