

With —

# FOILED & STITCHED TEXTILES

— Rachel Drake



## Materials List

### Foiling Materials

- Foils – metallic, holographic, or patterned sheets
- Bondaweb (fusible web)
- Mistyfuse (fusible web)
- Foil Adhesive

### Fabrics

- Cotton – smooth, absorbent foundation fabric
- Textured Fabrics – Try broderie anglaise, bumpy weaves, or any fabrics with interesting surfaces to stitch into.
- Organza – in a variety of colours

### Threads

- Embroidery Threads – DMC stranded cotton or similar in a selection of colours.
- Sewing Threads for Machine Embroidery – Choose a variety of colours.

### Tools & Extras

- Stencils – For use with foiling adhesive.
- Acrylic Paint (1–2 Colours)

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- Paintbrushes and an old credit card – For applying/spreading adhesive and paint.
- Craft Knife/Sharp Scissors & Cutting Mat – For precise cutting or stencil work.
- Baking Parchment/Greaseproof Paper – Protects your iron and workspace if you're adding foil or fusing layers.
- Sewing Machine – For exploring free machine embroidery techniques.