## **CIRCLE OF SECURITY**

## A parenting workshop about YOU, your CHILD and your RELATIONSHIP.



ALL parents struggle

Tantrums... Crying...
Aggression... Dissent...
Anger... Sadness... Shame...

ALL children struggle

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Healthy ATTACHMENT is the work that yields...



Better relationships. Better physical & mental health. Success in school & life.

Join us for a free, 10-hour attachment workshop.

Presented online using Zoom video conferencing.

Live discussion. Limited to 6 parents.

6 Tuesdays. Noon - 1:45 PM. Jan 12 - Feb 16.

Call (406.823.6356) or email (petersons@chphealth.org) Stacy Peterson to register.

Whether you are struggling with your role as a parent or just want tips on how to be the best parent you can be, Circle of Security is invaluable. Circle of Security is designed for parents with kids aged 0 to 8, but expecting parents and parents with older children will learn a lot too.