

Pre School

Fall 2 Session October 14 - December 19 Registration begins Oct0ber 1, @ 10:00 AM

**No
Class**

Thursday - October 31 Halloween
Monday - Saturday November 25 - 30
Last Friday and Saturday Classes Nov 22-23

**Non-County Resident Fee is an additional
50% of class fee**

Tumble Tots: 2 - 3.5 yrs 30 mins

Must be 2 at the start of class

Each child must have one adult to accompany them in class. No siblings are allowed in the class without a second adult. Children participate in fun locomotor, exploratory, and gymnastics

Day	Time	Class Code	Duration	Fee
Monday	10:00 -10:30	11745	9 weeks	\$45.00
Thursday	10:00 - 10:30	11746	8 weeks	\$40.00
Saturday	9:15- 9:45	11743	6 weeks	\$30.00
Saturday	10:00-10:30	11744	6 weeks	\$30.00

Tumble Kids: 4 yrs 45 mins

***Must be 4 by Nov 16 ***

Day	Time	Class Code	Duration	Fee
Monday	3:30	11757	9 weeks	\$72.00
Monday	4:30	11755	9 weeks	\$72.00
Monday	6:30	11756	9 weeks	\$72.00
Tuesday	4:30	11760	9 weeks	\$72.00
Tuesday	6:30	11762	9 weeks	\$72.00
Wednesday	4:30	11763	9 weeks	\$72.00
Wednesday	5:30	11764	9 weeks	\$72.00
Thursday	10:45	11777	8 weeks	\$64.00
Thursday	5:30	11765	8 weeks	\$64.00
Saturday	9:45	11747	6 weeks	\$48.00
Saturday	11:15	11748	6 weeks	\$48.00

Tumble Kids Gymnastics are age group classes for 3, 4 and 5 year olds; children develop loco-motor, social, and listening skills through a variety of fun gymnastics activities.

Tumble Kids: 3 yrs 45 mins

Must be 3 at the start of class.

Day	Time	Class Code	Duration	Fee
Monday	5:30	11758	9 weeks	\$72.00
Tuesday	10:00	11766	9 weeks	\$72.00
Tuesday	3:30	11767	9 weeks	\$72.00
Tuesday	5:30	11761	9 weeks	\$72.00
Thursday	4:30	11768	8 weeks	\$64.00
Saturday	9:00	11749	6 weeks	\$48.00
Saturday	10:30	11750	6 weeks	\$48.00

Tumble Kids: 5yrs 45 mins

Must be 5 by Nov 16

Day	Time	Class Code	Duration	Fee
Monday	5:30	11754	9 weeks	\$72.00
Monday	6:30	11759	9 weeks	\$72.00
Tuesday	3:30	11769	9 weeks	\$72.00
Tuesday	4:30	11770	9 weeks	\$72.00
Tuesday	6:30	11771	9 weeks	\$72.00
Wednesday	4:30	11772	9 weeks	\$72.00
Wednesday	6:30	11773	9 weeks	\$72.00
Thursday	3:30	11774	8 weeks	\$64.00
Thursday	4:30	11775	8 weeks	\$64.00
Thursday	5:30	11776	8 weeks	\$64.00
Saturday	9:15	11753	6 weeks	\$48.00
Saturday	10:15	11751	6 weeks	\$48.00
Saturday	11:15	11752	6 weeks	\$48.00

Girls Classes

Fall 2 Session October 14 - December 19 Registration begins October 1, @ 10:00 AM

**No
Class**

Thursday - October 31 Halloween
Monday - Saturday November 25 - 30
Last Friday and Saturday Classes Nov 22-23

**Non-County Resident Fee
is an additional 50% of class fee**

Girls- Level 1

Girls Level 1 introduces beginner level skills on all pieces of apparatus. skill include rolls and handstands on floor, wals and changes of level on balance beam, supports and casts on uneven bars, and running, and board drills on vault. Girls must 6 year olds by November 16,

Girls - Level 1 - 6+ yrs - 55 mins

Day	Time	Class Code	Duration	Fee
Monday	4:30	11788	9 weeks	\$90.00
	6:30	11789	9 weeks	\$90.00
Tuesday	4:30	11799	9 weeks	\$90.00
	5:30	11797	9	\$90.00
	6:30	11798	9	\$90.00
Wednesday	4:30	11805	9 weeks	\$90.00
	5:30	11806	9	\$90.00
Thursday	4:30	11810	8 weeks	\$80.00
	6:30	11809	8 weeks	\$80.00
Friday	4:30	11786	6 weeks	\$60.00
Saturday	10:15	11780	6 weeks	\$60.00
	1:45	11781	6	\$60.00

Girls - Level 1 - 6-8 yrs - 55 mins

Day	Time	Class Code	Duration	Fee
Tuesday	3:30	11796	9 weeks	\$90.00
Wednesday	3:30	11804	9	\$90.00
Saturday	9:15	11779	6 weeks	\$60.00

Girls - Level 1 - 9+ yrs - 55 mins

Day	Time	Class Code	Duration	Fee
Thursday	5:30	11811	8 weeks	\$80.00

Girls- Level 2

Students must have passed the requirements of the previous level or been evaluated for this level if new to the program. This class continues beginner level skills on all pieces of apparatus. Skills include handstands and cartwheels on floor, leaps, jumps, and locomotor movements on balance beam, back hip circles on uneven bars, and running & board drills on vault

Girls - Level 2 - 6+ yrs - 55 mins

Day	Time	Class Code	Duration	Fee
Monday	4:30	11790	9 weeks	\$90.00
Tuesday	5:30	11800	9 weeks	\$90.00
	6:30	11801	9 weeks	\$90.00
Wednesday	6:30	11808	9 weeks	\$90.00
Thursday	3:30	11795	8 weeks	\$80.00
	4:30	11812	8 weeks	\$80.00
	5:30	11813	8 weeks	\$80.00
Saturday	10:45	11782	6 weeks	\$60.00
	12:45	11783	6 weeks	\$60.00

Girls - Level 2 - 6-8 yrs - 55 mins

Day	Time	Class Code	Duration	Fee
Wednesday	3:30	11807	9 weeks	\$90.00

Girls - Level 2 - 9+ yrs - 55 mins

Day	Time	Class Code	Duration	Fee
Thursday	6:30	11814	8 weeks	\$80.00

Girls Classes

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**No
Class**

Thursday - October 31 Halloween
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Girls - Level 3 - 6+ yrs - 55 mins

Students must have passed the requirements of the previous level or been evaluated for this level if new to the program. This class introduces higher beginner and intermediate level skills on all pieces of apparatus. Skills include round-offs and walkovers on floor, mounts, dismounts, and turns on balance beam, strength moves and squat on on uneven bars, and body position drills

Day	Time	Class Code	Duration	Fee
Monday	5:30	11791	9 weeks	\$90.00
Tuesday	4:30	11803	9 weeks	\$90.00
Tuesday	5:30	11802	9 weeks	\$90.00
Thursday	6:30	11815	8 weeks	\$80.00
Friday	5:30	11787	6 weeks	\$60.00
Saturday	11:15	11784	6 weeks	\$60.00

Girls Level 5 6+ yrs 2 hrs

For girls ages 6 & older. Students must have passed the requirements of the previous level or been evaluated for this level if new to the program.

**This class is not available for online registration
please contact 770 528 8475 and our staff will**

Day	Time	Class Code	Duration	Fee
Thursday	6:30	11826	8 weeks	\$112.00

Girls Level 4- 6+ yrs 1.5 hrs

Students must have passed the requirements of the previous level or been evaluated for this level if new to the program. This class continues intermediate level skills on all pieces of apparatus. Skills include walkovers & handsprings on floor, leaps, jumps, & turns on balance beam, front hip circles on uneven bars,

Day	Time	Class Code	Duration	Fee
Monday	6:30	11824	9 weeks	\$108.00
Wednesday	5:30	11825	9 weeks	\$108.00

Boys Classes

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**No
Class**

Thursday - October 31 Halloween
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Boys - Level 1 - 6+ yrs - 55 mins

For boys ages 6 and older. This class introduces beginner level skills on all pieces of apparatus. Skills include rolls & handstands on floor, basic supports, swings, hangs, and casts on pommel horse, high bar, parallel bars, and rings.

Day	Time	Class Code	Duration	Fee
Monday	4:30	11792	9 weeks	\$90.00
Tuesday	4:30	11820	9 weeks	\$90.00
Tuesday	6:30	11831	9 weeks	\$90.00
Thursday	5:30	11816	8 weeks	\$80.00
Saturday	12:45	11785	6 weeks	\$60.00

Boys - Level 2 - 6+ yrs - 55 mins

For boys ages 6 and older. Students must have passed the requirements of the previous level or been evaluated for this level if new to the program. This class continues beginner level skills on all pieces of apparatus. Skill include handstands and cartwheels on floor, supports, swings, hangs, and casts on pommel horse, high bar, parallel bars, and rings.

Day	Time	Class Code	Duration	Fee
Monday	5:30	11794	9 weeks	\$90.00
Thursday	4:30	11817	8 weeks	\$80.00

Boys - Level 3 - 6+ yrs - 55 mins

For boys ages 6 and older. Students must have passed the requirements from boys level 2 and have been recommended to level 3 or have been evaluated for this level if new to the program. This class introduces intermediate level skills on all pieces of apparatus.

Day	Time	Class Code	Duration	Fee
Tuesday	5:30	11821	9 weeks	\$90.00
Thursday	4:30	11818	8 weeks	\$80.00

Boys - Level 4 -5 6+ yrs - 55 mins

Students must have passed the requirements from level 3 or been evaluated for this level if new to the program. This class continues intermediate and advanced level skills on all pieces of apparatus. **Classes 55 minutes**

Day	Time	Class Code	Duration	Fee
Thursday	6:30	11819	8 weeks	\$80.00

Cheer Gym Classes

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**No
Class**

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For girls and boys, this class focuses on the beginning tumbling skills and jumps used in cheerleading. Students also work on balance, jumping and landing from heights. **Classes are 55 minutes.**

Cheer Gym - Beginner - 6-9 yrs

Day	Time	Class Code	Duration	Fee
Wednesday	5:30	11822	9 weeks	\$90.00

Cheer Gym Intermediate/ Advanced- 6+ yrs - 55 mins

Day	Time	Class Code	Duration	Fee
Wednesday	6:30	11823	9 weeks	\$90.00

Pullover and Conditioning

One of the most difficult skills for an entry level gymnast is the pullover on bars. Pullovers combine upper body strength and coordination. This 30 minute class will focus specifically on drills and strengthening to achieve the pullover.

Adult Class

The adult gymnastics class will build your strength, flexibility, and balance in a fun atmosphere. This go-at-your-own-pace class provides the opportunity to try out all four events and improve your fitness level. Expect a fun and challenging workout for the former gymnast or any adult that wants to experience an exciting way to workout. Feel great and impress your friends. **Classes are 55 minutes.**

Adult Class - 16+ yrs

Day	Time	Class Code	Duration	Fee
Monday	7:30	11793	9 weeks	\$90.00