

# **Washington 15 Hour Online Supervision Training Course Syllabus**

## **Program Description**

This program is designed to help participants review ethics of the supervisory relationship, social work development, developmental models of supervision and NASW/ASWB best practices, and ethical and legal issues in supervision, and more culminating in a demonstration of understanding by passing quizzes.

## **Program Learning Objectives**

The program content will:

1. Identify key elements impacting the supervisory relationship and social work development including the dynamics of the supervisory dyad and triad.
2. Explain well-established social work theories principles and techniques of counseling and their application in mental health settings and in the supervisor-trainee relationship.
3. Identify theories in social work, counseling, and therapeutic development in the supervisory relationship
4. Explore factors that lead to supervisee resistance and supervisor-trainee relationship rupture.
5. Describe specific ethical remediation actions supervisors can take to repair relationships and remediate trainees.
6. Explore NASW/ASWB Best Practices in Supervision and Technology
7. Offer information so participants can successfully pass a quiz over the topics covered in this course.

## **Program Goals**

Participants successfully completing this fifteen (15)-hour course will:

1. Understand the elements impacting the ethical supervisory relationship and how to build an ethical relationship with a trainee that fosters trust and openness.
2. Identify social work theories for use in supervision
3. Frame supervisory behavior in light of several factors including phases of the relationship, the supervision contract, and the supervisory dyad and triad.
4. Know the factors that lead to trainee resistance and how to intervene while being mindful of the relationship.
5. Complete a quiz demonstrating confident application and understanding of foundational and well-established counseling theories and their application in the supervisor-trainee relationship.

## Program Requirements

Courses offered through Kate Walker Training LLC are rigorously reviewed and held to the highest standards:

1. This program is directly and primarily about a topic related to the practice of clinical social work.
2. Program information includes a clear statement of the program learning objectives requirement.
3. This is an advanced course for licensed clinical social workers and licensed clinical social work supervisors with a master's or doctoral degree in social work.
4. This program was designed by Ashley Stephens, LCSW-S, and Kate M. Walker, a licensed mental health professional with the necessary experience and knowledge in the topic(s) presented. Dr. Stephens holds a Ph.D. in Industrial & Organizational Psychology and a Masters in Social Work and is a board-designated supervisor and clinical social worker. Dr. Walker holds a Ph.D. in Counselor Education, and she is a Licensed Professional Counselor Supervisor and Licensed Marriage and Family Therapist Supervisor.
5. We provide participants with a mechanism for evaluating our programs.
6. We provide participants who successfully complete the program with a certificate displaying the licensee's name, program title, date course was completed, the number of NBCC hours awarded (for applicable programs), the name and signature of the approved continuing education provider along with the NBCC ACEP number and contact information, including mailing address, telephone number, e-mail address and website address.
7. Programs that do not qualify for NBCC credit are clearly identified.
8. We keep all continuing education records of attendance on file for six years (or more) and records are available upon written request.

## Course Overview

### **Lesson 1:** Theories of Social Work and Supervision – 3 CE Hours

This 3 hour course is made of material you will READ and WATCH. You will need all of the information in this section to take your quiz.

- Lecture Video
- Supervision Modalities Videos
- Optional Extras
- Quiz

### **Lesson 2:** Ethics of the Supervisory Relationship and Social Work Development – 3 CE Hours

This 3 hour course is made of material you will READ and WATCH. You will need all of the information in this section to take your quiz.

- Lecture Video
- Cautionary Supervision Stories Video
- Quiz

**Lesson 3: Developmental Models of Supervision and NASW/ASWB Best Practices – 3 CE Hours**

This 3 hour course is made of material you will READ and WATCH. You will need all of the information in this section to take your quiz.

- Lecture Video
- Quiz

**Lesson 4: Ethical and Legal Issues in Supervision: Technology and NASW Best Practices – 3 CE Hours**

This 3 hour course is made of material you will READ and WATCH. You will need all of the information in this section to take your quiz.

- Lecture Video
- My Client Found Me On Social Media Video
- Quiz

**Lesson 5: Washington State Law, Contract, and Plan – 3 CE Hours**

Lesson Goal: Know the laws that govern your license and create a supervision contract and plan you can use right away.

**What's Next**

What comes after you have completed this course?

**Evaluation**

And finally, the evaluation. We will ask you to complete a Google Form to ensure that we receive feedback to improve. After this is and all other coursework is completed, you'll receive your certificate.

**Continuing Education Information**

This course provides **fifteen hours** of continuing education in a non-interactive, asynchronous, home study format. Home study course hours are calculated via written text (6000 words = one hour) and video (one hour = one hour).

Your certificate will indicate:

- NBCC Hours: 15
- Supervision CE Hours: 15
- Ethics CE Hours: 6

Kate Walker Ph.D., LPC/LMFT Supervisor has been approved by NBCC as an Approved Continuing Education Provider, ACEP # 7040. Programs that do not qualify for NBCC credit are clearly identified. Kate Walker Ph.D., LPC-S, LMFT-S is solely responsible for all aspects of the programs.

**Kate Walker Training LLC provides continuing education for mental health providers. Always check with your licensing board before purchasing a course for professional continuing education.**

### **Course notes**

- This online training is currently available in English only. It is delivered via audible narration and visual text.
- The terms 'lesson,' 'lecture,' and 'module' may be used interchangeably.
- The terms 'supervisee,' 'associate,' 'trainee,' and 'intern,' may be used interchangeably.

### **STATEMENT REGARDING COURSE RESOURCES**

*Kate Walker Training LLC charges a fee for online training. All of the resources used to design the course are listed within the course, along with the resource URL where available. You do NOT need to purchase the Kate Walker Training LLC course to access those resources. Kate Walker Training LLC will not apply legal terms or technological measures that legally restrict others from accessing those resources, nor hinder anything the listed resources' licenses permit.*

*Please note we have added live links below for your convenience but we cannot guarantee their accuracy as we do not control the website destinations.*

Bloom's Taxonomy for Supervisors (author unknown). <https://katewalkertraining.com/wp-content/uploads/2019/04/BloomsTaxonomySupervisors.pdf>

The University of Washington Tacoma Supervisor Toolkit ([https://katewalkertraining.com/wp-content/uploads/2019/04/UWT\\_Supervisors\\_Toolbox.pdf](https://katewalkertraining.com/wp-content/uploads/2019/04/UWT_Supervisors_Toolbox.pdf))

### **Recommended Texts and Resources:**

National Association of Social Workers. (2024). *2021 NASW code of ethics*. <https://www.socialworkers.org/About/Ethics/Code-of-Ethics>

National Association of Social Workers (2013). *Best Practice Standards in Social Work Supervision*. NASW. <https://www.socialworkers.org/LinkClick.aspx?fileticket=GBrLb14BuwI%3D&portalid=0>

National Association of Social Workers. (2008). *Code of ethics of the National Association of Social Workers*. NASW. <https://www.socialworkers.org/Practice/NASW-Practice-Standards-Guidelines/Best-Practice-Standards-in-Social-Work-Supervision>

Bernard, J. M., & Goodyear, R. K. (2013). *Fundamentals of Clinical Supervision* (5th ed.). Pearson.

Fall, M., & Sutton, J. M. (2004). *Clinical supervision: A handbook for practitioners*. Allyn & Bacon.

Halbur, D., & Halbur, K. V. (2018). *Developing your theoretical orientation for counseling and psychotherapy* (4th ed.). Pearson.

Haynes, R., Corey, G., & Moulton, P. (2003). *Clinical supervision in the helping professions: A practical guide* (1st ed.). Brooks/Cole-Thomson Learning.

Kendi, I. X. (2019). *How to be an antiracist*. One World.

Todd, T. C., & Storm, C. L. (2014). *The complete systemic supervisor: Context, philosophy, and pragmatics* (2nd ed.). John Wiley & Son, Ltd.