

Alaska 6 Hour Online Supervision Training Course Syllabus

Program Description

This program is designed to help participants review developmental models of supervision and NASW/ASWB best practices and well-established social work theories, principles, and techniques of counseling and their application in the supervisor-trainee relationship and demonstrate understanding by passing quizzes. This program will also provide participants with an advanced understanding of the needs of social workers under various circumstances and at different developmental levels. In addition, it will cover ethical decision-making models directly related to counseling practice and supervision so participants can successfully maintain the supervisor-trainee relationship.

Program Learning Objectives

The program content will:

1. Identify key elements impacting the supervisory relationship and social work development including the dynamics of the supervisory dyad and triad.
2. Explain well-established counseling theories principles and techniques of counseling and their application in mental health settings and in the supervisor-trainee relationship.
3. Explore factors that lead to supervisee resistance and supervisor-trainee relationship rupture.
4. Describe specific ethical remediation actions supervisors can take to repair relationships and remediate trainees.
5. Offer information so participants can successfully pass a quiz over the topics covered in this course.

Program Goals

Participants successfully completing this six-hour course will:

1. Understand the elements impacting the ethical supervisory relationship and how to build an ethical relationship with a trainee that fosters trust and openness.
2. Frame supervisory behavior in light of several factors including phases of the relationship, the supervision contract, and the supervisory dyad and triad.
3. Know the factors that lead to trainee resistance and how to intervene while being mindful of the relationship.
4. Complete a quiz demonstrating confident application and understanding of foundational and well-established counseling theories and their application in the supervisor-trainee relationship.

Program Requirements

Courses offered through Kate Walker Training LLC are rigorously reviewed and held to the highest standards:

1. This program is directly and primarily about a topic related to the practice of clinical social work.

2. Program information includes a clear statement of the program learning objectives requirement.
3. This is an advanced course for licensed clinical social workers and licensed clinical social work supervisors with a master's or doctoral degree in social work.
4. This program was designed by Ashley Durbin, LCSW-S, and Kate M. Walker, a licensed mental health professional with the necessary experience and knowledge in the topic(s) presented. Dr. Durbin holds a Ph.D. in Industrial & Organizational Psychology and a Masters in Social Work and is a board-designated supervisor and clinical social worker. Dr. Walker holds a Ph.D. in Counselor Education, and she is a Licensed Professional Counselor Supervisor and Licensed Marriage and Family Therapist Supervisor.
5. We provide participants with a mechanism for evaluating our programs.
6. We provide participants who successfully complete the program with a certificate displaying the licensee's name, program title, date course was completed, the number of ASWB hours awarded (for applicable programs), the name and signature of the approved continuing education provider along with the ASWB ACE number and contact information, including mailing address, telephone number, e-mail address and website address.
7. Programs that do not qualify for ASWB credit are clearly identified.
8. We keep all continuing education records of attendance on file for six years (or more) and records are available upon written request.

Continuing Education Information

This course provides **six hours** of continuing education in a non-interactive, asynchronous, home study format. Home study course hours are calculated via written text (6000 words = one hour) and video (one hour = one hour).

Your certificate will indicate:

- ASWB Hours: 6
- Supervision CE Hours: 6
- Ethics CE Hours: 3

Kate Walker Training, LLC, #2821, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: July 8, 2026 - July 8, 2027. Social workers completing this course receive 6 total credits, including 3 clinical and 3 ethics continuing education credits.

All social work courses cosponsored by Apela Supervision, under the ownership of The Crane & The Bull, and Kate Walker Training.

Kate Walker Training LLC provides continuing education for mental health providers. Always check with your licensing board before purchasing a course for professional continuing education.

Course notes

- This online training is currently available in English only. It is delivered via audible narration and visual text.
- The terms 'lesson,' 'lecture,' and 'module' may be used interchangeably.
- The terms 'supervisee,' 'associate,' 'trainee,' and 'intern,' may be used interchangeably.

STATEMENT REGARDING COURSE RESOURCES

Kate Walker Training LLC charges a fee for online training. All of the resources used to design the course are listed within the course, along with the resource URL where available. You do NOT need to purchase the Kate Walker Training LLC course to access those resources. Kate Walker Training LLC will not apply legal terms or technological measures that legally restrict others from accessing those resources, nor hinder anything the listed resources' licenses permit.

Please note we have added live links below for your convenience, but we cannot guarantee their accuracy as we do not control the website destinations.

Bloom's Taxonomy for Supervisors (author unknown). <https://katewalkertraining.com/wp-content/uploads/2019/04/BloomsTaxonomySupervisors.pdf>

The University of Washington Tacoma Supervisor Toolkit: https://katewalkertraining.com/wp-content/uploads/2019/04/UWT_Supervisors_Toolbox.pdf

Recommended Texts and Resources:

Bernard, J. & Goodyear, R. (2022). *The fundamentals of clinical supervision, 6th Edition*. Boston: Allyn and Bacon.

Falender, C. A., & Shafranske, E. P. (2021). *Clinical supervision: A competency-based approach* (2nd ed.). American Psychological Association.

Halbur, D., & Halbur, K. (2022). *Developing Your Theoretical Orientation in Counseling, 4th Edition*. North Dakota: North Dakota State University.

Haynes, R., Corey, G., Mouton, P., Muratori, M. (2020). *Clinical supervision in the helping professions, 3rd Edition*. Virginia: American Counseling Association.

Holcomb-McCoy, C. (Ed.). (2022). *Antiracist counseling in schools and communities*. American Counseling Association.

Kendi, I.X. (2019). *How to be an Antiracist*. Random House Publishing Group.

Price-Dennis, D., & Colmenare, E. (2021). Exploring the impact of field-based supervision practices in teaching for social justice. *Journal of Educational Supervision*, 4(2), 1-22. <https://doi.org/10.31045/jes.4.2.1>

Schmidt, G., & Kariuki, A. (2018). Pathways to social work supervision. *Journal of Human Behavior in the Social Environment*. 1-12. <https://doi.org/10.1080/10911359.2018.1530160>

Todd, T. & Storm, C. (2014). *The complete systemic supervisor: Context, philosophy, and pragmatics, 2nd Edition*. West Sussex: John Wiley and Sons, Ltd.

Walker K. M. (2024). *The Clinical Supervision Survival Guide*. Camden House Books, LLC.

Contact

Should you need assistance at any time with this course, or have questions, please complete the form on www.katewalkertraining.com/support and you will receive an automatic verification of form submission.

You will receive emails from us:

- Immediately
- When the course is purchased
- If you use the learning management system to re-set your password
- Within 24 hours
- For questions and support requests received Monday through Friday during business hours. All emails received outside of business hours will be responded to the next business day.
- Every 30 days
- Courtesy automated emails informing you of the time remaining to remain eligible for the supervisor designation through Kate Walker Training. This is a courtesy only and participants are encouraged to keep track of their own time remaining.

QUIZ POLICY AND MINIMUM PASSING SCORE

Participants must achieve a minimum passing score of 70% on each quiz in order to receive credit for that lesson. There is no limit on the number of retakes — participants may retake a quiz as many times as needed in order to pass.

The completion of a home study program must be verified by the completion of an assessment or quiz demonstrating that the participant completed the program. According to continuing education requirements, the quiz should be difficult enough to assess learning but should not be designed to trick or overly burden the participant. If you fail a quiz, you'll have an opportunity to go back and review the material, and retake the quiz, and pass the course.