

## Purpose of the Class

Prayer is a vital part of discipleship. This class covers the who, what, where, when, and why of prayer. This is a topic that can be studied in great depth, but this class will only cover the basics. The goal is to inspire and encourage students to develop a consistent and authentic prayer lifestyle. It's essential to understand prayer, but it's even more important to practice it.

Keep the emphasis on simplicity, encouraging the group to focus on the *doing* of prayer over simply learning about it.

## Class Preparation

Reflect on your own prayer life. Consider these questions:

- Are you consistent and intentional in your time spent in prayer?
- Do you engage in ongoing communication with God throughout your day?
- Do you include God in your decisions and daily activities?

As the teacher, it's important that you approach this class not only with knowledge but also with personal experience and wisdom about prayer. Even if prayer has been a struggle for you, commit to making a change today.

During the class discussion time, be open and share your personal story of prayer. Talk about how you've seen God move in your own life and the lives of others through the power of prayer. Your testimony can inspire and encourage others to commit to a deeper prayer life.

## Final Note

We will cover other aspects of prayer in future classes, so don't feel obligated to add more here. It bears repeating that this class is intentionally simple, to inspire students toward a consistent prayer lifestyle.

