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Catching Leadership
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Company X: A non-profit human services organization in the Midwest that provides health and developmental care to children and adults with disabilities

Sector: Non-Profit, Human Services

Business Challenge

Working in a physically and emotionally laboring industry, Company X has navigated a lot of challenges in recent years including changes to key leadership roles and ongoing staff shortages. As a result, Company X identified that mid-level leaders, the ones feeling the most strain, would benefit from a customized leadership development program. More specifically, Company X was seeking to improve communication skills, instill a greater sense of ownership, and reduce stress levels.

Our Approach

A customized leadership program with 1:1 coaching in-between sessions. The following topics were discussed:



#1 Delivering and receiving feedback / Improving teambased communication



#2 Instilling a sense of ownership in staff



#3 Techniques to reduce stress and mental fatigue

The Outcomes

After the program, **positive feedback** was overwhelmingly received regarding the **content**, the **pace**, and the **1:1 coaching** received by leaders. The following statistics were collected **from a cohort of 20+ people leaders**.

100%

of attendees said they
were more equipped
with the tools and
techniques needed to
lead their teams

100%

of attendees would recommend this training to a friend or colleague

100%

of attendees learned at least one new skill they can use in their personal and/or professional life

Is Your Organization Ready To Explore New Ways To Develop Its Leaders?

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