PRACTICE EXERCISES

RESOURCEFULNESS

WEEK ONE

★ The number of stars represents the degree of difficulty. ★

Can I Get a Witness?

Undoubtedly, you are not starting from scratch when it comes to being a resourceful person. There have been times in your life you've figured out ways to get something done when you didn't have everything you needed. For example, did you make something out of raw materials you scrounged at home rather than buy something at the store? Did you figure out how to come up with money for a special event, trip or purchase in an unusual way? Did you figure out how to accomplish something quicker than it has taken before? **Pat yourself on the back and write below a couple of examples of your resourcefulness you remember.**

Ways Resourcefulness Behaves

Chances are you know some people who impress you with their resourcefulness. Your task is to read the descriptions of some ways resourcefulness behaves in the column to the right and identify a person who is an admirable example of resourcefulness in that way. Then, finally, come up with one more way resourcefulness behaves and a person who is a good example of it.

Doesn't throw broken things away before trying to fix them.

Isn't stymied when PLAN A doesn't work out but always has PLANS B, C, D…

Figures out how to make something out of things on hand rather than buying something…(think Halloween costumes.)

Figures out how to have enough money for important things even when money is tight.

Do one more of your own.

Darn It!

Today the words "darn it" are only associated with a frustrated person who doesn't want to cuss. In bygone days those words referred to a task like fixing a hole in a pair of socks. These days our habit is to toss something away rather than repair it. In days gone by, however, repairing rather than discarding was – like resourcefulness often is – a matter of necessity. Here's a character suggestion: Go back to the "repair rather than discard" frame of mind, if for no other reason than to save money you could use for something else or an act of generosity. **Your task is to "darn" something rather than discard it and use the money you save in an act of generosity.**

WRITE HERE: What did you fix? How much did you save? How did you use your savings?

Want all 30 resourcefulness exercises in our full-color 60 page workbook? **bit.ly/resourcefulness-hardcopy** or scan the QR code.

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