

Lesson Two - Supplies

These are the supplies that I used, plus some suggestions for alternatives.

Lesson Two

Where the fun really begins!

You may wish to use a cloth, old towel or some paper to protect your working surface-we will be adding quite a lot of water to the painting surface in this lesson!

Here is the list again of materials that I used to create the main piece.

If you are not sure about supplies, I definitely advise to watch the lessons through and then have a look through the supplies that you have in your stash. There are one or two items that cannot be substituted easily for these techniques, but you definitely don't need every item that I have used!

Creating The Main Piece

Substrate : I used a budget quality non-branded canvas around 10" x 12" in size .

Alternatives : Cardstock, mixed media paper, hot pressed watercolour paper. These will all need priming well with gesso, to accept lots of layers without buckling. Also primed wood panel, mdf panel and canvas board would all be suitable alternatives. I would recommend you work in a similar size or slightly larger than I did.

Brushes : You will need a selection of brushes in a variety of widths and sizes. I use unbranded nylon brushes-you do not need expensive specialised paintbrushes for this class. At minimum a small round brush, and a couple of slanted or flat 1/2" inch brushes along with a larger,cheap flat brush for applying primer will be sufficient (a small 1" or 2" soft household paintbrush would also be fine for primer)

***Water and Container *** : At least one jar or pot of clean water, refreshed as needed to keep brushes clean,

White Gesso Primer: It is essential to prime your substrate as we will be applying some watery layers.

Alternative : Household matt emulsion paint (preferably white or very subtle light shade) can be substituted successfully, particularly on a sturdy substrate such as wood or canvas.

Old Credit or Store Card : Used for spreading paint and gesso.

Alternative : A household paint scraper, stiff card or plastic tub lid cut into a similar size will also create a similar effect.

Acrylic Matt Medium : I used Golden Soft Matt Medium Gel.

Alternatives : Any preferred brand of matt medium, budget brands will work just fine! It is also possible to use PVA glue as a very cheap alternative, but this does dry to a shiny surface which can cause further layers to behave very differently on a sealed glossy surface so for that reason I recommend a matt medium is necessary for this class.

Clear Gesso Primer : Seals surface prior to added layers and marks .

Alternative : You can use also your matt gel medium to seal layers .

***Water Spray *** : I re-use my spray on hair product bottles! Also easy to utilise a plant spray bottle.

Mixing Palette : Of your choice, any non-absorbent surface is fine for this course.

Paper Towels or Old (clean) Rag

Papers for Collage : I used a mix of scrap papers from my stash. Any papers from magazine, old books, gift wrap (not foiled) is fine-you don't need a lot!

Stencils : I used tree/leafy shapes, but use what patterns you have . If you do want the same, you can find similar to mine here :

https://www.amazon.co.uk/gp/product/B005KD9M74/ref=ox_sc_saved_title_8?smid=A3P5ROKL5A1OLE&psc=1

and here :

https://www.amazon.co.uk/gp/product/B00THXQBD6/ref=ox_sc_saved_title_9?smid=A3W327OS1QNB12&psc=1

Alternatives : You could use a sponge or foam stamps to create your own effects, or even cut your own stencil designs.

Selection of water soluble crayons and/or pencils and water soluble markers
in assorted shades of fresh greens, bright yellow, burgundy and pinks-plus a peach or flesh tone and a light ochre would be useful too!

I used :

Neocolour 2 Water Soluble Crayon, Olive, Jade Green, Salmon

Stabilo Woody Pencil, Yellow

Derwent Watercolour Pencils, Crimson Lake (20), Raw Sienna (58), Deep Cadmium (6)

Derwent Aquatone Crayons, Burnt Carmine, May Green, Sap Green

Tombow Water Soluble Marker, Burgundy and Ochre

You do NOT need all of these crayons ! A selection of WATER SOLUBLE CRAYONS OR PENCILS in a similar palette will be fine.

Acrylic Paints You will need White, Yellow, Light Green/s, Pale Pink or Lilac.

I used :

Daler Rowney System 3 Pale Olive Green 368

Dalery Rowney Cryla Indian Yellow Hue 643

Daler Rowney System 3 Titanium White

Daler Rowney System 3 Silk Purple 404

Coloured Pencil : A NON-soluble coloured pencil in any shade of Carmine,Burgundy,Deep Pink or Purple/Brown is fine. You only need one of these but can use a couple of shades if you have them.

NOTE - I do NOT recommend standard graphite sketching pencils for this lesson, it will disappoint you by comparison !

I used : Derwent Artist Pencil Burnt Carmine and Derwent Artist pencil in Gun Metal.

Oil Pastel in Deep Pink : Entirely optional! I used Sennelier no 77, Deep Madder . You could also use a water based crayon in a similar colour.

Protective Varnish : When your masterpiece is complete you may wish to protect it.

I recommend using artist's quality matt finish for this project (rather than gloss) to allow the textures to remain visible.

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