

Mission- To Enhance Community Health and Wellbeing Vision- 100% Access Zero Disparity

Core Values- People Centeredness, Compassion, Accountability, Integrity, Continuous Improvement, Excellence					
JOB TITLE	Behavioral Health Therapist				
DEPARTMENT	Behavioral Health				
REPORTS TO	Behavioral Health Director				
FLSA	Exempt	SUPERVISES	None		
EFFECTIVE DATE	2/1/2022	REVIEWED BY	Behavioral Health Therapist		

Community Health Partners (CHP) believes that each employee makes a significant contribution to our success. Our mission and vision wouldn't be possible without you. That contribution should not be limited by the assigned responsibilities. Therefore, this position description is designed to outline primary duties, qualifications, and job scope, but not limit the employee nor CHP to just the work identified. It is our expectation that each employee will offer their services wherever and whenever necessary to ensure the success of our endeavors and continuously strive to meet our mission and vision.

POSITION SUMMARY:

The Behavioral Health Therapist, as part of the primary care treatment team, identifies triages and manages patients with medical and behavioral health problems within the primary care setting. The Behavioral Health Therapist serves CHP sites in Livingston, Bozeman, and Belgrade. Supervision is under CHP's Behavioral Health Director.

ESSENTIAL JOB FUNCTIONS:

- 1. Assist primary health care providers in recognizing and treating mental disorders and psychosocial problems.
- 2. Assess the clinical status of patients referred by primary care providers through brief consultative contacts.
- 3. Complete efficient intake evaluations for new patients.
- 4. Meet provider productivity expectations of 25 individual patient billable encounters per week for a 1.0 FTE employee, to be prorated for alternate FTEs.
- 5. Work with primary care team to treat and manage patients with chronic emotional and/or health problems efficiently and effectively.
- 6. Work with primary care provider to refer cases to mental health specialists within CHP or external to CHP as appropriate.



- 7. Assist in the detection of "at risk" patients and development of plans to prevent further psychological or physical deterioration.
- 8. Assist in preventing relapse or morbidity in conditions that tend to recur over time.
- 9. Evaluate patient care plans with primary care team.
- 10. Teach patients, families, and staff care, prevention, and treatment enhancement techniques. This is both one on one and group work.
- 11. Monitor the site's behavioral health program, identifying problems related to patient services and making recommendations for improvement.
- 12. Serve as a member of committees as requested.
- 13. Participate in evaluation of peers and support staff.
- 14. Document all patient visits in the interest of the patient primarily for the overall record of the development of a treatment plan. Ensure that patient charts are completed according to behavioral health standards with signature within 6 days of date of service so that all encounters can be billed on the 7th day.
- 15. Further the mission of CHP through active support of the strategic goals.

Job Qualifications

- 1. Excellent working knowledge of behavioral medicine and evidence-based treatments for medical and mental health conditions.
- 2. Ability to make quick and accurate clinical assessments of mental and behavioral conditions.
- 3. High level of comfort in working with primary care medical providers using a consultative style.
- 4. Ability to work through brief patient contacts, including via telephone and teleconferencing.
- 5. Ability to design and implement clinical pathways and protocols for treatment of selected mental and behavioral conditions.
- 6. Ability to design effective psycho-education curricula and lead effective psycho-education classes.
- 7. Ability to train and teach effective behavioral health interventions and the primary behavioral health model to medical practitioners and other behavioral health providers.
- 8. Ability to work effectively as a team, interfacing with patients, primary care providers, education staff, consulting psychiatrist and mental health specialists, as well as with administrative and support staff.
- 9. Ability to exercise balanced judgment in evaluating situations and making decisions, and to handle difficult or confrontational situations in a calm, consistent, and equitable manner



- 10. Ability to effectively represent CHP's interests in the community and maintain effective working relationships among co-workers, public, private, and professional groups.
- 11. Ability to read, analyze, and interpret general business periodicals, professional journals, technical procedures, or governmental regulations.

GENERAL RESPONSIBILITIES

- 1. Understand and adheres to HIPAA regulations.
- 2. Ability to report to work as scheduled and work a flexible schedule when needed, which may include travel to other sites.
- 3. Participates in problem solving and Continuous Quality Improvement (E2) and risk management activities by applying LEAN principles, engaging in Patient Centered Medical Homes and working to implement patient centered communication skills.

SKILLS AND **A**TTITUDES

- 1. Demonstrates CHP's Core Values
 - a) People-Centeredness: We empower all people to be agents of their own health and well-being.
 - b) Compassion: Ability to be friendly, empathetic, courteous and an adept communicator with customers and staff. Meet people where they are without judgement.
 - c) Accountability: The ability to prioritize work and do what we say we will do.
 - d) Integrity: Ability to set priorities, be organized, be a self-starter and hold ourselves to the highest standards.
 - e) Continuous Improvement: Ability to work in a team or independently, sharing responsibilities and duties to make positive change.
 - f) Excellence: Deliver outstanding value and results.
- 2. Experience working with limited resource populations.
- 3. Ability to work with grace under pressure.
- 4. Ability to resolve interpersonal conflict in a straightforward and timely manner.
- 5. Ability to treat both staff and patients with respect.
- 6. Ability to navigate technology efficiently.
- 7. Ability to gracefully accept and respond to feedback.



ESSENTIAL PHYSICAL REQUIREMENTS

	Occasionally	Frequently	Continuously
	(1%-33% of	(34%-66% of	(67%-100% of
	day)	day)	day)
Sitting		Х	
Standing	х		
Walking	х		
Speaking/Hearing			Х
Seeing			Х
Hand/Wrist Work (ie. Keyboarding)		х	
Pushing/Pulling	х		
Grasping		Х	
Fine Manipulation	х		
Reaching	х		
Bend	х		
Squat	х		
Lift 1-10 lbs	х		
Lift 11-20 lbs	х		
Lift 21-50 lbs	Х		

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

JOB QUALIFICATIONS:

Education:

Master's in social work or related master's program or PhD in Psychology

