

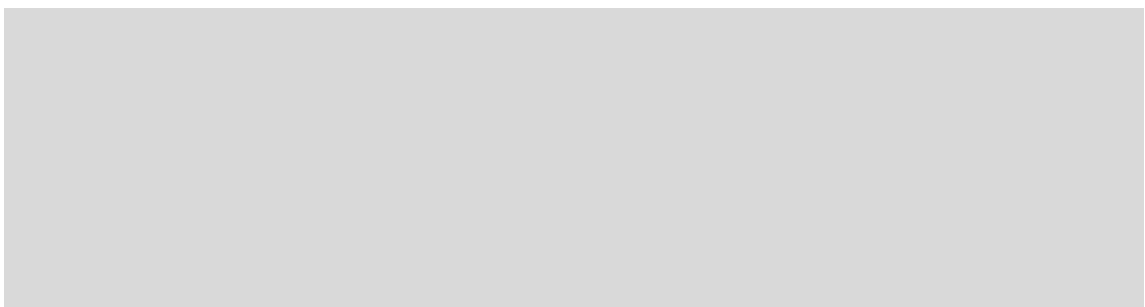
Visualise

Phase 4: Lesson 3 Visualise Your Future

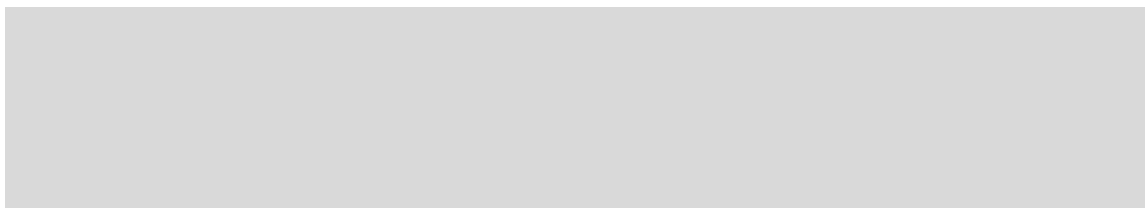
What's your vision for a positive future?



How will you overcome any obstacles?



How will you celebrate your wins and shine your light?



How can you share your experience to help others?

