

The logo for Dojo Ohsawa features the word "Dojo" in a black, rounded, handwritten-style font. The letter "o" in "Dojo" is replaced by a red circular symbol with a white center, resembling a stylized eye or a target. Above this symbol is a dark brown, curved line that arches over the "Dojo" part of the text. Below the "Dojo" part is a thick, dark brown horizontal line. To the right of the "Dojo" part, the word "Ohsawa" is written in the same black, rounded, handwritten-style font.

Dojo Ohsawa

La non-scuola del Principio Unico

Dojo Ohsawa 1

Benvenuti!



Dojo.

La Grande Opera.

Ohsawa.

**Una bussola
universale?**

Tutto
è
UNO

Il Principio Unico

Yin

Yang

1.

Antagonismo

2.

Complementarietà

3.

Monismo

4. Relatività

Prime
ricerche!



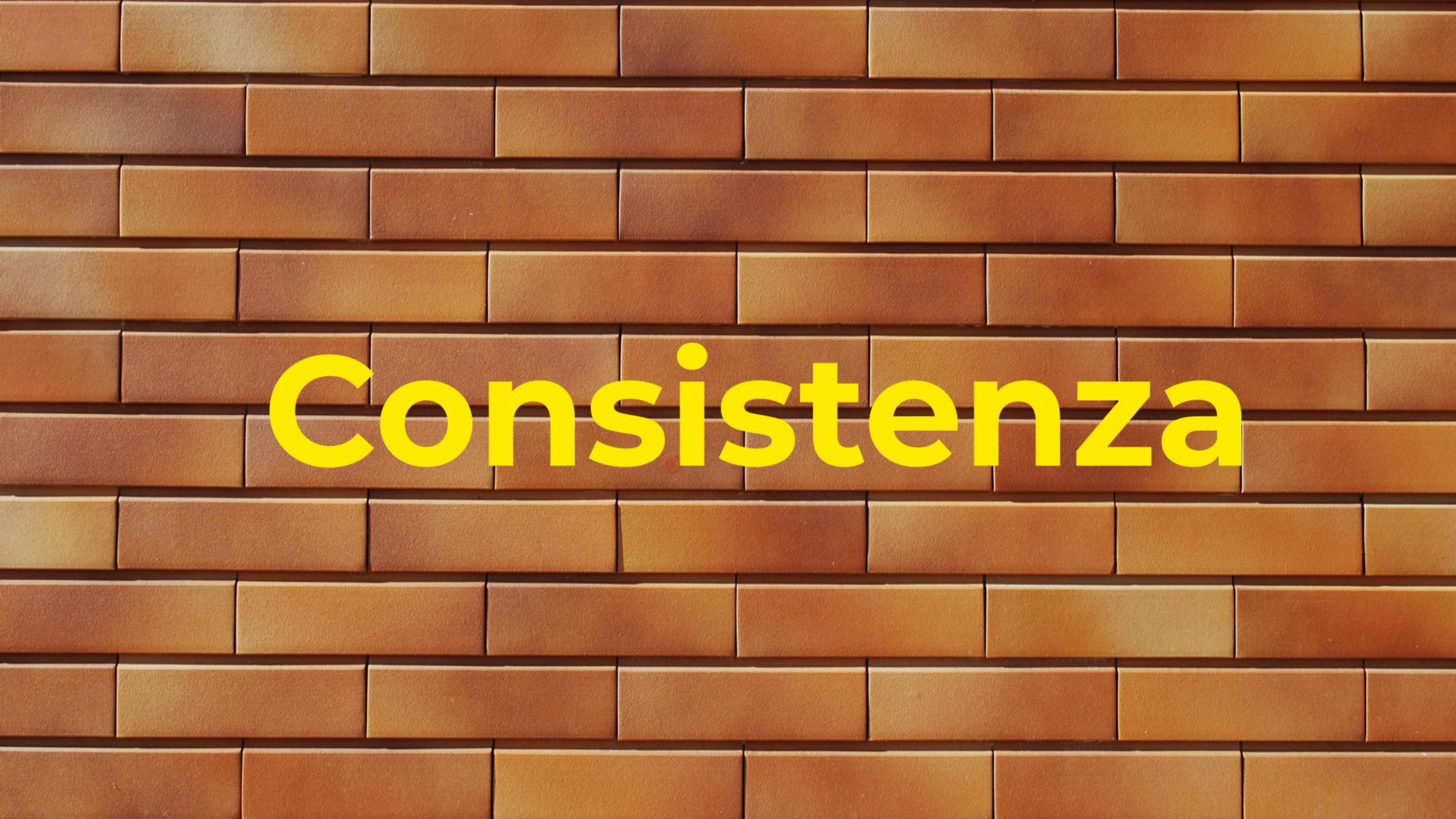
Definizione

Grandezza

A low-angle street view in New York City looking up at the Freedom Tower (One World Trade Center) between historic brick buildings. The word 'Grandezza' is overlaid in large black text. The image captures the contrast between old and new architecture, with the tower's spire reaching into a hazy sky. Street details like traffic lights and signs are visible in the foreground.



Forma



Consistenza

A row of red Grand Lyon bicycles parked in a row. The bicycles are red with silver frames and black saddles. The brand name "GRAND LYON" is visible on the red fenders. The text "Disposizione nello spazio" is overlaid in large yellow letters across the center of the image.

**Disposizione
nello spazio**

A close-up photograph of a grass seed head, likely a species of oat or similar cereal grain. The seed head is in sharp focus, showing individual spikelets with their awns. The background is a soft, out-of-focus field of similar grasses, bathed in warm, golden light, suggesting a sunrise or sunset. The text "Direzione di crescita" is overlaid in a large, white, sans-serif font, centered horizontally and slightly lower in the frame.

**Direzione di
crescita**

Posizione

An aerial photograph of the New York City skyline, featuring numerous skyscrapers and the Hudson River. The word "Posizione" is overlaid in large, white, sans-serif font across the center of the image. The background shows a dense urban landscape with various building heights and colors, including a prominent MetLife building on the left and the Chrysler Building in the center. The sky is a hazy, light brown color, suggesting a sunset or sunrise.

A photograph of a yellow building facade featuring three arched windows. Each window has a semi-circular top with a decorative leaded glass pattern and is covered by dark green, horizontally-slatted shutters. White architectural moldings frame the windows and the building's upper edge. The text 'Rapporto con l'esterno' is overlaid in a large, bold, green font across the center of the image.

Rapporto con l'esterno



Peso

An aerial night photograph of a city, showing a dense urban landscape with numerous buildings, streets, and trees illuminated by city lights. The word "Densità" is overlaid in large, bold, yellow letters across the center of the image.

Densità

Conformazione

A black and white photograph of a coastal promenade. In the foreground, three empty wooden benches with metal frames are spaced out along a dark, wet pavement. A metal railing with vertical posts runs across the middle ground, separating the promenade from the sea. The sea is calm and extends to the horizon. The sky is filled with heavy, dramatic clouds, with a brighter area near the horizon suggesting a low sun. The word "Conformazione" is overlaid in large, bold, yellow sans-serif font across the center of the image.



Direzione di sviluppo 1

Direzione di sviluppo 2

The image shows three people standing in a dark, cavernous space, likely a cave or mine. They are silhouetted against a bright light source that illuminates the ground in front of them. The walls of the cave are rough and textured, with some visible rock formations and what appears to be a small opening or passage in the distance. The overall atmosphere is mysterious and exploratory.

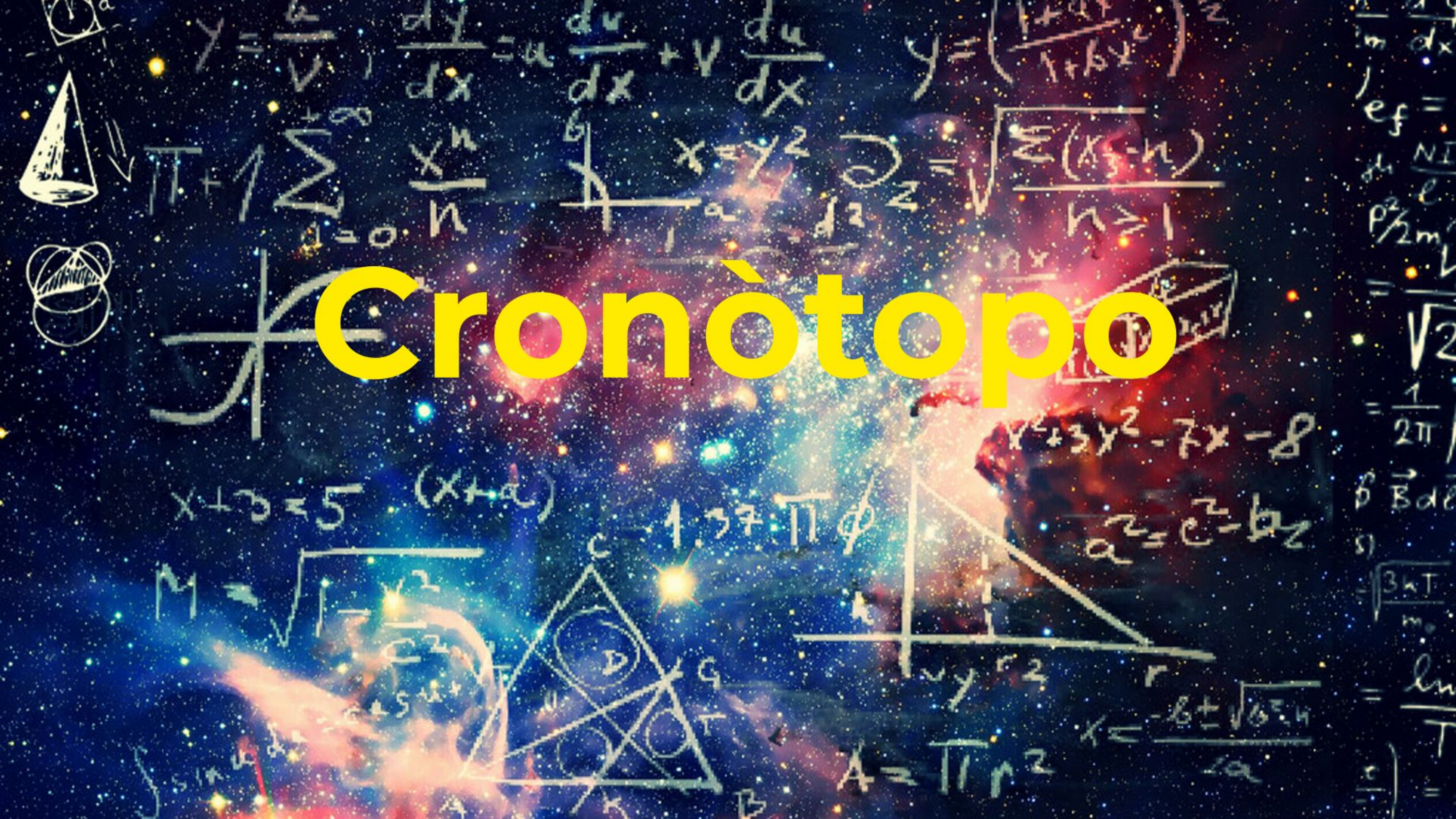
A photograph of a rice field at sunset. In the foreground, several stalks of rice with golden-brown panicles are in sharp focus. The background shows a vast field of rice plants stretching towards a range of mountains under a bright, hazy sky. The sun is low on the horizon, creating a strong lens flare and a warm, golden light across the entire scene.

Disposizione chicchi

Cotture in pentola



Cronòtopo





Velocità



**Velocità di
crescita**

The background is a vibrant, abstract composition. It features a large, dark brown silhouette of a person's head and shoulders in the upper left. Below and around this are various colorful elements: orange and yellow wavy lines, a large orange circle with concentric green and yellow rings, a green circle with concentric orange and yellow rings, and a red area with orange dots. The overall style is modern and artistic, with a focus on bold colors and organic shapes.

Lunghe d'onnda

The background is a dark blue gradient with vertical stripes of varying shades of blue. A large, translucent, wavy line in a lighter blue color flows across the middle of the image, creating a sense of motion and depth. The word "Frequenza" is centered over this wavy line.

Frequenza

A close-up photograph of several piano keys, showing the white keys and the black keys. The black keys are in the foreground, and the white keys are visible in the background. The text "Altezza dei suoni" is overlaid in a bold, black, sans-serif font, centered across the middle of the image.

**Altezza dei
suoni**



4

5

6

Numeri

7

8

9

Distanza



A romantic scene featuring a couple in silhouette, embracing and kissing. They are positioned on the left side of the frame, with the man's arm around the woman. The background is a vast body of water under a dramatic sunset sky, with the sun low on the horizon creating a strong backlight effect. The text 'Principio sessuale' is overlaid in a large, light blue font across the center of the image.

Principio sessuale

A romantic couple is shown in a close embrace on a bed with white linens. The man, with dark hair and a beard, is leaning over the woman, who has blonde hair. They are both looking down at each other. The man's hands are gently holding the woman's head and shoulders. The woman's hands are clasped together near her face. The background is softly blurred, showing a typical bedroom setting with a nightstand and some items on it. Overlaid on the center of the image is the text 'Organo sessuale' in a large, bold, yellow font.

**Organo
sessuale**

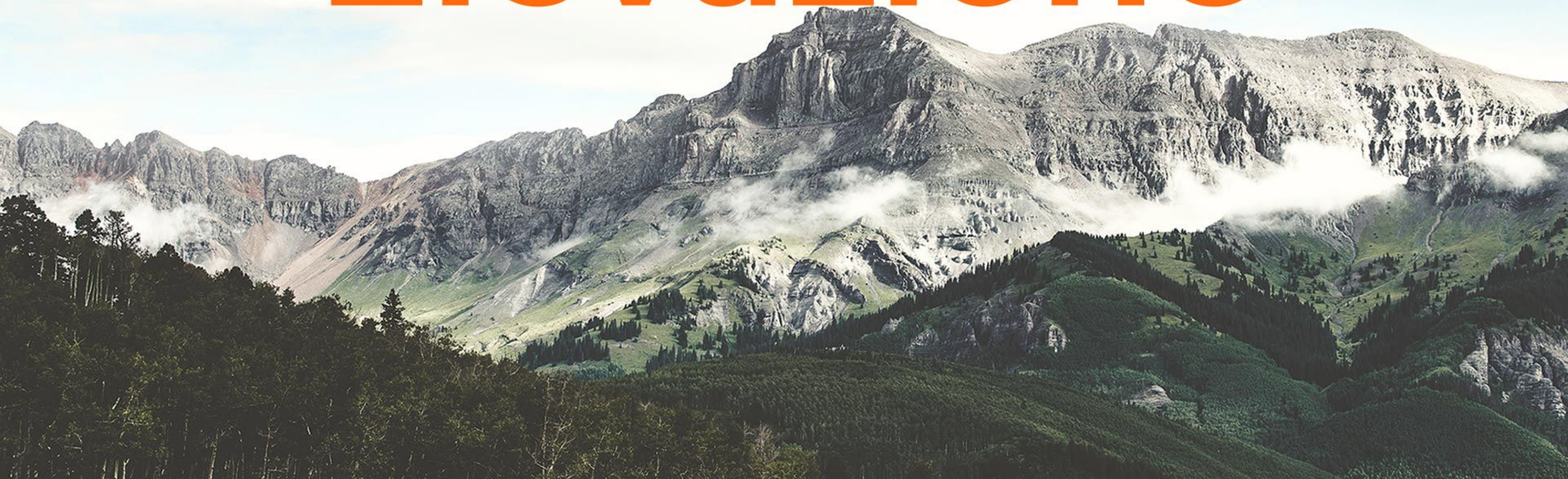
A close-up, slightly blurred photograph of a clock face. The clock has a white background with black tick marks. A prominent red line, possibly a string or a ribbon, is stretched across the clock face, passing through the center where the hands would be. The red line is slightly out of focus, creating a sense of depth. The text "Durata di un evento" is overlaid in a light blue, sans-serif font, centered horizontally and partially obscured by the red line and the clock's hands.

Durata di un
evento

A close-up, black and white photograph of an elderly person's face, focusing on the forehead and nose. The skin is heavily wrinkled, and a small, dark insect is visible on the forehead. The word "Longevità" is overlaid in blue text.

Longevità

Elevazione



Irradiazione

A scenic landscape at sunrise or sunset. The sun is a bright, glowing orb low on the horizon, casting a warm, golden light across the scene. The foreground is filled with tall, dense grass and some small shrubs, some of which are backlit by the sun, creating a shimmering effect. In the background, there are rolling hills and a line of trees, all softened by a light atmospheric haze. The sky is a pale, clear blue.

A close-up photograph of a hand holding a small, bright, glowing light source. The light is a warm, golden-yellow color and appears to be emanating from the palm of the hand. The hand is positioned in the upper left quadrant of the frame, with the fingers slightly curled around the light. The background is dark and out of focus, making the glowing hand the central focus of the image. The overall mood is mysterious and ethereal.

Luminosità



Colori

A white Arctic fox with orange eyes is sitting in the snow under a blue sky. The word "Temperatura" is written in green across the middle of the image.

Temperatura

A close-up photograph of a gas stove burner. The burner is a dark, circular metal grate with a central gas inlet. A bright, intense blue flame is burning around the perimeter of the burner, with smaller flames rising from the central area. The background is dark, making the blue flame stand out. Overlaid on the center of the burner is the text "Stato fisico" in a bold, yellow, sans-serif font.

Stato fisico



Atteggiamento



Tipo di attività

Reactive

Stato

Proactive

Carattere



Punto di vista





Modalità di pensiero

Lorem Ipsum Amet

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo

Lorem Ipsum Amet

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo

Lorem Ipsum Amet

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo

Lorem Ipsum Amet

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo

Creata

A 3D rendering of a pyramid structure composed of white cubes. The pyramid is built on a base of 16 cubes, arranged in a 4x4 grid. The cubes are stacked in a way that creates a sense of depth and perspective. At the very top of the pyramid, a single red cube is placed, standing out from the white ones. The word "Forma" is written in a bold, green, sans-serif font across the middle of the image, partially overlapping the white cubes.

Forma

A woman with dark hair tied back, wearing a red sports top, is holding a yellow resistance band with both hands. She is looking directly at the camera. The background is dark and textured. The text "Capacità di resistere alle sollecitazioni" is overlaid in white, bold, sans-serif font.

**Capacità di
resistere alle
sollecitazioni**

PRATICA: analisi degli alimenti



Colore

Forma

Quantità di acqua

clima

Sapore

COMPITI!

Arrivederci
al...

Dojo
Ohsawa 2



The logo for Dojo OhSawa features the word "Dojo" in a black, rounded, handwritten-style font. A stylized brown roof with a dark brown outline sits above the "o" in "Dojo". A red, stylized swirl or "O" shape is positioned between "Dojo" and "hSawa". The word "hSawa" is written in a black, rounded, handwritten-style font, with a thick black horizontal line underneath the "h".

Dojo OhSawa

La non-scuola del Principio Unico