



*Cobb County...Expect the Best!*

# North Cobb Senior Center

Ongoing Activities for Adults age 55 +  
Call 770-975-7740 for details

## **DAILY**

8:30am - 4:30pm Library  
8:30am - 4:30pm Puzzles

## **MONDAYS**

9:00am - 10:00am Focus on Fitness  
9:00am - 11:00am Woodcarvers  
10:00am - 11:00am Strength Training  
10:00am - 3:00pm Art Lovers  
11:00am - 12:30pm Garden Club (1<sup>st</sup> Mon)  
11:00am - 1:00pm Table Tennis  
11:30am - 12:30pm Hiking Club planning meeting (Jan.9, May 1, Aug.28)  
12:30pm - 4:00pm Open Bridge

## **TUESDAYS**

9:30am - 10:30am Focus on Fitness  
10:00am - 12:00pm Color Me Calm (2<sup>nd</sup> & 4<sup>th</sup> Tues.)  
12:00pm - 4:00pm Mexican Train Dominoes  
1:00pm - 3:00pm Sew & So's

## **WEDNESDAYS**

9:00am - 12:00pm Art Lovers  
9:30am - 12:00pm Photography Club (1<sup>st</sup> Wed)  
9:30am - 12:30pm Rook  
12:30pm - 4:00pm Open Bridge  
12:30pm - 4:00pm Hand & Foot

## **THURSDAYS**

8:30am - 9:30am Strength Training  
9:30am - Walking Club  
9:30am - 10:30am Focus on Fitness  
9:30am - 11:30pm Crochet Group (1<sup>st</sup> & 3<sup>rd</sup> Thurs)  
10:45am - 12:45pm Table Tennis  
10:00am - 4:00pm Pinochle

## **FRIDAYS**

8:30am - Hiking Club  
9:00am - 2:00pm Art Lovers  
9:30am - 12:30am Mah Jongg  
9:30am - Walking Club  
11:00am - 12:30pm Book Lovers (1<sup>st</sup> Fri.)

(1/2017)