North Cobb Senior Center
Ongoing Activities for Adults age 55 +
Call 770-975-7740 for details

DAILY
8:30am - 4:30pm  Library
8:30am - 4:30pm  Puzzles

MONDAYS
9:00am - 10:00am  Focus on Fitness
9:00am - 11:00am  Woodcarvers
10:00am - 11:00am  Strength Training
10:00am -  3:00pm  Art Lovers
11:00am - 12:30pm  Garden Club (1st Mon)
11:00am -  1:00pm  Table Tennis
11:30am - 12:30pm  Hiking Club planning meeting (Jan.9, May 1, Aug.28)
12:30pm -  4:00pm  Open Bridge

TUESDAYS
9:30am - 10:30am  Focus on Fitness
10:00am - 12:00pm  Color Me Calm (2nd & 4th Tues.)
12:00pm -  4:00pm  Mexican Train Dominoes
1:00pm -  3:00pm  Sew & So’s

WEDNESDAYS
9:00am - 12:00pm  Art Lovers
9:30am - 12:00pm  Photography Club (1st Wed)
9:30am - 12:30pm  Rook
12:30pm -  4:00pm  Open Bridge
12:30pm -  4:00pm  Hand & Foot

THURSDAYS
8:30am -  9:30am  Strength Training
9:30am -    Walking Club
9:30am - 10:30am  Focus on Fitness
9:30am - 11:30pm  Crochet Group (1st & 3rd Thurs)
10:45am - 12:45pm  Table Tennis
10:00am -  4:00pm  Pinochle

FRIDAYS
8:30am -    Hiking Club
9:00am -  2:00pm  Art Lovers
9:30am - 12:30am  Mah Jongg
9:30am -    Walking Club
11:00am -12:30pm  Book Lovers (1st Fri.)

(1/2017)