

Developmental Models of Supervision and NASW/ASWB Best Practices Syllabus

Program Description

Developmental Models of Supervision and NASW/ASWB Best Practices is a program designed to help participants review well-established models of clinical social work development, gain information about these well-established models as they apply to supervising LMSWs, and successfully demonstrate understanding by passing a quiz. This program includes information about clinical supervision models, practices, and processes for clinical social workers. In addition, it will cover ethical decision-making models directly related to therapeutic practice and supervision.

Program Learning Objectives

The program content will:

Introduce well-established developmental models of supervision including:

Blueprint for Developmental Supervision by Haynes, Corey and Moulton

Discrimination Model by Bernard

Systems Approach (SAS) by Holloway

Integrated Developmental Model by Stoltenberg, McNeill, and Delworth

1. Explore the National Association of Social Work/Association of Social Work Boards Best Practices regarding planning for developmentally appropriate supervision.
2. Describe supervisor roles (teacher, counselor, and consultant) appropriate to trainee development.
3. Offer information so participants can successfully pass a quiz covering the application of well-established models of supervision into a successful supervision plan.

Program Goals

Participants successfully completing this three-hour program will:

1. Understand the qualities that define ethical clinical supervision as described by NASW/ASWB Best Practices.
2. Know how to choose a supervision role, supervision theory, and implement supervision interventions based on knowledge of the trainee's needs and developmental growth.
3. Have tools to mitigate potential ethical issues related to social workers' actions at developmental stages.
4. Complete a quiz demonstrating confident application and understanding of the content of this course.

Program Requirements

Courses offered through Kate Walker Training LLC are rigorously reviewed and held to the highest standards:

1. This program is directly and primarily about a topic related to the practice of clinical social work.
2. Program information includes a clear statement of the program learning objectives requirement.
3. This is an advanced course for licensed clinical social workers and licensed mental health supervisors with a master's or doctoral degree in social work.
4. This program was designed by Ashley Stephens, LCSW-S, and Kate M. Walker, a licensed mental health professional with the necessary experience and knowledge in the topic(s) presented. Dr. Stephens holds a Ph.D. in Industrial & Organizational Psychology and a Masters in Social Work and is a board-designated supervisor and clinical social worker. Dr. Walker holds a Ph.D. in Counselor Education and she is a Licensed Professional Counselor Supervisor and Licensed Marriage and Family Therapist Supervisor.
5. We provide participants with a mechanism for evaluating our programs.
6. We provide participants who successfully complete the program with a certificate displaying the licensee's name, program title, date course was completed, the number of hours awarded (for applicable programs), the name and signature of the approved continuing education provider along with the contact information, including mailing address, telephone number, e-mail address and website address.
7. Programs that do not qualify for credit are clearly identified.

8. We keep all continuing education records of completion on file for six years (or more) and records are available upon written request.

Continuing Education Information

This course provides **three hours** of continuing education in a non-interactive, asynchronous, format. Home study course hours are calculated via written text (6000 words = one hour) and video (one hour = one hour).

Kate Walker Training courses fulfill the Texas LCSW rules requiring that 50% of continuing education courses come from a designated provider type.

Developmental Models of Supervision and NASW/ASWB Best Practices certificate will indicate:

- Supervision Continuing Education Hours: 3
- NBCC Hours: 3

Kate Walker Ph.D., LPC/LMFT Supervisor has been approved by NBCC as an Approved Continuing Education Provider, ACEP # 7040. Programs that do not qualify for NBCC credit are clearly identified. Kate Walker Ph.D., LPC-S, LMFT-S is solely responsible for all aspects of the programs.

Kate Walker Training LLC provides continuing education for mental health providers. Always check with your licensing board before purchasing a course for professional continuing education.

Course notes

- This online training is currently available in English only. It is delivered via audible narration and visual text.
- The terms 'lesson,' 'lecture,' and 'module' may be used interchangeably.
- The terms 'supervisee,' 'associate,' 'trainee,' and 'intern,' may be used interchangeably.

STATEMENT REGARDING COURSE RESOURCES

Kate Walker Training LLC charges a fee for online training. All of the resources used to design the course are listed within the course, along with the resource URL where available. You do NOT need to purchase the Kate Walker Training LLC course to access those resources. Kate Walker Training LLC will not apply legal terms or technological measures that legally restrict others from accessing those resources, nor hinder anything the listed resources' licenses permit.

The NASW/ASWB Best Practice Standards in Social Work Supervision. (2013). *Best practice standards in social work supervision*. <https://www.socialworkers.org/Practice/NASW-Practice-Standards-Guidelines/Best-Practice-Standards-in-Social-Work-Supervision>

Discrimination Model, September 1979. Counselor Education and Supervision 19(1).
<file:///C:/Users/kwalk/Downloads/Bernard1979.pdf>

Supervision Essentials for a Systems Approach to Supervision by E. L. Holloway Copyright © 2016 by the American Psychological Association. <http://dx.doi.org/10.1037/14942-002>

Supervision Essentials for the Integrative Developmental Model, by B. W. McNeill and C. D. Stoltenberg. Copyright © 2016 by the American Psychological Association
<http://dx.doi.org/10.1037/14858-001>

Texas Behavioral Health Executive Council Consolidated Rulebooks for Texas Social Work
<https://bhec.texas.gov/statutes-and-rules/>

Recommended Text and Resources:

National Association of Social Workers. (2024). 2021 NASW code of ethics.
<https://www.socialworkers.org/About/Ethics/Code-of-Ethics>

Bernard, J. and Goodyear, R. (2015). *The fundamentals of clinical supervision, 5th Edition*. Boston: Allyn and Bacon.

Fall, M. and Sutton, J. (2004). *Clinical supervision. A handbook for practitioners*. Boston: Pearson Education, Inc.

Halbur, D., and Halbur, K. (2015). *Developing Your Theoretical Orientation in Counseling, 3d Edition*. North Dakota: North Dakota State University.

Haynes, R., Corey, G., and Mouton, P. (2010). *Clinical supervision in the helping professions, 2nd Edition*. Virginia: American Counseling Association.

Kendi, I. X. (2019). *How to be an antiracist*. One World.

Todd, T. and Storm, C. (2014). *The complete systemic supervisor: Context, philosophy, and pragmatics, 2nd Edition*. West Sussex: John Wiley and Sons, Ltd