

# Girls Classes

Fall 2 2020 - October 5 - December 17

**Fall 2  
2020**

Age Control Date - Students must  
6 years on or before Oct 22, 2020  
No Class - Mon. Nov 23 - Thur. Nov 26  
Thanksgiving Week

**Non-County Resident Fee  
is an additional 50% of class fee**

## Girls- Level 1 - 55 mins

**Girls Level 1** introduces beginner level skills on all pieces of apparatus. skill include rolls and handstands on floor, wals and changes of level on balance beam, supports and casts on uneven bars, and running, and board drills on vault.

Day	Time	Class Code	Duration	Fee
Monday	4:00	18949	10 weeks	\$100.00
Tuesday	4:00	18960	10 weeks	\$100.00
	5:15	18958	10 weeks	\$100.00
	6:30	18959	10 weeks	\$100.00
Wednesda'	4:00	18964	10 weeks	\$100.00
Thursday	3:00	18973	10 weeks	\$100.00
	4:00	18955	10 weeks	\$100.00
Saturday	10:15	18944	7 weeks	\$70.00
	11:30	18947	7 weeks	\$70.00

## Girls- Level 2 - 55 mins

Students must have passed the requirements of the previous level or been evaluated for this level if new to the program. This class continues beginner level skills on all pieces of apparatus. Skills include handstands and cartwheels on floor, leaps, jumps, and locomotor movements on balance beam, back hip circles on uneven bars, and running & board drills on vault.

Day	Time	Class Code	Duration	Fee
Monday	4:00	18950	10 weeks	\$100.00
Tuesday	5:15	18961	10 weeks	\$100.00
	6:30	18962	10 weeks	\$100.00
Wednesda'	6:30	18965	10 weeks	\$100.00
Thursday	3:00	18974	10 weeks	\$100.00
	4:00	18956	10 weeks	\$100.00
	5:15	18957	10 weeks	\$100.00
Saturday	10:15	18945	7 weeks	\$70.00
	11:30	18954	7 weeks	\$70.00

## Girls - Level 3 - 6+ yrs - 55 mins

Students must have passed the requirements of the previous level or been evaluated for this level if new to the program. This class introduces higher beginner and intermediate level skills on all pieces of apparatus. Skills include round-offs and walkovers on floor, mounts, dismounts, and turns on balance beam, strength moves and squat on on uneven bars, and body position drills on vault.

Day	Time	Class Code	Duration	Fee
Monday	5:15	18951	10 weeks	\$100.00
Tuesday	4:00	18963	10 weeks	\$100.00
Saturday	11:30	18946	7 weeks	\$70.00

## Girls - Level 4 - 1.5 hours

Students must have passed the requirements of the previous level or been evaluated for this level if new to the program. This class continues intermediate level skills on all pieces of apparatus. Skills include walkovers & handsprings on floor, leaps, jumps, & turns on balance beam, front hip circles on uneven bars, and body position drills on vault.

Day	Time	Class Code	Duration	Fee
Monday	5:15	18975	10 weeks	\$120.00

## Girls Level 5 2 hrs

For girls ages 6 & older. Students must have passed the requirements of the previous level or been evaluated for this level if new to the program.

**This class is not available for online registration please contact 770 528 8475 and our staff will be happy to take your registration.**

Day	Time	Class Code	Duration	Fee
Thursday	5:15	18976	10 weeks	\$140.00

# Pre School

Fall 2 2020 - October 5 - December 17

**No  
Class**

Age Control Date - Students must  
5 years on or before Oct 22, 2020  
No Class - Mon. Nov 23 - Thur. Nov 26  
Thanksgiving Week

**Non-County Resident Fee is an additional  
50% of class fee**

## Tumble Kids: 5 yrs

\*\*\*Must be 5 by October 22, 2020\*\*\*

Day	Time	Class Code	Duration	Fee
Tuesday	3:00	18940	10 weeks	\$80.00
Tuesday	5:15	18943	10 weeks	\$80.00
Wed	5:15	18942	10 weeks	\$80.00

## Tumble Kids: 5 yrs

\*\*\*Must be 5 by October 22, 2020\*\*\*

Day	Time	Class Code	Duration	Fee
Thursday	3:00	18941	10 weeks	\$80.00
Saturday	10:15	18938	7 weeks	\$56.00
Saturday	11:30	18939	7 weeks	\$56.00

# Boys Classes

Fall 2 2020 - October 5 - December 17

**No  
Class**

Age Control Date - Students must  
6 years on or before Oct 22, 2020  
No Class - Mon. Nov 23 - Thur. Nov 26  
Thanksgiving Week

**Non-County Resident Fee  
is an additional 50% of class fee**

## Boys - Level 1 - 6+ yrs - 55 mins

For boys ages 6 and older. This class introduces beginner level skills on all pieces of apparatus. Skills include rolls & handstands on floor, basic supports, swings, hangs, and casts on pommel horse, high bar, parallel bars, and rings.

Day	Time	Class Code	Duration	Fee
Monday	4:00	18952	10 weeks	\$100.00
Tuesday	6:30	18970	10 weeks	\$100.00
Saturday	1:00	18948	7 weeks	\$70.00

## Boys - Level 3 - 55 mins

For boys ages 6 and older. Students must have passed the requirements from boys level 2 and have been recommended to level 3 or have been evaluated for this level if new to the program. This class introduces intermediate

Day	Time	Class Code	Duration	Fee
Thursday	4:00	18967	10 weeks	\$100.00

## Boys - Level 2 - 6+ yrs - 55 mins

For boys ages 6 and older. Students must have passed the requirements of the previous level or have been evaluated for this level if new to the program. This class continues beginner level skills on all pieces of apparatus. Skill include handstands and cartwheels on floor, supports, swings, hangs, and casts on pommel horse, high bar, parallel bars,

Day	Time	Class Code	Duration	Fee
Monday	5:15	18969	10 weeks	\$100.00
Thursday	4:00	18966	10 weeks	\$100.00

## Boys - Level 4 -5 6+ yrs - 55 mins

Students must have passed the requirements from level 3 or been evaluated for this level if new to the program. This class continues intermediate and advanced level skills on all pieces of apparatus. **Classes 55 minutes**

Day	Time	Class Code	Duration	Fee
Thursday	6:30	18968	10 weeks	\$100.00

## Adult Class

The adult gymnastics class will build your strength, flexibility, and balance in a fun atmosphere. This go-at-your-own-pace class provides the opportunity to try out all four events and improve your fitness level. Expect a fun and challenging workout for the former gymnast or any adult that wants to experience an exciting way to workout. Feel great and impress your friends.

**Classes are 55 minutes.**

Day	Time	Class Code	Duration	Fee
Monday	6:30	18953	10 weeks	\$100.00

## Cheer/Tumble Classes

For girls and boys, this class focuses on the tumbling skills and jumps used in cheerleading. Students also work on balance, jumping and landing from heights. **Classes are 55 minutes.**

### Beginner Level - entry skill level

Day	Time	Class Code	Duration	Fee
Wed	5:15	18971	10 weeks	\$100.00

### Intermeditate/Advanced Level - some experience

Day	Time	Class Code	Duration	Fee
Wednesda	6:30	18972	10 weeks	\$100.00