

Mountain View Aquatic Center Summer 2021 Swim Lessons

2650 Gordy Parkway Marietta, GA 30066 (770) 509-4925



Swim lesson registration for Cobb County residents will be held on **Friday May 7, 2021 @ 5 pm.** Registration will be online only.

• You must create an online account at **CobbPARKS.org** – click 'I want to...' and select 'Register for Activities' then log in or create an account. If you believe you have an account, use the 'I forgot my password' option to reset your password.

Saturdays May 15- July 3 (***June 19 & 26)

Weekday lessons will be added as soon as staffing needs allow.

Registration for Cobb Residents

May 7, 2021 at 5:00pm *Online registration only*

Registration for Non-Cobb Residents

May 8, 2021 at 9:00am *Online registration only*

Withdrawal and Refund Policy

Registration fees are 100% refundable when the department cancels the activity. A participant wishing to withdraw from a class that has not been cancelled by the department must provide a request at least <u>seven days</u> before the scheduled start of the class. They may receive 100% credit to the family's account or may request a refund. Within the week prior to the scheduled start of a class refund/credits will not be given except for verified medical/hardship cases. Refunds for payment made by cash or check will be received approximately 2-4 weeks after the refund is requested.

Waitlist Policy

If your child is currently on a wait list and a spot becomes available, you will receive an email from the facility management. You will have 24 hours to accept the spot in the class. Payment will be due upon acceptance to reserve the spot. Please check your inboxes and junk mail for emails from:

Cobb County PARKS, Senior Services, Government
Waiting List Notification
noreply@rec1.com

COVID-19 Considerations

- These courses have been designed to maintain current social distancing recommendations put in place by the state of Georgia, the CDC, and the American Red Cross.
- The Parent-tot classes will be led by an instructor, but parents will be conducting the drills, exercises, and games with their children.
- Instructors will be in the water, teaching classes normally. They will be wearing a face shield or mask at all times.
- Masks are strongly encouraged for everyone inside of the facility.

Parent and Child Program

\$40.00 Cobb County Residents \$60.00 Non-Cobb Residents

Saturday classes will meet for six Saturdays.

Parent Tot (ages 6 months to 3 years)

Description: A parent or guardian accompanies infants. The instructor guides the parent in teaching water adjustment skills such as kicking, pulling, going under water and blowing bubbles. Swim diapers are mandatory. No disposable diapers please

Time	Days	Session	Activity Code	Notes
9:00 AM-9:30 AM	Sat	Sat	22552	

Tadpole (ages 3-5)

Description: This class is designed for the true beginner. Water adjustment skills, blowing bubbles, submerging, and water safety are taught in a playful atmosphere.

Time	Days	Session	Activity Code	Notes
9·45 AM-10·15 AM	Sat	Sat	22553	

Minnow (ages 3-5)

Description: This class is for preschoolers who can already put their faces in the water. Kicking, stroking, gliding, floating and jumping in will be taught in a playful atmosphere.

Time	Days	Session	Activity Code	Notes
10:30 AM-11:00 AM	Sat	Sat	22554	

Seal (ages 3-5)

Description: This class is designed for preschoolers who can already swim. The coordination of the flutter kick and alternating arm strokes will be taught. Rhythmic breathing, water safety, and confidence in the water will be stressed.

Time	Days	Session	Activity Code	Notes
11:15 AM-11:45 AM	Sat	Sat	22555	

LEARN TO SWIM PROGRAM

\$80.00 Cobb County Residents \$120.00 Non-Cobb Residents

Saturday classes will meet for six Saturdays.

Beginner Water Exploration (ages 5-15)

Description: This class is designed for true Beginners. This class begins at age 5 for children with no swimming experience or children who have a fear of the water. This class will teach floating, kicking, swimming, breathing, and submersion. To complete this class and progress to Advanced Beginner, students must be able to: float on their stomach without assistance, swim Freestyle for three body lengths, take a breath while swimming Freestyle, jump in and return to the side of the pool, and perform a kneeling dive.

Time	Days	Session	Activity Code	Notes
12:00 PM-12:50 PM	Sat	Sat	22572	

Advanced Beginner: Primary Skills (must pass Beginner, ages 5½-15)

Description: This class is for children ages 5½ and up who are comfortable in the water and can swim for several body lengths without assistance. This class will build upon the skills taught in the Beginner class and introduce rotary breathing in Freestyle and the Backstroke. To complete this class and progress to Stroke Development participants must be able to: kick in the streamline position for five body lengths, take three breaths while swimming Freestyle, float on their back for 30 seconds, demonstrate the rotary breathing technique, swim Elementary Backstroke for five body lengths, and perform a standing dive.

Time	Days	Session	Activity Code	Notes
1:00PM- 1:50PM	Sat	Sat	22579	