



Encountering God

Series 1, Week 1

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Encountering God

- Tools are great, but encounter with God is the **ONLY** way of true healing
- Community is also an essential part of healing



Translations

- There's no direct “translation” from any language
- Every translator or group of translators have a bias and translate accordingly
- You get to choose what you are most comfortable with or feel led
- I use a variety of translations as I feel led



Names of God

- Most names have various filters for different people
- “Jesus” is often used in the cult in abuse situations
- We are choosing to use the term “Yeshua” for Jesus or True Jesus to differentiate
- Yahweh has been disparaged lately with false claims
- Father is used in the Jesuit system for all initiated cult members
- We are choosing to use “Abba” or True Father
- Holy Spirit works for most people
- Feel free to use the names YOU prefer



Yeshua is the Answer

- True healing and restoration take place through the power of Yeshua
- He alone is our Savior and the One who made the way for our restoration

Relational Connection

- The ONLY way to have a relationship with someone is to be able to hear, see, feel, experience them
- We can read about someone and know a lot about them, but this is not relationship
- We were designed to experience God through our supernatural senses



Ephesians 1:17-18

- NKJV “...that the God of our Lord Jesus Christ, the Father of glory, may give to you the spirit of wisdom and revelation in the knowledge of Him, the **eyes of your understanding** being enlightened; that you may know what is the hope of His calling, what are the riches of the glory of His inheritance in the saints”
- TPT “I pray that the Father of glory, the God of our Lord Jesus Christ, would impart to you the riches of the Spirit of wisdom and the Spirit of revelation to know him through your deepening intimacy with him. I pray that the light of God will illuminate the **eyes of your imagination**, flooding you with light, until you experience the full revelation of the hope of his calling —that is, the wealth of God’s glorious inheritances that he finds in us, his holy ones!”

John 10:27

NKJV

"My sheep hear My voice, and I know them, and they follow Me."



Experience

- Eph 3:19 NLT “May you **experience** the love of Christ, though it is too great to understand fully. Then you will be made complete with all the fullness of life and power that comes from God.”





Safety and Trust

- Relationship is limited when we don't feel safe or trust
- This may have been damaged with God
- We can be honest with God about our pain/trauma

Secure Attachments

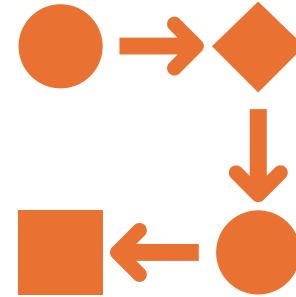
- Healthy secure attachment is first meant to be formed with our mothers and then extending to our fathers and the rest of our extended community
- From here, we learn how to trust God
- “Yet you brought me safely from my mother’s womb and led me to trust you at my mother’s breast.” Psalm 22:9 - NLT



Trauma Distorts and Blocks



Love heals



Process

Relational Connection with God

- Time spent hearing, seeing, feeling Him building secure attachment
- If this is not possible, we may need humans who we can develop secure attachments with for bonding
- This builds a bridge and can open the way for us to build attachment with God



God Is Communicating

- The block is not so much whether we are doing something “right” or “wrong”
- The block is usually self-protection learned to survive or trying too hard with our mind instead of our heart
- Choosing to let go of past survival techniques
- Learning to rest and trust





No Blame or Condemnation

- Criticizing ourselves for not being able to see, sense, hear or feel is never effective
- Loving ourselves in the process and choosing to pursue even when it is hard (distractions, etc.)

Activations

- Activations at the end of each teaching and encounter time in group are times to practice alone and together hearing God's voice
- What God says to you in activations/encounters is MORE important than the teaching or enhances, expands, deepens your understand of the teaching!



Thinkers and Feelers

- We tend to fall into one or the other category
- Both are valid expressions of the unique design God created for us
- Some language in the encounter time is more for thinkers and some for feelers
- If it doesn't connect, ask God how He wants you to view it.
- Expand into the other area as you are able

Activation

- Ponder a time you felt safe and loved
- Who was showing you love and care?
- Sit in this feeling – what does it look like? Feel like? Sound like?
- Thank God for this experience and celebrate with Him

