PRACTICE EXERCISES

GENEROSITY

WEEK ONE

★ The number of stars represents the degree of difficulty. ★

Ways Generosity Behaves

★

Being generous is about way more than just giving money. Your task is to read the descriptions of some ways generosity behaves in the column to the right and identify a person who is an admirable example of generosity in that way. Then, finally, come up with two more ways generosity behaves and the people who are good examples of it.

Never makes people feel like they owe him or her something	
Often asks, "Is there something I can do to help?"	
Does her/his best to consider and understand difficulties a person might have had when they "dropped the ball."	
Typically tries to "go the extra mile" when someone asks for help or assigns a task.	
Do two more of your own. _____ _____	_____ _____

No Time Like the Present

★★

When people need help, they need help. They can't control when the refrigerator goes on the fritz, or when the car breaks down, or when the babysitter doesn't show up, or when the flu strikes. Nor can you neatly schedule when someone calls you up and makes a request that begins, "Can you...?"

Inevitably those phone calls come at the most inconvenient time. You just sat down to supper. You just kicked up your feet to rest... finally. You just started a movie, or a project you've been needing to get to for weeks.

Your task in this exercise is to respond to an inconvenient request for help with a quick "Yes." And then, don't say anything about what you were planning to do. That's real generosity!

☐ Check here when complete.

Until It Hurts

★★★

Yes, generosity is not only about giving money. But the fact remains it often is. In this exercise your task is to find someone who needs financial help--cash to help with a bill, or to go toward the cost of a needed item they haven't been able to afford. And we're not just talking about 20-30 bucks. It's got to be something that will require you foregoing something you want to use that money for--an amount that will surprise and bless the other person. Once you've done that you can check the box. (In this case, don't write it down. Sometimes being generous means not keeping a mental record of the act.)

Want all 30 generosity exercises in our full-color 60 page workbooks? **bit.ly/generosity-hardcopy** or scan the QR code.

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