

# Central Aquatic Center

## Summer 2020 Limited Reopening Lane Schedule

### August 2<sup>nd</sup> – September 5<sup>th</sup>

#### Lap Pool Schedule

Monday-Friday: 6:00am-5:00pm

Lanes 1, 3, 5 are available for reservation online.  
Lanes 2, 4, 6, 7, 8, 9, 10 are available for walk-in use.

Saturday: 9:00am-1:00pm

Lanes 1, 3, 5 are available for reservation online.  
Lanes 2, 4, 6, 7, 8, 9, 10 are available for walk-in use.

#### Instructional Pool Schedule

Lanes 1-5 are available for walk-in use:

Mon/Wed/Fri: 6:00-8:30am & 2:00-5:00pm

Tues/Thurs: 6:00am-10:00am & 2:00-5:00pm

Saturday: 9:00am-1:00pm

#### Water Aerobics Classes

*Classes will be restricted to nine (9) participants.*

*First-come, first-serve*

Mon/Wed/Fri: 9:00-9:55am

Mon/Wed/Fri: 10:00-10:55am

#### Weight Room

Monday-Friday: 6:00am-4:30pm

Saturday: 9:00am-12:30pm

Only two (2) patrons are allowed in the weight room at one time

First-come, First-serve basis

Workouts are limited to one (1) hour

- Lap lanes 1, 3, 5 are available for reservation online only at [CobbPARKS.org](http://CobbPARKS.org) (follow the link to "Set up an account online for lessons or memberships.")
- Lanes in both pools are available for one hour.
- Only one person per lane will be allowed.
- Walk-in lanes are available on a first-come, first-serve basis for one hour of use.
- Please come in your swimsuit ready to swim! Locker rooms are available for restroom use only.
- Showers are available for use, however please consider showering at home.
- Lockers are not available for use. Please plan to bring your personal items to the pool deck.
- Masks are encouraged!
- Please call the front desk at 770-528-8465 with any question