

For the week of February 12, 2023  
Preacher: Scott Grant

# **I Stretch Out My Hands To You**

**17th week in the series: Exodus: Journey to Freedom**

**Exodus 20:22 – 23:19**

We were born with spiritual thirst. Spend a few minutes alone without doing anything, and you'll probably feel it. What do we do with it?

## **Discussion Questions:**

1. Describe a time in your life when you feel that God showed up?
2. When God shows up in your life, what do you think you could do, or what have you done, to memorialize the experience?
3. How would you describe the current spiritual rhythm in your life—e.g., what do you do on a regular basis and when do you do it (worship services, personal time, Bible studies, retreats, etc.).
4. Are there any changes you think you should make (e.g., adjustments, additions, subtractions) to your current rhythm? If so, what?