

Equine First Aid Kit

Chapter 10

Assemble it once, know where it lives, and check it twice a year to replace what has been used or expired.

A first aid kit is not a substitute for veterinary care. It is how you manage a situation while help is on the way.

MEASURING AND MONITORING

- ☐ Digital rectal thermometer, with a string attached
- ☐ Stethoscope
- ☐ Watch, for counting heart rate and respiration
- ☐ Flashlight, with working batteries
- ☐ Notebook and pen, for recording vital signs and symptoms

WOUND CARE

- ☐ Clean bandaging materials: standing wraps, gauze, self-adhesive bandage
- ☐ Wound wash
- ☐ Betadine or chlorhexidine solution or scrub
- ☐ Wound ointment or antimicrobial dressing — ask your vet which they prefer for your horse
- ☐ Latex gloves

HOOF AND LIMB

- ☐ Hoof pick
- ☐ Leg ice boots, or a bucket for cold hosing

ADD YOUR OWN

CHECKED

Last checked

Next check due

Know where the kit is. Know what is in it. A kit nobody can find at 11 at night is not a kit.