

“Stretch Out Your Hand”

Passage: Luke 6:1-11 | From the series: Luke

Preacher: Cormac Parker Jr.

Date: For the week of 3/8/26

A debate in the fields. A showdown in the synagogue. A bold claim from Jesus. What does this have to do with being restored?

Discussion Questions:

1. The Pharisees knew the Sabbath well, but missed its purpose.
Where might we be “majoring on the minor” in our faith?
2. What keeps you from resting ?
3. Where might we confuse tradition with truth?
4. Have you ever been “right” but miss the heart of what God was doing?
5. What would it look like for your household to practice Sabbath in a way that reflects trust, not pressure?