



SYLLABUS

Course Title:

Pelvic Oncology Rehabilitation

Course Instructor:

Alexandra Hill, PT, DPT, CLT-LANA

Board Certified Clinical Specialist in Oncology and Women's Health

Course Description:

This intermediate 16.5-hour course is created for pelvic health rehab clinicians to build on foundational oncology rehab knowledge to learn more advanced concepts and skills for working with pelvic cancer survivors. This course includes both didactic and video lab content and focuses on epidemiology, diagnosis, and treatment of pelvic cancers, as well as rehabilitation examination, rehabilitation interventions for pelvic cancer treatment-related side effects, and clinician resilience for working with this unique population.

Gynecological cancers included: Uterine, ovarian, cervical, vaginal, and vulvar cancers

Urogenital cancers included: prostate, bladder, kidney, penile, and testicular cancers

Colorectal cancers included: colon, rectal, and anal cancers

The Basic OncoPelvic PT course, [“Oncology Foundations for the Pelvic Health Rehab Clinician”](#), or similar basic/general oncology course, is required as a pre-requisite for this course. Please email hello@oncopelvicpt.com with questions.

Learning Objectives:

By the end of this course, the learner will be able to:

1. Understand diagnosis and prognosis of pelvic cancers
2. Describe pelvic cancer treatment and treatment-related side effects
3. Discuss pelvic lymphatic anatomy, physiology, and pathophysiology
4. Summarize the rehabilitation evaluation components necessary for pelvic cancer-related diagnoses
5. List outcome measures that can be used for pelvic cancers
6. Describe rehab interventions to address pelvic cancer treatment-related impairments
7. Utilize hands-on techniques to address physical impairments related to pelvic cancer treatment

**Modules and Run Time (minutes:seconds)**

Intro and Module 1: Introduction to Pelvic Cancers (37:36)

Module 2: Pelvic Lymphatics (52:03)

Module 3: Gynecological Cancers (2:43:40)

Module 4: Urogenital Cancers (2:39:49)

Module 5: Colorectal Cancers (1:22:40)

Module 6: Rehab Examination and Evaluation (2:26:41)

Module 7: Rehab Interventions (4:55:11)

Module 8: Clinician Resilience (15:34)

Post-Course Quiz (44:00)

Post-Professional Learning Level:

Intermediate

Additional OncoPelvic PT Courses:

Please go to <https://www.oncopelvicpt.com/for-clinicians> for a full list of continuing education courses

Questions/Comments:

Please email us at hello@oncopelvicpt.com