



Cobb PAL

*WORKING TO PROVIDE A POSITIVE ENVIRONMENT FOR THE
YOUTH OF COBB COUNTY TO INTERACT WITH POLICE*

GET TO KNOW YOUR PAL!

ADDRESSING THE NEEDS OF THE COMMUNITY BY FOCUSING ON CRIME PREVENTION
THROUGH ATHLETIC AND RECREATIONAL ACTIVITIES

Established in 2011, the Cobb PAL program has grown to serve over 500 children and youth in communities throughout Cobb County. Starting with a track program in 2011 serving 75 children and youth, the Cobb PAL track team has continued to grow and participates annually in the USATF National Track Meet.

Cobb PAL now offers full-time programs in Track, Martial Arts, Stepping, Mentoring and, beginning in July of this year, Boxing. The Mentoring Program is active at Austell Elementary as well as Lindley and J. J. Daniell Middle Schools,

with expansion to additional schools planned. Registration for PAL programs is open to the public for children between the ages of four and eighteen.

In addition to the ongoing full-time programs, PAL also sponsors and conducts numerous annual sports workshops, camps and field events during the year. With Soccer, Baseball and Football camps, Midnight Basketball, Special Needs Field Days, and special Christmas programs, PAL is active year-round in the community.

Cobb PAL seeks financial support through grants and donations, as well as

fundraising events such as the upcoming United for Youth 5K.

Cobb County employees volunteer to staff the programs and activities of PAL. We want you to get to know these volunteers – and just what they do to help PAL continue to be a vital and growing part of our community and the lives of the young people they touch.

So – check out the “Spotlight” in this and future Newsletters to learn about these special individuals. And volunteers are always needed – YOU could be in the next volunteer spotlight! Step up to PAL -- it’s fun and rewarding!

Cobb PAL United for Youth 5K
8:00 a.m. Saturday, April 13
Green Meadows Preserve
3780 Dallas Highway, Marietta, GA
To Register:

<https://runsignup.com/Race/GA/Marietta/PAL5K>

20% Off Registration Using Code: NEWS2019



JOIN THE FUN!! BECOME A PAL VOLUNTEER!!

Contact: alicia.hicks@cobbcounty.org



IN THE SPOTLIGHT

PAL Volunteers are from many backgrounds and are active in a number of on-the-job and outside activities. Each quarter two wonderful volunteers are highlighted!

Cayla Coleman

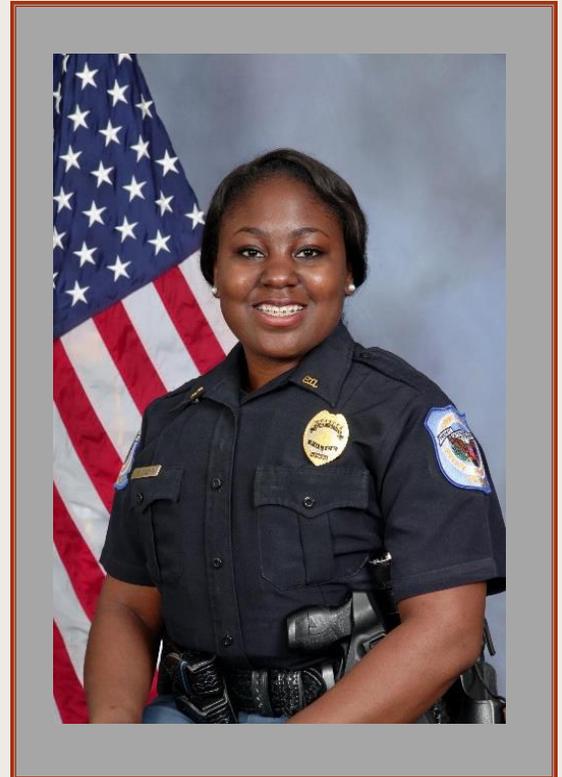
This quarter's Spotlight is on Cayla Coleman. She is a native of Adel, GA who received her Associate of Science and her Bachelor of Science both in Criminal Justice. Currently she is working on completing her Master of Science in Organizational Leadership and is set to graduate this Summer.

Cayla is a detective for the Cobb County Police Department and when she's not in uniform she enjoys shopping, going to the movies and traveling.

Detective Coleman has been a mentor at Lindley Middle School since its inception in 2017. When asked why she chose mentoring, her response, "It affords me the opportunity to enhance my communication and leadership skills while sharing my experiences and knowledge with my mentees."

When asked, the children responded with comments like "She makes it a point to listen," "She makes my words feel important," "She's cool," "She's extremely nice and does different things," and "She's funny."

Cayla Coleman is a shining example of what a mentor should look like and this is why she's our first mentor spotlight.



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Lennox Clark

Our second spotlight this quarter is on Sergeant Lennox Clark. Lennox was born in Savannah, GA and is a graduate of The Citadel (class of 1995).

Sergeant Clark has served as a police officer for 20 years; eight of those years were in his hometown of Savannah. He has been with the Cobb County Police Department for 12 years, and is currently a Sergeant in the Ranger Unit. He is the father of two sons and when not in uniform, enjoys coaching, football and soccer.

Sergeant Clark has volunteered in the full-time track program since its inception in 2011. After eight years of coaching track for PAL youth, he has several very clear motivations for his involvement. As he states, “I enjoy being a part of the growth of the athletes, being a part of their lives, teaching them life lessons, watching them mature and having a true lasting impact on the community.”

Plus, as he states, his reason for choosing law enforcement was because he “always wanted to be Batman, so police was the next best thing.” What better way to become a true “super-hero” than to permanently impact the lives of young boys and girls in our community!

Thank you Sergeant Clark – we’re sure your “track kids” thank you too!



UPCOMING EVENTS

Green Meadows
Preserve
3780 Dallas Hwy.
Marietta, GA

8:00 am
Rain or Shine

Wear Your Favorite
Team Attire!
Prize for "Best
Dressed"

Awards in all
Age Groups

Music
Food
Tot Trot

Cobb PAL United for Youth 5K
SATURDAY, APRIL 13 – 8:00 AM



<https://runsignup.com/Race/GA/Marietta/PAL5K>

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All runners receive
a commemorative
performance tech
short sleeve t-shirt

All Proceeds Support Cobb PAL Programs

COBB PAL MIDNIGHT BASKETBALL

FREE

BOYS AGES 13-17
EVERY FRIDAY & SATURDAY
APRIL 26 - MAY 18
8PM-11PM



South Cobb
Recreation
Center

875 SIX FLAGS DRIVE

AUSTELL, GA 30168

REGISTER @ WWW.COBBCOUNTY.ORG/PAL

Register now at www.cobbcounty.org/PAL OR
<https://form.jotform.com/CobbPAL/2019-cobb-pal-midnight-basketball>

COMING
FRIDAY, SEPTEMBER 13

POLICE VS FIRE

**CHARITY
BOXING**

PRESENTED BY COBB POLICE ATHLETIC LEAGUE

Cobb Police Officers and Firefighters; Law Enforcement
Officers & First Responders from Surrounding Municipalities



Venue:
The Coca-Cola Roxy
At
SunTrust Park



Look for more details in upcoming PAL Newsletters